

M.F.Ne'matova

**SPORT TERMS IN UZBEK
ENGLISH LANGUAGES**

**“KAMOLOT” nashriyoti
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“Sport atamalarining inglizcha-o‘zbekcha lug‘ati”. M.F.Ne‘matova-BuxDU “Tabiiy hududlarda xorijiy tillar” kafedrasida o‘qituvchisi. “Inglizcha-o‘zbekcha sport atamalarining lug‘ati” talabalar va o‘qituvchilar uchun jismoniy tarbiya darslariga tayyorgarlik ko‘rishda foydalanish uchun mo‘ljallangan bo‘lib, u keng ommabop kitoblar va ma‘lumotnomalarga qo‘shimcha havolalarsiz maqolalarni o‘qishda foydali bo‘lishi mumkin.

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Kirish

Bugungi kunda sport jamiyat hayotida muhim o‘rin tutadi. Sport va sog‘lom turmush tarzi zamonaviy dunyoda moda tendentsiyasiga aylandi, chunki hozirgi vaqtda odamlar o‘z sog‘lig‘i haqida qayg‘urishmoqda, sport esa tanani yaxshi holatda saqlash va salomatlikni yaxshilashning eng yaxshi usuli hisoblanadi. Sport hech qanday yangi ixtiro emas, uning tarixi qadimgi davrlarga borib taqaladi, hatto bizning eramizdan oldin ham Qadimgi Yunonistonda Olimp xudolarining ulug‘vorligi uchun sport musobaqalari o‘tkazilgan.

Bugungi kunda har qanday did uchun turli xil sport turlari mavjud: yengil atletika, bobsley, tennis, futbol, shaxmat, qilichbozlik, serfing va boshqalar. Insonlar o‘z hayotini sportga bag‘ishlasa, tinimsiz va qunt bilan shug‘ullansa, xalqaro musobaqalarda qatnashsa, sport professional bo‘lishi mumkin, bu ularning ishtiyoqi va daromadi. Shuningdek, havaskor sport turlari ham borki, odamlar jismoniy mashqlarni o‘z zavqlari uchun va, albatta, salomatlik uchun qiladilar.

Dunyoning aksariyat shaharlarida ko‘plab sport klublari qurilgan va ochilgan, ularda siz murabbiy bilan, guruhlarda, maxsus zamonaviy trenajyorlarda sport bilan shug‘ullanishingiz mumkin. U erda hamma narsa eng yangi texnologiya va dizayn bilan jihozlangan, shuning uchun bunday muassasalarda darslar pullik. Moliyaviy ahvoli sport klublariga borishga imkon bermaydiganlar har doim uyda mashq qilish imkoniyatiga ega. Internetda sport uchun ko‘plab video va foto darslar mavjud, televizorda sport dasturlari o‘ynaladi. Agar istak bo‘lsa, imkoniyat bo‘ladi. Ayni paytda fitnes va yoga juda mashhur bo‘lib ketgan va bu sport turlari hatto eski jarohatlarni ham davolab, odamlarga dunyoga yangicha qarash imkonini berishi bejiz emas.

Sport nafaqat salomatlikni yaxshilaydi, balki yaxshi kayfiyat, yengillik va tetiklik hissini ham beradi. U ertalab tetiklantiradi va tanadagi har bir hujayrani energiya bilan ta‘minlaydi, butun kun davomida ijobiy energiya bilan zaryadlanadi. Sport nafaqat salomatlikni yaxshilaydi, balki xarakterni tinchlantiradi, odamni stressga chidamli, kuchli irodali va kuchli qiladi, degan fikr bor.

Biroq, sport bilan shug‘ullanish insonning o‘sishi uchun etarli rag‘bat hisoblanmaydi, insonning jismoniy qobiliyatini rivojlantirishdan tashqari, aqliy qobiliyatlarni ham rivojlantirish kerak. Bunday yondashuv nafaqat sportni, balki butun insonning o‘zini, uning professionalligini, o‘z mahoratini hayotda qo‘llash qobiliyatini yaxshilash uchun zarurdir.

A element (gymn.)	narsa
A final (sp.g.)	yakunida, yakun
A, abbrev. from alternate captain (a patch on a hockey player's uniform) (icehok.)	kapitan
a.e.t., abbrev. from added extra time (sp.g.)	Qo'shimcha vaqt
a/b asymmetric bars, uneven bars	assimetrik chiziqlar notekis barlar
aback	orqaga, ortga
abaft (sail.)	orqasi, kema quyrug'i
abandon (to) (sail.)	tashlab ketmoq
abandon (to) a match avoid	ko'p narsadan voz kechish
abandonment signal (sail.)	tark etish signali
abate; wane (sail.)	pasaymoq
abbrev. abbreviation	qisqartma
abbrev. abbreviation	qisqartma
abdominal balance (gymn.)	qorin muvozanati
abdominal exercise	qorin mashqi
abdominal raise (gymn.)	qorin mashqi
abdominal strength	qorin kuchi

abide (to) by (rules)	turish
abilities, skills	qobiliyat, ko'nikma
ability to maintain speed over a distance	masofada tezlikni ushlab tura olish
ability to relax	dam ola bilish
ability to swim	suzish qobiliyati
ability, skill	qobiliyat, ko'nikma
able-bodied	mehnatga layoqatli
abnormal difference (judgement) (gymn.)	anormal farq
abolish (to) the heat	issiqlikni yo'qotish
abnormal ground conditions (golf)	g'ayri tabiiy tuproq tabiati
aboard; on board (sail.)	bortda
about - face; about - turn (gymn.)	uzuk ustida, halqa
abreact (to)	stresdan chiqmoq, yengillamoq
abreast (gymn.)	bir qatorda, bir chiziqda
abrupt movement	keskin harakat
abseil (to) (rockcl.)	tushish, pasayish
abseil piton (ringed piton) (rockcl.)	halqali piton
abseiling (rockcl.)	suzib ketish
abseit (alp.)	to'xtatmaslk
absolute age	mutlaq yosh
absolute record	mutlaq rekord

