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PROFESSIONAL TRAINING OF FUTURE TEACHERS OF PHYSICAL EDUCATION

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ABSTRACT

The formation of personality culture has a great importance in the system of training future physical culture teachers. The following article deals with the development of personal and professional qualities of the future teachers and their pedagogical culture; paid attention on the country's leadership to the problem of the formation of the foundations of physical culture in youth; as well as interest in physical education and sports. The author emphasizes the importance of developing a culture of communication among future specialists. The requirements for the personality of modern teachers and their professional activities have been determined.

KEYWORDS: *Physical Culture, Professional And Personal Qualities, Healthy Generation, Cultural Heritage, Communicative Culture, Pedagogical Ethics, Pedagogical Cooperation.*

INTRODUCTION

Transformations of the socio-economic and socio-cultural spheres of life in Uzbekistan during a pandemic period have had a great impact on pedagogical science and practice, on the process of training specialists. In the life of society, many questions arise that only creatively active and critically thinking people are capable of solving. In the Law of the Republic of Uzbekistan "On Education", one of the main tasks is to create conditions for the development of a creative personality based on universal values, national and world culture.

The National Program for the Training of Personnel of the Republic of Uzbekistan defines the main directions for improving the system of training future teachers. The program on

pedagogical disciplines in higher educational institutions provides for the solution of problems related to the formation of the professional and personal culture of public education workers. The transition of education in the country to new paradigms requires not only innovative approaches to the effective development of students, but also the improvement of the methodological base of this process. Including the words of our president in the resolution: "Creating a healthy lifestyle in our society, creating favorable conditions for the population, especially the younger generation, for regular physical culture and mass sports, strengthening confidence in the will, strength and capabilities of youth through sports competitions, courage and patriotism, devotion to the Motherland ... Excellence, as well as large-scale work aimed at the systematic organization of the selection of talented athletes among young people and the further development of physical culture and mass sports".¹ The program is based on the requirements for the organization of pedagogical communication, focus on the sustainable development of the personal and professional qualities of a future specialist, and especially pedagogical skills. Pedagogical education has been assigned the task of forming a professional culture as an important factor and guarantor of the successful professional activity of future teachers, since without mastering the art of pedagogical communication and without the teacher's creativity, it is impossible to effectively solve educational problems. The formation of professional qualities of teaching staff is associated with the development of pedagogy of communicative culture, and for future teachers of physical education, given their specificity, also with ethics and aesthetics. Programs for training pedagogical personnel for teaching and educating a new generation recommend increasing attention to national and universal values; reforming the education system is associated with the modernization and improvement of the content of education, the selection and development of new pedagogical technologies and, most importantly, with the creation of a methodology for upbringing a harmoniously developed personality. In this direction, for the upbringing, development and improvement of the individual are being developed. Mechanisms of influence on students, including various types of extracurricular activities.

The priority task of the public education of the Republic of Uzbekistan is considered to be the revealed physical capabilities of pupils, students and their physical development, and for this it is necessary to form strong foundations of physical culture among young people. Physical culture is an important personality trait and a powerful factor in its development. This idea has national and national - historical roots, which are laid down in Folklore, Folk Pedagogy, works of eastern thinkers, modern Pedagogy.

The problem of spiritual and physical development is of particular importance for the modern education system. A healthy generation is the main concern of the leadership and government of independent Uzbekistan, therefore, the formation of physical culture of students, the training of young specialists in physical education are elevated to the "level of state policy".

In the works and speeches of the President of the Republic of Uzbekistan Sh.Mirziyoyev, the need to educate a physically healthy young generation is constantly emphasized and, in particular, attention is paid to the training of highly professional, knowledgeable specialists in this field through the organization of extracurricular activities, the use of advanced technologies and innovative approaches of new techniques and means learning.

The National Program for Personnel Training defines measures to create the necessary conditions for protecting and strengthening the health of students and their physical development.

In the Law of the Republic of Uzbekistan " Issues on Education" [1, p. 12-14] also considers the development of physical potential of pupils (students) and the formation and their foundations of physical culture. The state educational standard establishes the obligation not only for students to obtain historical and theoretical knowledge about physical culture and their explanation, but also to master knowledge of ethics and aesthetics in the field of sports. The state standard determines not only the circle of knowledge, but also the rules of the basic spiritual and moral qualities of the individual. So this, in turn, requires the organization of an effective educational process. The formation of motives and needs for self-improvement (physical), the development of interest in physical culture and sports is associated with aesthetic development. This provision is enshrined in the national training model. The main components of the model are: personality as a subject and object; the state and society are guarantors of personnel training; continuing education is the basis for training qualified personnel; science-producer and consumer. Highly qualified specialist personnel; advanced technologies, including information technology tools, contributing to the training of personnel; production (educational institutions) - the customer of high-quality trained personnel.

