

## Useful Methods and Principles of Teaching and Learning A Foreign Language

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**“Tell me and I forget. Teach me and I remember. Involve me and I learn.”**

**(Benjamin Franklin)**

**Abstract:** This article pinpoints about a wealth of methods and techniques that are extremely crucial for teaching and learning a new foreign language. Distinctive ways of FL instruction and acquisition have been informed in the current paper.

**Key words:** method, approach, methodology, technique, FL, motion, phenomena, immersion, physical response.

Teaching and learning a foreign language are becoming increasingly top priority for majority nowadays; however, learning a new language is not as easy as it is expected. If people do not have a proper enough method, technique or instructor who guide to the right direction, they face with lots of difficulties while learning foreign languages one of which is considered to be a code switching. Many scientists have worked on this very issue that tackles methodology in teaching and learning a foreign language. Namely, L.V. Sherba claimed that although the methodology of teaching any science is a practical science, rather than a theoretical one. It deals with a variety of highly sophisticated practical problems. In particular, the methodology of foreign language teaching is based not only on the evidence of psychology, but also on the research of general and specific linguists. If linguists explain the origin of linguistic phenomena and the rules of motion, the methodology answers of what must be done to put into practice the necessary linguistic phenomena based on those rules. Thus, teaching and learning is not so easy process and effectiveness in learning is very significant for both teachers and learners. Several methods and techniques mentioned below should be utilized so that one could achieve his/her goals.

Firstly, it is critical to note that different instructors have their own distinctive methods which cannot repeat one another:

- **Grammar translation method** – a teacher distributes a reading passage and gives some time to translate the passage, after which they will discuss. Students are given some new vocabularies to make sentences having learned and translated into target language;
- **Direct method** – L1 is forbidden. Students should use only L2 during the class;
- **Audio-lingual method** – This method accents the drill work in order to make answers to questions simultaneously;
- **Immersion method** – the main aim of this method is that teaching students based on what they already know. It is based on practicing a lot by the familiar ways;
- **Total Physical Response method** – Students are checked for their language comprehensions. After the explanations and insight, they should demonstrate their understandings of the concepts;
- **Communicative method** – This type of method strengthens the speaking skills, by asking/answering questions and having discussions;
- **Task-based learning** – The teacher gives some topics to the students to widen their outlook about those certain topics, such as culture, food, transportation etc.
- Secondly, learning approaches are also vital to reach the top of success in an educational sphere:
- **No translation method** – a learner should use his or her guessing skills, for instance, if a learner is not aware of some words they should think and try to guess the overall meaning from the context without using any dictionary;
- **Movie adventure (first with subtitle, then without subtitle)** – It really enhances the learners' pronunciation, by motivating them to behave like native speakers;
- **Virtual life (Social network)** – Making new foreign friends is one of the effective approaches of learning a foreign language, since peer editing and self-correction are applied among friends. Moreover, other intrapersonal/ interpersonal skills are gained through on-line interactions.
- **Listening to songs** – it develops Ss' pronunciation as well as listening skills;
- **Travelling the country where current FL is spoken** – It, indeed, creates a perfect and effective atmosphere to raise the Ss' speaking skills.

To sum up, using a diversity of methods is pivotal for both instructing and learning procedure. It impacts highly positively on amplifying language competence by the help of practicing a language. Furthermore, the methods and approaches which are mentioned above involve all four core skills as well as intrapersonal/interpersonal abilities.

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