absolute strength	mutlaq kuch
absorb (to) (freest.)	balandlikka ishlov bermoq
absorb (to) basic skills	asosiy ko'nikmalarni o'zlashtirish
absorb (to)	yumshatish
absorb (to) recoil of the bed (tramp.)	singdirish
absorption	amortizatsiya
absorption of the bed (tramp.)	batutning elastik egiluvchanligi
absorption turn (alpsk.)	amortizatsiyaviy burilish
abusive language	haqoratli til
accelerate (to) (speed)	tezlashtirmoq
accelerated back somersault (acr.)	tezlashtririlgan orqa salto
accelerated flic-flac (acr.)	tezlashtirilgan
accelerated pass (v/b)	tezlashtrilgan o'tish
acceleration of pace	sur'atning tezlashishi
accept (to) a record	eng yuqori natijani qayd etmoq
acceptance of the bit (equest.)	otni yuganidan tortmoq
accessories (r.gymn.)	gimnastik aksessuarlar
accessories for field installation (athl.)	dala o'rnatish uchun aksessuarlar
accessory	aksesuariya
accident	baxtsiz hodisa, falokat
acclaim	olqishlash
acclimatization	iqlimlashtirish
acclivity	moyillik
accomodation ladder (sail.)	bortga chiqish narvoni
accompaniment (gymn.)	musiqiy jo'rlik
	ishtirok etuvchi hakam
accomplish (to) a pass (passing) (sp.g.)	muvaffaqiyatli o'tmoq

accomplish (to) the dribble (dribbling) (sp.g.)	to'pni aldab o'ta olmoq (sp o'yin)
accomplishment	muvaqqiyat
according to the rules	qoidalarga muvofiq
accreditation card	akkreditatsiya kartasi
accrediting	akkreditatsiyalash
accumulated fouls (sp.g.)	qoidabuzarliklarning ortishi
accuracy jump (gymn.)	aniqlikka sakrash
accuracy of firing (shoot.)	otishning aniqligi
accuracy of movements (gymn.)	harakatlarning aniqligi
accurate service (sp.g.)	aniq signal
accurate shot (b/b)	aniq zarba
ace	tuz, ochko
ace (golf)	ochko (kartalar)
ace (ten.)	to'p oshirishdagi ochko
ace spiker (v/b)	o'z jamoasiga g'alaba olib keluvchi o'yinchi
achieve (to) rebounding position (b/b)	qulay pozitsiya egallash
achievement	muvaqqiyat, yutuq
acknowledgement	tan olish, e'tirof
acompanying guests	kuzatuvchi mehmonlar
acoustic signal (sp.g.)	ovoqli signal
acquirement	ega bo'lish
acr. acrobatics	akrobatika
acro freestyle skiing (freest.)	akro erkin chang'i sporti
acro slope (freest.)	akro qiyalik
acro, abbrev. from acrobat	akro, akrobat so'zi qisqartmasi

ACRO, abbrev. from acrobatic gymnastics	akrobatik gimnastika
acrobat	akrobat
acrobatic element	akrobatik element
acrobatic element connection (series)	akrobatik element akrobatik element aloqasi
acrobatic exercise	akrobatik mashq
acrobatic feat; acrobatic stunt	akrobatik mashg'ulot
acrobatic jump	akrobatik sakrash akrobatik sakrash
acrobatic mixed pair	akrobatik juftlik
acrobatic rock and roll	akrobatik rok-n-roll
acrobatic ski jumping; jumps on skis (freest.)	akrobatik chang'ida sakrash; chang'ida uchishi
acrobatics (tumbling)	akrobatik yiqilish
acrobatics of parachute jumpers	parashutdan sakrash akrobatikasi
acrobatics on a pole	ustunda akrobatika
acrobatics on horses	otlarda akrobatika
acrobatics on logs	yog'ochlarda akrobatika
acrobatics sports	akrobatika sporti
acrobatics track (acr.) chang'i baleti, chang'ida figurali uchish	akrobatika treki
acroski (ski ballet, figure skating on skis) (freest.)	chang'i baleti, chang'ida figurali uchish
acrosport	sport akrobatikasi
acting according to the rules (regulations)	qoidalarga muvofiq harakat qilish
acting games	harakatli o'yinlar
action of the legs (equest.)	oyoqlarning harakati
action of the preparation	harakat tayyorgarligi

action on the blade (fenc.)	qurol bilan harakat
actions of spectators	tomoshabinlarning harakatlari
actions of the libero (v/b)	ko'ngilli o'yinchining harakatlari
active counter attack (t.ten)	faol qarshi hujum
active flexibility	faol moslashuvchanlik
active offside (f/b)	o'yindan tashqari holat
faol tiklanish	faol tiklanish
active restcc	faol dam olish
active spotting (art.gymn.)	faol sezgirlik
active tourism	faol turizm
activity	faoliyat
activity of the athlete	sportchining faoliyati
actual champion	haqiqiy chempion
actual duration of a bout (fenc.)	jangning haqiqiy davomiyligi
actual playing time (sp.g.)	real o'yin vaqti (sp o'yin)
actual wrestling time (wrest.)	haqiqiy kurash vaqti
acute adaptation	keskin moslashish
acyclic exercise	asiklik mashqlar
acyclic kind of sports	asiklik sport turi
acyclic movement	asiklik harakat
adapt (to)	moslashish
adaptability	moslashuvchanlik
adaptable physical education	moslashuvchan jismoniy tarbiya
adaptation	moslashish
adaptation to the training loads	o'quv yuklariga moslashish
adaptive reaction	odatiy reaksiya

add (to) an element (art.gymn.)	element qo'shish
add (to) on time for stoppages (sp.g.)	o'yin to'xtaganda vaqt qo'shish
added movement	qo'shimcha harakat
additional assistant (spotter) (art.gymn.)	qo'shimcha yordamchi
additional attempt (art.gymn.)	qo'shimcha urinish
additional jumps (athl.)	qo'shimcha sakrashlar
additional load (row.)	qo'shimcha yuk
additional match; extra match (sp.g.)	qo'shimcha moslik, qo'shimcha o'yin
additional run	qo'shimcha yugurish
additional support (mistake) (art.gymn.)	qo'shimcha yordam (xato)
additional swing (mistake) (art.gymn.)	qo'shimcha tebranish (xato)
additional weight	qo'shimcha og'irlik
addressing the ball (golf)	to'pga murojaat qilish
adequacy	talabga javob berish
adequate start	munosib boshlanish
adjacent playing area (t.ten.)	qo'shni o'yin maydoni
adjourn (to) the game	o'yinga tanaffus qilish
adjust (to) a judo costume (judo)	libosni tartibga keltirmoq(dzyudo=
adjustable aperture sight (shoot.)	otish moslamasini nazorat qilish
adjustable block	oyoq uchun tirgakni sozlash
Back	orqaga
back (backward) roll	orqaga siljish
back (backward) roll shoot (rings) (art.gymn.)	orqaga (orqaga) dumalab o'tish