The goal of continuous education (pedagogical) is the all-round development of the personality, its spiritual enrichment, the formation of an intellectually - creative professional-creative, socially active, communicative - activity specialist. In particular, in the formation of physical culture, physical education, one should rely on the richest cultural heritage.

In the national program for the improvement of teaching staff, the main emphasis is on improving their culture. The program notes that in order to form a pedagogical culture among future specialists, it is necessary "to develop and introduce a new generation of educational and methodological complexes, provide didactic and informational support of the educational process, prepare an educational and methodological base, and introduce advanced pedagogical technologies".

In the state educational policy of Uzbekistan, special attention is paid to the development of a culture of communication at all levels and, above all, a culture of professional communication. An interpersonal and mass culture of communication is increasingly being established in society. In this regard, in higher educational institutions, especially in the pedagogical direction, an obligatory condition should be the effective formation of the professional culture of communication of future teachers.

Serious attention is paid to the communicative competence of teaching staff in the state educational policy.

The tasks of modern teacher education, taking into account the new values, are as follows:

- Reliance on conceptual - educational areas, goals and objectives enshrined in the National Program for Personnel Training;
- Updating, improving, modernizing and creating programs, textbooks, manuals and recommendations;

- The formation of a pedagogical culture on a scientifically grounded structural and content basis.

The implementation of these tasks is associated with the professional and personal training of future specialists and, in particular, with the development of intellectual and creative, activity and social and communication skills, the formation of their professional culture - pedagogical communication. Pedagogical education has been given the task of high-quality preparation of future teachers for pedagogical activity through the formation of a communicative culture.

Scientists - teachers of Uzbekistan in their works emphasized the importance of developing the communication skills of future teachers in the formation of their professional culture.

In particular, M. M. Davlatova asserts: "One of the most important social qualities of a modern person is the communicative quality as a factor of communication. Interpersonal communication relations in society are the demands of the times".

According to S. Kh. Faizulina opinion, there are various directions of personality development. It does not mean the unification of forms of communication and relations in society. Communicative culture finds its expression in relation to wildlife, society, science and art, in tolerant interpersonal relationships. A communicative culture is based on a positive attitude, aesthetic content and sincere, and open feelings.

The profession of a teacher is characterized by such properties as organizational skills, communication, research skills, a desire for scientific and cognitive activity [5, 80 p.]. Among the professional and personal qualities of a teacher, you can turn off: observation, hard work, discipline, diligence, responsibility, purposefulness, perseverance, firmness in decisions, conviction, desire for self-education and self-improvement, general and pedagogical culture, humanity, decency, honesty, objectivity, attentiveness to principles, kindness, respect for people, high morality, patience and endurance, sincerity, optimism, the ability to negotiate, the need for communication, self-criticism and others.

The main requirements for a teacher as a professional are general development, education, general and communicative culture, creativity.

In the teacher's activities, it is necessary to show humanism, pedagogical tact, restraint, self-control, sincerity of feelings, caring for their pupils, fairness (in assessments of characteristics), a sense of humor, a cheerful character, a positive emotional attitude, understanding and respect for the personality of each student.

Professional - pedagogical culture requires a teacher to:

- Full return of creative forces and professional and personal abilities in the organization of the educational process;
- Establishing cooperation in educational and cognitive activities, pedagogical management and control;
- The results of professional and educational activities.

In the general pedagogical culture, the communicative culture plays an important role. Professional and communicative activity of a teacher, including a teacher of physical education,

in the modern educational system is considered as an important factor in improving the quality of professional training.

The substantial components of physical culture are historical and theoretical knowledge, sports, physical education, hygiene and regimen, control of one's body and body, health-improving measures.

Thus, the teacher's physical culture has a unifying and social orientation and is part of the teacher's professional and personal world.

Future physical education teachers are called upon to form physical communication culture among schoolchildren, using special technologies, innovative methods and modern means, and most importantly, a professional culture based on pedagogical ethics and pedagogical communication: rules, norms, regulations, content, technologies are all important for establishing contacts and mutual understanding.

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