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Pedagogical and Psychological Basis of Research on the Formation of Positive Attitudes to Family Values in Students

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ABSTRACT

This article analyzes the psychological and pedagogical importance of research on the formation of positive attitudes to family values in students. Also, the role of national customs, national traditions and family values in child upbringing and the tools that serve as the basis for the formation of family values are studied in the article.

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INTRODUCTION

The national values and traditions of each nation express the past and present of each nation. It is important to explain the importance of family values to students studying in higher educational institutions or secondary vocational institutions. Also, the awakening of interests in the consciousness of young people about the fundamental nature of family values is definitely closely related to pedagogical skill. National values have become the main pillars of our human society over the centuries. And it serves as a tool for the stirring of pure feelings such as love and loyalty to the country.

The basis of pedagogical and psychological research on the formation of a positive attitude towards the family and family values is not indifferent to the events of the social society. And besides, it is more important than ever to train personnel who are loyal to family and national values. Indeed, events, information crises, and global problems in today's era of globalization can affect the thinking of young people with weak family values.

DISCUSSION

The role of family and national values in further formation and development of national mentality is incomparable. The main idea of the pedagogical and psychological research carried out in this field is to educate children with high spiritual potential from the family, to form respect for family values in them. Only personnel who have psychological personal and social views on national values and their universal principles can make a worthy contribution to the development of the country. In this regard, it is necessary to improve the efficiency of the work being carried out.

In connection with this issue, the President of the Republic of Uzbekistan Shavkat Mirziyoyev emphasizes the following on the issues of strengthening cooperation with communities and organizations that have been engaged in social activities in the further development of the system of spiritual and educational work: "If the body of society is economy, then its soul is spirituality. As we decided to build a new Uzbekistan, we rely on two strong pillars. The first is a strong economy based on market principles. The second is a strong spirituality based on the rich heritage of our ancestors and national values" [1].

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In fact, the essence of the problems of studying the heritage of ancestors in accordance with the national values, discovering their aspects that are not yet known to science from the scientific side, goes back to the family. Protecting children from all kinds of information attacks when they grow up, and instead providing them with information about national and family values, will develop respect and practical skills for family values. Regarding this issue, our wise people say: "A bird does what it sees in its nest". It is important not only to provide students with knowledge, but also to form them on the basis of pedagogical principles of national values that serve as a foundation for their future lives based on life experiences.

In this case, the high level of pedagogical professional skills of the teacher, explaining and providing information based on respect for topics and national values created uniqueness in the organization of educational work. As the formation of pedagogic researches, in relation to the national mentality and national family values, they form a reciprocal relationship with the national values of the Uzbek people with a long history. Pedagogical studies show that in the formation of national and family values, the traditions of the local people, the universal values, nature and culture of the nation serve as the main source.

As soon as a child is born in the family, a personal view of events similar to family values is formed in the fairy tales and fairy tales that are told to him. It should be mentioned that in the process of working with students, when they are asked to react to foreign elements or events that do not correspond to the national ideology and mentality, they clearly show feelings of dissatisfaction and disappointment. This situation is considered a psychologically influencing tool, and such situations for students can be created artificially or naturally by teachers.

The teacher should take into account the students' views, personal thinking, family values and unusual events. It is appropriate to study the research on the formation of positive attitudes of children towards family values, both pedagogically and psychologically. After all, students experience different psychological states during growth periods according to their age characteristics. For them, the essence and views that are alien to them in order to understand comparability in an artificial way, and at the same time, the psychological process also plays an important role in the process of making general conclusions about situations that are considered normal for them. Therefore, in the organization of educational work, the age characteristics of students, their level of consciousness, the correct selection of the environment and situation are taken into account, and it is approached based on psychological research. In order to keep the situation normal in this case, it is appropriate to select cases that have been tested in laboratory training and practically tested in psychological research.

In the psychological approach to the situations that arise among the students, their oriental nationality, manners of greeting, behavior, fairness, and personal approach to the problem are clearly manifested. It can be said that the creation of a real healthy environment in the family circle, as well as the uniqueness of national and family values during the period of the child's growth, will have a good effect on young men and women during the period of growth.

In the conditions of transformation of values, preparation of students for the future life is the main link of pedagogical tasks. In the family, the parents' affection for values and the correct setting of the educational approach are also reflected in pedagogic research. In this regard, the role of teachers in forming a culture of interaction with students, and the role of parents in family situations is great.

Pedagogical studies show that age characteristics are important in forming positive attitudes towards family values in students. Basically, it is necessary to create a favorable environment for the individual development of students, and then to form a positive outlook with the help of methodological methods. Family values and their strengthening are considered important in any situation. The decision of the Cabinet of Ministers of the Republic of Uzbekistan dated March 14, 2018 "On approving the regulation on the specialist on working with women and strengthening moral and moral values in families" was adopted [2].

Mainly, it is expressed in youth issues and issues such as ensuring that girls live in accordance with our national values, preventing early marriage. The following factors can cause the loss or weakening of family values:

- loss of respect for national and family values in the family circle;
- > in the era of global and information crisis, family values are broken through the platform of social networks;
- > as a result of students-young people's inability to deeply understand the essence of our national, traditional values;
- > expansion of the sphere of influence of popular culture over family values;
- > the inability of older people to set an example for students and young people in matters of family values;
- > not instilling the true essence of customs and values into the minds of students and young people from the very beginning;
- > non-active participation in national holidays and ceremonies and other reasons can be cited.

Keeping in mind that the reforms that are widely being carried out in the life of the Uzbek people today are for the sake of man and his interests, from the moment a child is born in the family, it is necessary to educate the child about the true nature of national values. After all, the child should not be ashamed among the students when he grows up. Pedagogical and psychological research on these issues should also focus on comparability in the formation of feelings of love for the motherland, respect for national and family values among young students.