back (backward) roll shoot (through handstand) (art.gymn.)	qo'llar bilan orqaga dumalab o'tish
back (backward) roll to handstand (art.gymn.)	orqaga dumalab, qo'lda turish
back (dwit) (taekw.)	orqaga qaytish
back (player)	orqa o'yinchi
back (reverse) pass (sp.g.)	orqaga teskari o'girilish
back (to) the oars (row.)	orqaga eshkak eshmoq
back 1 and 3 (salto) (tramp.)	orqaga salto
back 2 and 3 (salto) (tramp.)	orqa 2 va 3 (salto) (tramp.)
back alley (badm.)	orqa xiyobon
back armstand half somersault (div.)	orqa qo'ltiq yarim salto
back armstand somersault (div.)	qo'llarda tik orqa salto
back away (acr.)	orqa salto
back bend (gymn.)	orqaga egilish
back boundary line (field) (sp.g.)	orqa chegara chizig'i (maydoni)
back break fall (gymn.)	kaftlarga tayangan holda orqaga sakrash
back cody (tramp.)	turgan joydan 4 marta orqaga salto
back court defence (sp.g.)	himoya zonasidagi o'yin
back court player, back line player (v/b)	orqa maydon o'yinchisi, orqa chiziq o'yinchisi
back crawl (swim.)	orqaga surish
back cut off (art.gymn.)	bir oyoqda orqaga sakrash

back dismount (art.gymn.)	orqaga bir zumda sakrash
back dive (div.)	orqaga sho'ng'ish
back dive (tramp.)	orqaga sho'ng'ish
back dive 1 twist straight (div.)	orqaga sho'ng'in 1 burilish to'g'ri
back dive pike (div.)	orqaga sho'ng'igan pike
back dive straight (div.)	orqaga to'g'ri sho'ng'in
back dive tuck (div.)	orqaga sho'ng'ish
back dive with half turn roll over (art.gymn.)	yarim burilish bilan orqaga sho'ng'ish
back dive with one and a half (1½) twist to forward roll (art.gymn.)	oldinga siljish uchun bir yarim (1½) burilish bilan orqaga sho'ng'ish
back dive, half twist (div.)	orqaga sho'ng'in, yarim burilish
back dive, one twist (div.)	orqaga sho'ng'ish, bir burilish
back double flyaway (art.gymn.)	orqaga ikki marta uchib ketish
back double salto (somersault)	orqaga ikki marta salto
back double somersault pike (div.)	orqaga qo'sh salto pike
back double somersault straight (div.)	orqaga ikki marta salto tekis
back double somersault tuck (div.)	orqaga ikki marta salto qilish
back drop (art.gymn.)	orqaga tushish
back drop (tramp.)	orqaga tushish
back drop from front drop (tramp.)	oldingi tomchidan orqaga tushish

back drop kip up (art.gymn.)	orqaga tashlab kip yuqoriga
back drop take-off (tramp.)	orqaga tushirish
back drop to feet backover (tramp.)	orqadan oyoqqa tushish
back drop, backward somersault (tramp.)	orqaga tushish, orqaga sakrash
back drop, cradle (tramp.)	orqaga yarim salto otganda, bel bilan tushish
back drop, half twist to front drop (tramp.)	orqaga tushish, oldingi tomchiga yarim burilish
back edge cut (fenc.)	qarama-qarshi zarba
back edge of the blade (fenc.)	pichoqning orqa cheti
back exercises	orqa muskul mashqlari
back extension (exercises)	orqa muskullarni cho'zish mashqlari
back extension roll (art.gymn.)	qo'llarga tayanib orqaga dumalamoq
back fist block (uraken gamae) (karate)	orqa tarafdin kelgan mushtni to'sish
back fist punch downwards (dungdjumok naerjo chigi) (taekw.)	orqa pastki tarafdin kelgan musht zarbasi
back fist punch forward (dungdjumok ap chihi) (taekw.)	old orqa musht zarbasi
back fist punch outward (dungdjumok bakkat chigi) (taekw.)	orqa taraf mushtning tashqi zarbasi
back fists punch (jecno jirugi) (taekw.)	orqa tomon musht zarbasi
back flip (art.gymn.)	orqaga to'ntarilish
back flip (w.polo)	orqaga zarba berish
back flip full twist (amer.) (art.gymn.)	orqaga to'liq burilish

back flip, stomach roll (art.gymn.)	orqaga sakrab salto otish
back full (art.gymn.)	orqaga to'liq salto
back handspring (gymn.)	orqaga to'ntarilish
back handspring from knees (gymn.)	tizzada tik turgan holda ortga to'ntarilish
back handspring on one leg (gymn.)	bir oyoqda orqaga to'ntarilish
back handstand pirouette (art.gymn.)	qo'lda tik turgan holda yelka bilan burilish
back hang (art.gymn.)	orqada osilish
back hang giant circle (art.gymn.)	kata aylanish
back heel ankletrip (wrest.)	chalish pastdan yiqitish
back hip circle dismount (art.gymn.)	orqa dumba aylanasini tushirish
cabin cruiser (tour.)	kabinali kreysler
cabin yacht (sail.)	kabinali yaxta
cable	kabel
cable car (tour.)	kabel avtomobil
cable railway (tour.)	kabel temir yo'li
cables of the rings (sp.gymn.)	halqalarning kabellari
cabriole (gymn.)	kabriola
caddy (Am.caddie) (golf)	golfo'yinidaklyushkanitashibyuruvchikishi
cadence	kadensiya (xotima)
cadet (sp.g.)	kursant
cadet jump (gymn.)	360°aylanib siltab sakrash
cadet-teacher	kursanto'qituvchi
cage (discus throwing, hammer throwing) (athl.)	himoya to'sig'i
cage (icehok.)	darvoza
caged circle (athl.)	bolg'a uloqtirish uchun aylana
cager (Am.)	basketbolchi
cagoule (sail.)	Suv o'tkazmaydigan maxsus kiyim

