



## IMPACT OF MUSIC ON LANGUAGE AND SOCIETY

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**Abstract:** *This article argues about the impact of music on our society and our lives and how it is beneficial to our society. The impact of music in language teaching and society is profound, influencing not only how languages are learned and taught but also shaping cultural identity, social dynamics, and collective consciousness within societies.*

**Keywords:** *Music, society, culture, emotions, song, melody, music therapy, influencers.*

We know that music is a comprehensive concept that has reached us from ancestors to present generation. Music has shaped and influenced cultures and societies in some way around the world. It is known that music plays an important role in the life of society. Music is a tool that accompanies a person in his life, that is, in his social and lifestyle and in work or leisure. How can music affect people's lives? Music has such a power that it can change a person's mood, inspire us, even affect a person's brain function. Moreover, it is clear that music is a factor influencing the socio-spiritual state of a person.

Music is an essential aspect of all human civilizations to emotionally, morally, and culturally affect society. When people from one culture exchange music with each other, they gain valuable insight into another way of life. Music, as a cultural right, may aid in the promotion and protection of other human rights. It can help in the healing process, breaking boundaries, and education. Therefore, music is being used as a vehicle for social change around the globe.

If we look back to the history of music it is derived from the Greek word "myuzis" which means the art of the muses, the art of the fairies of inspiration. It is an art form that reflects human emotional experiences, thoughts, and imagination through a sequence or set of musical sounds. Its content consists of specific musical-artistic images representing changing mental states.

We can say that music is a form of communication. It differs from other means of communication in that it affects human emotions and connects people to each other. It is seen that individuals find connections with others to form a sense of understanding or to express themselves in some way. People want to listen to music in different situations and choose music according to their mood. For example, if people who are happy with their lives and in a good mood, they listen to uprising music, on the contrary, if they have some problems individuals tend to be depressed, and are in a bad mood, they listen to sad, quiet musical songs. On



the other hand, Songs and melodies also have the power to inspire a person. By repeating lyrics from memory and dancing to the melodies, they can boost creativity.

Music is also chosen for healing. People themselves also get mental refreshment by listening to their favorite music when they are tired or stressed. There is a clinical practice called music therapy. This method is effective in treating physical and mental health conditions. Music therapy reduces stress hormones, lowers blood pressure and is useful in treating depression. Besides, music therapy is also used to improve memory in people with dementia and brain injuries. Thus, music therapy improves the quality of life for people of all ages.

Music has a profound impact on language as well. As it has the power to evoke emotions, shape culture, unite communities, and bring people together. It serves as a form of expression that transcends language barriers and allows individuals to communicate and connect with others on a deeper level.

Music can also shape the way we think, feel, and behave, influencing our attitudes, beliefs, and values. For example, protest songs have historically been used to raise awareness about social and political issues, mobilize movements, and inspire change. Additionally, music can serve as a medium for storytelling, preserving cultural traditions, and documenting history. In terms of language, music has the ability to enhance language learning and acquisition. Research has shown that exposure to music can improve language skills, cognitive development, and communication abilities in individuals of all ages. Music can also be used as a tool for language immersion, helping learners to develop their listening, speaking, reading, and writing skills in a fun and engaging way.

Research has indicated that music can decrease stress, depression, and anxiety when we utilize it to pacify our souls. For instance, psychologists recommend listening to Beethoven for logical thinking, Mozart to remember important information and Tchaikovsky and Bach to relieve fatigue, Strauss and Shostakovich to calm the nervous system. By listening to music, people act in accordance with the mental and physical processes inherent in the rhythms of these musical tones. If you listen to a good song, it's like reading a great book.

Music has significant position during centuries. It can be changed by artists, therefore, we can call them "influencers". This is because they have the unique capacity to affect society, to create new types of songs, which are odd to others. They can cause critical thinking, trigger off communications which lead to societal transformation. One example of the power of music to effect change is the civil rights movement of the 1960s. Songs like "We Shall Overcome" and "A Change Is Gonna Come" became rallying cries for activists fighting for racial equality. The songs helped to galvanize the movement and give voice to the struggle for justice.

Today, music continues to be a force for social change. Artists like Kendrick Lamar, Beyoncé, and J. Cole use their platforms to address issues like police brutality, inequality, and the Black Lives Matter movement. They bring attention to



important issues and spark conversations that might not have happened otherwise.

Moreover, there is the influence of music on fashion. Music has also a notable effect on the way we dress. Fashion designers work together with musicians. That is, the accessories and clothes created by the designer become fashionable after the performance of those artists. The singer and fashion icon Madonna has collaborated with designers such as Jean Paul Gaultier and Dolce & Gabbana to create clothing and accessories that reflect her music and image.

Overall, the impact of music on society and language is undeniable, as it has the power to shape our identities, foster connections, and enrich our understanding of the world around us. It seems that music has noteworthy impact on every field, including fashion and health. Music is a powerful tool for expressing emotions, shaping societal worth, cutting across boundaries, being bridgeable.

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