It is necessary to solve the problem on the example of another region or population based on the existence of a personal worldview and social opinion in the student youth in relation to the social environment in which he lives. Solving the current issue with students in this way leads to the formation of comparability, surprise, irony and other psychological feelings in their minds. In this regard, the delivery of psychologically and pedagogically proven ideas will have a good effect on students and young people. These issues can be observed in relation to ordinary everyday life events and certain events.

Creative relationships in family relationships can occur only under the influence of such a healthy environment. For example, a psychological questionnaire, tests, and roundtable discussions can be conducted on the aspects of the wedding ceremony in the personal society related to family values. It is known that wedding ceremonies are conducted in different ways in different regions of the Republic of Uzbekistan. Each student will have a personal perspective and understanding of personal attitudes due to the fact that he has observed weddings and ceremonies in his own home or in those of his loved ones. Because family values are different in every family, moreover, the outlook formed by students may be related to their geographical location as a result of the family environment. For example, due to the fact that there are different views on rituals, the order of their holding, and the practice of performing them in the regions, every student-youth is ensured to express their opinions in a conclusive way from the events that they have observed and witnessed in their homes.

Pedagogical research recommends the use of free communication methods in forming a positive outlook on family values among students and young people. It should be mentioned that the majority of family values and national values are directly related to the mother tongue. From a young age, a good formation of the technique of speaking in the mother tongue leads to the formation of a creative worldview in relation to family values and national values. Abdulla Awlani's work "Turkiy gulistan yohud ahlaq" mentions that the essence of our national values is manifested only in our mother tongue. It is said in the work: "To lose the national language is to lose the soul of the nation. Hey! We Turkestans are forgetting and losing our national language day by day, let alone preserving it" [3].

RESULTS

In fact, only the national language can be the source of creating the basis of our national values. That is why, along with honoring our family values, we should also pay attention to our mother tongue. According to psychological studies, students-young people who have grown up in a healthy environment have deep thinking ability and attitude towards values, and it can be said that these phenomena are manifested in their academic activities, but also in their social work activities. In the process of conducting psychological questionnaires on the formation of attitudes towards family values among

students, students' mood and attitude towards psychological tests are monitored. And after completion, a roundtable discussion will be held. In the roundtable discussion, together with the explanation of unusual events for them, they approach the events that they have lived and are witnessing realistically based on their family conditions and environment. In this process, it is necessary to take into account the attitude of students to the opinions and opinions of other friends.

The formation of a positive attitude to family values is first of all directly related to the characteristics of age, and also to the family environment. If the teacher has to observe the existing artificial process, it is considered appropriate to give the correct direction to the students in the process of thinking. Psychological methods are also very important in forming a positive attitude to mutual family and national values among students. Along with the development of national values in Uzbekistan, importance is being paid to the development of spiritual and moral values.

The emergence of the national mentality and the principles of universality in a unique way is based on values. Instilling the positive aspects of values to students with the help of pedagogical methods and psychological theories, together with the wide importance of explanation, creates uniqueness. In this regard, the Constitution of the Republic of Uzbekistan states: "The Republic of Uzbekistan is based on democratic and universal principles. According to them, a person, his life, freedom, honor, dignity and other inviolable rights are the highest value. Democratic rights and freedoms are protected by the Constitution and laws" [4].

When applying the pedagogical and psychological foundations of research on the formation of positive attitudes to family values in students, it is necessary to take into account the communicative age characteristics of students. This can be observed mainly in the interpretation of the solutions to the problems and situations that they actually witnessed. The positive aspects of national values are manifested in all aspects. In many cases, this is clearly manifested in the upbringing and development of a person.

"The socialization of the person takes place first in the family. Through upbringing in the family, a certain political and family outlook, moral standards and behavior patterns, and physical qualities are inculcated in a person. It is not for nothing that the Uzbek people say, "A bird does what it sees in its nest". As a result of the socialization process that takes place in the family, a person learns social norms and values, enters social life [5].

The Uzbek people have witnessed their unique national traditions and historical values for many centuries, and today they are able to preserve them in our daily life. Family values can be felt mainly during national holidays and weddings. In a word, when a person grows up and makes a decent contribution to the life of the society, he can act in a manner typical of national traditions and values, in proportion to the events he experienced with family members before reaching adulthood.

CONCLUSION

In conclusion, it can be said that family psychology is of great importance in creating the pedagogical and psychological foundations of research on the formation of positive attitudes towards family values in students. It is considered one of the important issues to provide students with understanding of national and family values during the stages of formation of the worldview of students. Today, at the time of globalization and increased information security, it is necessary to establish practical work with students, taking into account their age characteristics and growth period. It is very important to inform children about the importance and uniqueness of national customs, traditions and family values, and to carry out explanatory work. Together with family values, it is necessary to form experiences that will be beneficial for the future life of students.

As the basic essence of pedagogical and psychological research, one should be able to get acquainted with the environment, the things happening in the society, and when the time comes, one should be able to apply the family values that one has seen in one's own experience without deviation. Students should familiarize themselves with family values, behavior, communication, responsibilities and traditions in a family environment, and be able to apply them independently. In today's globalized era, it is necessary to rely on family values and, moreover, on national values in expressing the correct reaction to situations

and events that do not correspond to national culture in social networks. Because the elimination of problems related to this issue and the active role of elderly people in the reforms implemented in the life of the society is an example, it should be an honorable task for every person who feels the sense of homeland in his heart to perform tasks that are in accordance with national culture and family values. After all, it can be said that young men and women who grow up in families today in a spirit loyal to national values and traditions will make a worthy contribution to the development of the country in the future. In this regard, psychological and pedagogical studies are also of great importance.

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