cainset, pedal krank (cycl.)	tepki dastagi
Cajun, cajun (tramp.)	2 marta aylanib salto
calculation error	xato hisoblash
calculation of results	natijalarni hisoblash
calculation of the final score	yakuniy ballni hisoblash
calendar games	kalendar o'yinlari
caliber, gauge (shoot.)	kalibr, o'lchagich
California hop (art.gymn.)	Kaliforniya hop(bir oyoqda sakrash)
calk (equest.)	taqa(ot)
calk (to) (equest.)	taqa qadamoq
call	chaqirmoq
call (to) a fault (sp.g.)	xato chaqirmoq
call (to) jury	hakamlar hay'atiga chaqirish
call (to) starters (athl.)	boshlovchilarni
call (to) the score	natijani e'lon qilmoq
call of the competition (gymn.)	qatnashuvchilarni chaqirish
call of the competitors	qatnashchilarni chaqirtirish
call room judge	hakam, ishtirokchilar bilan
call sign (sail.)	chaqiruv signali
call; hailing (sail.)	chaqiriq ovozi
callanetics (Am.)	kallanetika(bir necha bora bajarish)
calliper brake (cycl.)	tormoz dastagi
callisthenic exercises (gymn.)	erkin mashqlar
callisthenic ground (gymn.)	erkin mashqlar maydoni
callisthenic routine (gymn.)	rivojlantiruvchi mashqlar
callisthenics (gymn.)	umumiy mashqlar(tavsiya etilgan)
callisthenics (gymn.)	ritmik gimnastika
call-over (gymn.)	yo'qlama qilish
calm play, static games	tinch o'yin, statik o'yinlar
calmness (equest.)	xotirjamlik

caman (shinty)	shintlar uchun klyushka
camanachd; iomain; shinty	shintlar(maysazordagi xokkey maydoni)
camel racing	tuya poygasi
Camp	lager
camp chief	lager boshlig'i
Camper	lager (yashash joy sifatida)
camp-fire	lager gulxani
Camping	lagerga bormoq
Canadian football (sp.kind)	Kanadaliklar futboli
Canadian pair (pair C-2) (row.)	Kanadalik juftlik C-2
Canadian single (C-1) (row.)	Kanadalik yolg'iz
Canadian, canoe (row.)	Kanada, kanoe
canal	kanal
can-can; no-footed (BMX)	saltodagi oyoq harakati
cancel	bekor qilish
cancel (to) a race	poygani bekor qilish
cancel (to) competitions	musobaqalarni bekor qilish
candidate master	magistrlik nomzodi
candle (stand) (gymn.)	kurakni yerga tekkizib turish
candle vault (gymn.)	yuqoriga egilib sakrash
cannon (gymn.)	Bitta oyoqda turish
cannon ball (sp.g.)	to'pni oshirish
cannon shot	kuchlito'p uloqtirish
cannon shot (sail.)	boshlang'ich otish
cannon-ball (gymn.)	guruh bilan birga harakatlanish
cannon-ball jump (tramp.)	guruh bilan yuqoriga harakat
cannon-ball to handstand (acr.)	kabriola(to'pni bir zumda sherikka uzatish)
Canny	epchil, chaqqon

canoe (row.)	kanoe (yengil sport qayig'i)
canoe canoeing	qayiqda suzish
canoe canoeing	kanoeda eshkak eshish
canoe polo	kanoe polosi
canoe rower (row.)	kanoeda eshkak eshuvchi
canoe, Canadian (row.)	kanoe qayig'i
canoeing	kanoeda suzmoq
canoeist (paddler)	kanoeda eshkak eshuvchi
canoe-kayak (row.)	kanoe va qayiqda eshkak eshish
canopy formation; canopy relative work (parach.)	chodir tikish
cant	qiyalik
canvas (box.)	brezent qoplangan maydon
canvas (sail.)	yelkan
canvas (tramp.)	batut(sakratadigan to'r) to'ri
canyoning	daryo va tog'lar qiyaliklari
cap (blue; red; white) (w.polo)	qalpoq, shlem
cap tied under the chin (w.polo)	Iyak ostiga bog'lanadigan qalpoq
cap, abbrev.from captain	kapitan
cap, peaked-cap	soyabonli qalpoq
cap, swim(ming) cap	qalpoq (suzish uchun)

capacity	sig'im, quvvat
capacity (capacity), ability	mahorat
caper (to)	shodlikdan sakramoq
capoeira (mart.arts.)	kapoeyra(brazilyaliklar jang san'ati)
capsize (to) (row.)	to'ngkarilmoq
capsize drill (row.)	to'ngkarilish mashqi
captain	guruh kapitani
car racing	avtopoyga
carabiner (alp.)	qisqich
caravan (tour.)	soyabonli avtomobil, karvon
caravanning (tour.)	karvonda yashab turish
card (yellow; /red) (sp.g.)	karta(sariq, qizil)
daily training plan	kundalik mashg'ulotlar rejasi
daisy-cutter (equest.)	lo'killash, yelish
daisy-cutter (sp.g.)	uchish to'pi
dalecarlia (synchr.swim.)	dalekarliya
dam	damba, ko'tarma
damage (arch.)	zarar

dane(judo)	dan(dzyudo)
dance callisthenics	raqs mashg'uloti
dance games	raqs o'yinlari
dance marathon (competition)	raqs marafon musobaqasi
dance moving	raqs harakati
dance step	raqs qadami
dance therapy	raqs terapiyasi
dancer (box.)	raqqos
danger area (judo)	xavfli hudud
danger position (wrest.)	xavfli vaziyat
dangerous element (gymn.)	xavfli element
dangerous play (sp.g.)	xavfli o'yin
dangerous shot (f/b)	xavfli zarba
dangerous use of the head (box.)	bosh xavfli harakati
dapple grey	
dart (droughts)	nayza
dart (sp.g.)	irg'ish, sapchish
dartboard (droughts)	nayza uchun nishon
darter; dartmen (droughts)	darts o'ynovchi
darts (game)	darts (o'yin)

darts thrower (droughts)	darts uloqtiruvchi
dash (athl.)	qisqa masofaga uloqtirish
data sheet	natijalar ro'yhati
day of arrival	tashrif kuni
day of departure	jo'nab ketish kuni
day out, day trip	bir kunlik dam olish kuni
day regime	kun tartibi
day-by-day schedule (competition)	kundalik jadval
DD, abbrev.from difficulty degree) (gymn.)	og'ir darajadagi
dead ahead; right ahead (sail.)	to'g'ri burunga qarab
dead angle	juda o'tkir burchak
daily training plan	kundalik mashg'ulotlar rejasi
daisy-cutter (equest.)	lo'killash, yelish
dead ball (sp.g.)	o'yindan tashqari to'p
dead calm (sail.)	o'lik jimlik
dead heat	vaqtinchalik
dead heat (athl.)	bir martalik

dead heat (races)	
dead land; dead stop (gymn.)	
dead lift (weightl.)	o'lik lift
dead man's drop (gymn.)	o'lik odamning tomchisi
dead man's fall (gymn.)	o'lik odamning qulashi
dead man's drop (div.)	o'lik odamning tomchisi
dead point	o'lik nuqta
dead point of swing (gymn.)	tebranishning o'lik nuqtasi
dead press (gymn.)	o'lik matbuot
dead puck (ice hok.)	o'lik shayba
dead season	o'lik mavsum
dead stop; dead land (gymn.)	o'lik to'xtash; o'lik er
Dead! (shoot.)	O'lgan!
dead-ball line (rugby)	o'lik to'p chizig'i
deadlift (power.l.)	o'lik yuk
deadline for protests	norozilik bildirish muddati
deadline for the declaration of entry	uchun oxirgi muddat kirish deklaratsiyasi
deadwater; ships wake (sail.)	o'lik suv; kemalar uyg'onadi

death point	o'lik nuqta
death spiral (f.skat.)	o'lim spirali
debut	debyut
debutant	debyutant
decathlete (athl.)	dekatletchi
decathlon (athl.)	dekatlon
deceive (to) the opponent	raqibni aldash
deceleration	sekinlashuv
deception (sp.g.)	aldash
deception moves (sp.g.)	aldash harakatlari
decider	hal qiluvchi
deciding heat (cycl.)	issiqlikni hal qilish
deciding set	qaror to'plami
decision	qaror
decision (hantei) (judo)	qaror
decision making	decision making
decision of the referee	hakamning qarori
decisive blow (box.)	hal qiluvchi zarba

decisive game	hal qiluvchi o'yin
decisive goal	hal qiluvchi maqsad
deck (sail.)	pastki
deck movements (synchr.swim.)	pastki harakatlari
deck tennis (ten.)	pastki tennis
declaration of decision (judo)	qaror deklaratsiyasi
declare (to) the winner	g'olibni e'lon qiling
declared competitor	raqobatchi deb e'lon qilindi
decline (to) a lift (weightl.)	ko'tarilishdan bosh tortish
decline (to) the trial (athl.)	sud jarayonini rad etish
decline press (weightl.)	rad etish matbuot
deconditioned	dekonditsiyalangan
decrease (to) the weight (weightl.)	vaznga kamaytirish
decrease in speed	tezlikning pasayishi
dedans (realten.)	dedans
dedans (tenn.)	dedans

deduction (gymn.)	chegirma
deduction for arm(s) fully bent is 1.0 point (gymn.)	to'liq egilgan qo'l uchun chegirma - 1,0 ball
deduction for arm(s) slightly bent is 0.2 point (gymn.)	Bir oz egilgan qo'l(lar) uchun chegirma 0,2 ball
deduction for composition (gymn.)	kompozitsiya uchun chegirma
deduction for execution faults (gymn.)	ijro xatolari uchun chegirma
deduction for insufficient difficulty (gymn.)	yetarlicha qiyinchilik uchun chegirma
deduction for omission (lack) of original elements (gymn.)	original elementlarning qoldirilishi (etishmasligi) uchun chegirma
deduction for omission of risk elements (gymn.)	xavf elementlarini o'tkazib yuborish uchun chegirma
eagle giant (art.gymn.)	burgut giganti
eagle grasp (grip) (gymn.)	burgut ushlash
eagle hang (gymn.)	burgut osadi
eagle with half turn (art.gymn.)	yarim burilish bilan burgut
ear muff (shoot.)	quloqchalar
ear plugs (swim.)	quloq tiqinlari
early adolescence	erta o'smirlik

early fliffis (gymn.)	erta fliffis
early full fliffis (tramp.)	erta to'liq fliffis
early hold (gymn.)	erta ushlab turish
early season practice	mavsum boshida mashq qilish
early specialization	erta mutaxassislik
early triffis (tramp.)	erta triffis
earn (to) a penalty-kick (f/b)	penalti tepish uchun
ease	yengillik
ease (to) down	pastga osonlikcha
ease (to) off	o'chirish oson
Easy all! (row.)	Hammasi oson
easy ball (v/b)	oson to'p
easy chair (paragl.)	oson stul
easy element (gymn.)	oson element

easy jogging	oson yugurish
easy striding	oson qadam tashlash
easy walking	oson yurish
easy water (swim.)	oson suv
ebb (sail.)	pasaymoq
echelon (cycl.)	eshelon
economy of technique	texnika iqtisodiyoti
ecotourism	ekoturizm
eddy current (row.)	girdobli oqim
eddy water (row.)	girdobli suv
edge ball (t.ten.)	chekka to'p
edge jump (f.skat.)	chetiga sakrash
edge of the backboard (b/b)	orqa taxtaning cheti
edge of the blade (fenc.)	pichoqning cheti

edge of the blade (row.)	pichoqning cheti
edge of the free exercise area (gymn.)	erkin mashq maydonining chekkasi
edge of the penalty area (f/b)	jarima maydonchasi chetida
edge of the pool (swim.)	hovuzning chetida
education aim	ta'lim maqsadi
educational tourism	ta'lim turizmi
effect of reins (equest.)	jilovlarning ta'siri
effect; swerve (f/b)	ta'sir; burilish
effective exit (gymn.)	samarali chiqish
effective mount (gymn.)	samarali o'rnatish
effective play	samarali o'yin
effective playing time (sp.g.)	samarali o'yin vaqti
effective swing (gymn.)	samarali tebranish
efficiency	samaradorlik
efficiency of a training lesson	o'quv darsining samaradorligi
egg beater (sinhr.swim.)	tuxum uruvchi

eggbeater (w.polo)	tuxum qotirgich
egoism, selfishness	egoizm, xudbinlik
Egyptian handball	Misr qo'l to'pi
Eiffel tower – twist (sinhr.swim.)	Eyfel minorasi - burish
Eiffel tower combined spin (sinhr.swim.)	Eyfel minorasi to'liq burilish
Eiffel tower continuous spin (sinhr.swim.)	Eyfel minorasi 180° ga aylanadi
Eiffel tower full twist (sinhr.swim.)	Eyfel minorasi to'liq burilish
Eiffel tower spin up 180° (sinhr.swim.)	Eyfel minorasi 180° ga aylanadi
Eiffel tower spin up 360° (sinhr.swim.)	Eyfel minorasi aylanmoqda
Eiffel tower spinning 180° (sinhr.swim.)	Eyfel minorasi aylanmoqda
Eiffel tower spinning 360° (sinhr.swim.)	Eyfel minorasi aylanmoqda
Eiffel tower twirl (sinhr.swim.)	Eyfel minorasi aylanasi
Eiffel tower twist spin (sinhr.swim.)	Eyfel minorasining burilish aylanishi
Eiffel tower (sinhr.swim.)	Eyfel minorasi
Eiffel walk (sinhr.swim.)	Eyfel yurishi
eight ball; eight-ball pool (bilj.)	sakkizta to'p; sakkiz to'p
eight oars with a coxswain (row.)	kokswain bilan sakkiz eshkak
eight pieces competition (gymn.)	Sakkiz qismli musobaqa

eight second count (box.)	sakkiz soniya hisobi
eighth of the final	finalning sakkizinchisi
eights (row.)	sakkizta
ejected shell (shoot.)	chiqarilgan qobiq
ejector (shoot.)	ejektor
elastic beatboard (gymn.)	elastik urish taxtasi
elastic Reuther board (gymn.)	elastik Reuther taxtasi
elastic Reuther carpet (gymn.)	elastik Reuther gilami
elbow	tirsak
elbow - cap (weightl.)	tirsak - qalpoq
elbow balance on one arm; support scale on one arm (gymn.)	bir qo'lda tirsak muvozanati; bir qo'lda qo'llab-quvvatlash shkalasi
elbow charge (sp.g.)	tirsak zaryadi
elbow extension exercises	tirsaklarni kengaytirish mashqlari
elbow flexion exercises	tirsagini bukish mashqlari
elbow hit (wrest.)	tirsak urishi

elbow level (double) (gymn.)	tirsak darajasi ikki barobar
elbow pad; elbow protector; elbow guard	tirsak yostig'i; tirsak himoyasi; tirsak himoyasi
elbow push-up (wrest.)	tirsakni surish
elbow stand (gymn.)	tirsak stend
elbow support scale and half turn, body horizontal and raise slowly to handstand (gymn.)	tirsak qo'llab-quvvatlash shkalasi va yarim burilish, tanasi gorizontal va qo'lda sekin ko'taring
elbowing; elbow (to) (ice hok.)	tirsak; tirsak
face off circle (icehok.)	yuzma-yuz aylana
face vault (art.gymn.)	yuzli zinapoya
face vault over the horse (art.gymn.)	ot ustidagi to'ntarmoq
face vault with half turn from handstand (art.gymn.)	qo'l ostidan yarim burilish bilan yuzli to'r
face; target face (arch.)	yuz; maqsadli yuz

face-off (icehok.)	turtilib ketmoq
face-off (lacros)	turtilib ketmoq
face-off circle (icehok.)	yuzma-yuz aylana
face-off spot (icehok.)	yuzma-yuz nuqta
facer	yuz beruvchi
face-to-face (gymn.)	yuzma-yuz
facial (facing) stand (art.gymn.)	yuzga qaragan stend
facilities (sports)	ob'ektlar
facing the L bar (art,gymn.)	L satriga qaragan
factor of safety	xavfsizlik omili
faculty; facility	fakultet; qulaylik
fade (golf)	so'nish

fade (to) away (sp.g.)	yo'qolib ketadi
fade (to) back (sp.g.)	orqaga siljiydi
fail (to) from the spot (f/b)	joyidan muvaffaqiyatsiz
fail (to) to get into the final	finalga chiqa olmadi
failed dive (div.)	muvaffaqiyatsiz sho'ng'in
failed try; failure (athl.)	muvaffaqiyatsiz urinish; muvaffaqiyatsizlik
faint touch of the apparatus (art.gymn.)	apparatning zaif tegishi
fair adjustment to the final's ranking	final reytingiga adolatli tuzatish
fair charge (sp.g.)	adolatli to'lov
fair hold (wrest.)	adolatli ushlab turish
fair lead (sail.)	adolatli rahbarlik
fair play	halol o'yin
fair sailing (sail.)	adolatli suzib yurish
fair wind (sail.)	adolatli shamol
fairness	

	adolat
fairway (golf)	farway
fairway (sail.)	farway
fake (to) (sp.g.)	soxta
fake (to) a dive (f/b)	sho'ng'in uchun soxta
fake (to) a shot	otish uchun soxta
fake attack (sp.g.)	soxta hujum
fake blow (box.)	soxta zarba
fake hold	soxta ushlab turish
fake with the ball	to'p bilan soxta
fake without the ball	to'psiz soxta
fake, feint, dummy	soxta, soxta, soxta
faking a dribbling (h/b)	driblingni soxtalashtirish
faking a pass (h/b)	soxta pass qilish
faking a shot (h/b)	soxta zarba

faking in defence (Am.defense) (sp.g.)	himoyada soxtalashtirish
falconry (hunt.sp.)	lochin ovi
fall	tushish
fall (to) aboard (sail.)	bortga tushish
fall (to) back (team)	orqaga tushish (jamo)
fall (to) behind (to)	orqaga tushish
fall (to) down	
fall (to) from the horse (equest.)	otdan tushish
fall (to) overboard (sail.)	bortga tushish
fall (to), pin (to) (wrest.)	yiqilish, qadash
fall (wrest.)	tushish
fall during the dismount (art.gymn.)	tushirish paytida yiqilish
fall forward to front leaning support (art.gymn.)	oldinga egilgan tayanchga tushing
fall from the apparatus (art.gymn.)	qurilmadan tushish
Fall in! (gymn.)	Kiring!
Fall into line! (gymn.)	Chiziqga tushing!
fall line (ski)	tushish chizig'i

fall of the horse (equest.)	otning tushishi
fall of the horse and the rider (equest.)	ot va chavandozning qulashi
fall of the implement (athl.)	asbobning tushishi
fall of the pole (athl.)	qutbning tushishi
fall of the rider (equest.)	chavandozning qulashi
fall on the buttocks (seat) (art.gymn.)	dumba ustiga tushish
fall on the knees (art.gymn.)	tiz cho'kish
fall out (art.gymn.)	qatordan chiqib ketish
fall out on one foot (art.gymn.)	bir oyoqqa tushish
Fall out! (gymn.)	Qatordan chiqib ketish
fall over	yiqilib tushish
fall over (art.gymn.)	

	yiqilib tushish
fall over forward to rearward swing in hang and Stemme to support from handstand (art.gymn.)	orqaga egilish uchun oldinga yiqilib osilgan holatda, Stemme esa qo'ldan turib tayanch uchun
fall over forward to rearward swing in hang from handstand (art.gymn.)	orqaga burilish uchun oldinga yiqilib, qo'lda osilgan holda
Fall! (wrest.)	Kuz!
fallaway (b/b)	halokatli
falle (sail.)	yiqilish
falling (art.gymn.)	tushish
falling (ukemi) (judo)	tushish
falling forward (mae-ukemi) (judo)	oldinga tushish
falling from the apparatus (falling of) (art.gymn.)	apparatdan tushish (tushish)

falling in the water by accident (div.)	tasodifan suvga tushish
falling leaf (gymn.)	tushgan barg
falling on the puck (icehok.)	shaybaga tushish
false attack (fenc.)	soxta hujum
false grip (art.gymn.)	soxta ushlash
false keel (sail.)	soxta kilich
false start	noto'g'ri boshlash
false start recall rope (swim.)	noto'g'ri boshlash esga olish arqon
family sport	oilaviy sport
fan	muxlis
fancy tricks (sp.g.)	chiroyli fokuslar
far arm; further arm (wrest.)	uzoq qo'l; qo'shimcha qo'l
gain (to) weight	og'irlikni oshirish
gainer (gymn.)	gayner
gainer (salto) (gymn.)	gayner (salto)
gainer flic-flac (gymn.)	geyner flic-flac

gait; pace (equest.)	yurish; sur'at
gallery-shot; gallery-stroke (sp.g.)	galereya surati; galereya - zarba
gallop (to) (equest.)	chopish (to)
gallop leap (gymn.)	sakrash
gallop races (equest.)	yugurish poygalari
gallop step (walk)	yugurish qadami (yurish)
gallop; canter (equest.)	yugurish qadami (yurish)
galloper (equest.)	galloper
gambado (equest.)	gambado
gambit (chess)	gambit
gamble (to)	qimor o'ynash (uchun)
gamble; gambling	qimor o'ynash; qimor o'ynash
gambol (to)	gambol (to)
gamboling	qimor o'ynash
game	

	o'yin
game (match) won	o'yin (o'yin) g'alaba qozondi
game (ten.)	o'yin (o'n.)
game and match (ten.)	o'yin va o'yin
game bag	o'yin sumkasi
game ball (sp.g.)	o'yin to'pi
game bird	o'yin qushi
game break; play break (sp.g.)	o'yin tanaffusi; o'yin tanaffusi
game clock (b/b)	o'yin soati
game in a "square"(f/b)	"kvadrat" ichida o'yin
game like method	o'yinga o'xshash usul
game lost by default (sp.g.)	o'yin sukut bo'yicha yo'qolgan
game misconduct penalty (icehok.)	o'yinni buzish jarima
game observation	o'yinni kuzatish
game point	o'yin nuqtasi
game protocol (sp.g.)	o'yin protokoli

game rules	o'yin qoidalari
game sports	sport o'yinlari
game won	o'yin g'alaba qozondi
game-keeper; game-warden	o'yin qo'riqchisi; o'yin - nazoratchi
gamer (sp.g.)	geymer
games-master	o'yin ustasi
games-mistress	o'yinlar - bekasi bo'shliq
gap	bo'shliq
gap (alp.)	bo'shliq
gap (gymn.)	bo'shliq
gap between attack and defence	hujum va himoya o'rtasidagi bo'shliq
gap between two middle marks is against rules (gymn.)	Ikki o'rta belgi orasidagi bo'shliq qoidalarga ziddir
gap; hole (sail.)	bo'shliq; teshik (yelkan.)
garland	gulchambar
garters	garters
gas rifle (shoot.)	gazli miltiq

gasket; sail tier (sail.)	qistirma; yelkan darajasi
gate (alpsk.)	darvoza
gate (equest.)	darvoza
gate (row.)	darvoza
gate (sp.g.)	darvoza
gate combination (alpsk.)	darvoza birikmasi
gate judge (sp.g.)	darvoza hakami
gauge (shoot.)	o'lchagich
gaviata (synchr.swim.)	o'lchagich
gaviata open 180° (synchr.swim.)	gaviata 180° ochiq
gear; bracket (cycl.)	vites; qavs
gear; transmission (cycl.)	vites; yuqish
gear-change lever (cycl.)	vites o'zgartirish dastagi
gelding (equest.)	otliq
General Association of International Sports Federations (GAIFS)	Xalqaro sport federatsiyalari umumiy assotsiatsiyasi

general difficulty level of the exercise (gymn.)	mashqning umumiy qiyinchilik darajasi
general endurance	umumiy chidamlilik
general false start (sail.)	umumiy noto'g'ri boshlash
general fault	umumiy xato
general fault in performance (art.gymn.)	general fault in performance
general gymnastics	umumiy gimnastika
general level of fitness	umumiy jismoniy tayyorgarlik darajasi
general overall physical activity	umumiy umumiy jismoniy faoliyat
general recall (sail.)	umumiy eslatma
general recall signal (sail.)	umumiy chaqirish signali
general rules	umumiy qoidalar
general sports terminology	umumiy sport
general stretching	terminologiyasi umumiy cho'zish
general table of faults (gymn.)	nosozliklar umumiy jadvali
gentle jogging	yumshoq yugurish
gentle slope (cycl.)	haqida yugurish
gentle swing (gymn.)	yumshoq tebranish

gentlemen’s class (arch.)	janoblar sinfi
German circle dismount (art.gymn.)	Nemis doirasi otdan tushdi
German circle entry (art.gymn.)	Nemis doirasiga kirish
German circle on the end (art.gymn.)	Oxirida nemis doirasi
German circle (art.gymn.)	Nemis doirasi
German followed by Tramlot (art.gymn.)	Nemis tilidan keyin Tramlot
German giant (art.gymn.)	Nemis giganti
German gymnastics	Nemis giganti
gesture	imo-ishora
gesture preceding a throw (sp.g.)	a oldidagi imo-ishora otish
get (to) a permission of the jury	ruxsatini olish hakamlar hay'ati
get (to) advantage	foyda olish
get (to) afloot (sail.)	suzib ketmoq (suzmoq).
hack (to) (equest.)	

	sindirish
hack (to) (f/b)	sindirish
hack; foothold (curl.)	buzish; tayanch
hack; hackney	buzish; Hackney
haka (New Zealand war dance) (rugby)	xaka (Yangi Zelandiya urush raqsi)
hale and hearty	sog'lom va samimiy
half (first; second-) (sp.g.)	yarmi (birinchi; ikkinchi)
half back (midfield) player (f/b)	yarim himoyachi (yarim himoya) o'yinchisi (f/b)
half bent (gymn.)	yarim egilgan (gimnastika)
half bridge (wrest.)	yarim ko'prik (kurash.)
half circle (art.gymn.)	yarim doira (badiiy gimnastika)
half Cuban eight (airsp.)	yarim kubalik sakkiz
half -giant circle (art.gymn.)	yarim gigant doira
half inverted hang; half-reversed suspension (art.gymn.)	yarim teskari osilgan; yarim teskari suspenziya
half inverted upperarm rest (art.gymn.)	yarim teskari yuqori qo'l
half -knee (half-mill) circle (art.gymn.)	yarim tizza (yarim tegirmon)

half knee bend (gymn.)	yarim tizza egilishi
half -kneeling position (gymn.)	yarim tiz cho'kish holati
Half -left face! (gymn.)	Yarim chap yuz
half lever hang (art.gymn.)	yarim tutqich osilgan
half lever support (art.gymn.)	yarim tutqichni qo'llab-quvvatlash
half pipe (snowb.)	yarim quvur
Half -right face! (gymn.)	Yarim o'ng yuz!
half roll (gymn.)	Yarim o'ng yuz!
half seat circle backward(s) in over- grasp extend legs forward and half turn to swing forward in mixed grasp (art.gymn.)	yarim o'rindiqli aylana (lar) orqaga qarab oyoqlarni oldinga cho'zadi va aralash ushlarida oldinga buriling.
half seat circle (art.gymn.)	yarim o'rindiq doirasi
half split	yarim bo'linish
half split, body bent	yarmi bo'lingan, tanasi egilgan
half Steineman (to back support) (art.gymn.)	yarim Steineman (qo'llab-quvvatlash uchun)
half sweeper, anchorman (f/b)	yarim supuruvchi, langarchi

half time; intermission (sp.g.)	yarim vaqt; tanaffus
half -toe position	yarim barmoq holati
half turn from backward (forward) swing (art.gymn.)	orqaga (oldinga) belanchakdan yarim burilish
half turn into handspring full turn out vault (art.gymn.)	yarim turn into handspring full turn out tonoz
half turn jump pirouette from backward swing (art.gymn.)	orqaga tebranishdan yarim burilish sakrash piruet
half turn left (right) (gymn.)	yarim chapga buriling
half turn to rear support (art.gymn.)	orqa tayanchga yarim burilish
half turn travel (art.gymn.)	yarim burilish sayohati
half turntable (tramp.)	yarim aylanuvchi stol
half volley (sp.g.)	yarim voleybol
half; rover (sp.g.)	yarmi; rover
half-breed (equest.)	yarim zotli
half-court line (squash)	yarim maydon chizig‘i
half-court man-to-man press defence	yarim sud odam-to-erkak matbuot himoyasi

half-decked boat (sail.)	yarim qavatli qayiq
half-half vault (art.gymn.)	yarim yarim ombor
half-in double (acr.)	yarim dubl
half-in, half -out (acr.)	yarim kirib, yarmi chiqib
half-inverted position (art.gymn.)	yarim teskari pozitsiya
half-lunge (fenc.)	yarim o'pka
half-pass	yarim o'tish
half-pass (equest.)	yarim o'tish
half-pass in canter (equest.)	kanterda yarim o'tish
half-pass on the diagonal (equest.)	diagonalda yarim o'tish
half-pirouette (equest.)	yarim piruet
half-pirouette (gymn.)	yarim piruet
half-rounder; rounders	yarim dumaloq; dumaloqlar
half-time (sp.g.)	yarim vaqt
half-turn (equest.)	yarim burilish
half-turn (gymn.)	yarim burilish

half-twist performed in a double somersault (acr.)	qo'sh saltoda amalga oshirilgan yarim burilish
half-volte (equest.)	yarim volt
half-way flag (f/b)	yarim yo'l bayrog'i
half-way line; centre line (sp.g.)	yarim yo'l chizig'i; markaziy chiziq
halt (to)	to'xtang
halt (to)	to'xtang
Halt!	to'xtang
halt; stop; pull (to) up (equest.)	to'xtash; To'xta; (to) yuqoriga torting
halter (equest.)	xalta
halter (to) (equest.)	to'xtatib turish
halyard (sail.)	hovli
hammer (athl.)	bolg'a
hammer (curl.)	bolg'a
hammer (shoot.)	bolg'a
hammer blow (v/b)	bolg'a zarbasi
hammer glove (athl.)	bolg'acha qo'lqop

hammer handle	bolg'a tutqichi
ibis – twist (synchr.swim.)	ibis - burish
ibis combined spin (synchr.swim.)	ibis kombinatsiyalangan spin
ibis continuous spin (synchr.swim.)	ibis uzluksiz aylanish
ibis full twist (synchr.swim.)	ibis to'liq twist
ibis spin up 180° (synchr.swim.)	ibis 180° ga aylanadi
ibis spin up 360° (synchr.swim.)	ibis 360° ga aylanadi
ibis spinning 180° (synchr.swim.)	ibis 180° aylanadi
ibis spinning 360° (synchr.swim.)	ibis 360° aylanadi
ibis twirl (synchr.swim.)	
ibis twist spin (synchr.swim.)	ibis twist spin
ice boating; ice yachting	muzli qayiq; muz yaxtasi
ice bowling; curling	muzli bouling; kivrılma
ice climbing	muzga ko'tarilish

ice dancing; ice-dance (f.skat.)	muz raqsi; muz raqsi
ice fishing	muz baliq ovlash
ice hockey	muzli xokkey
ice hockey player	muzli xokkeychi
ice hockey stadium	muzli xokkey stadioni
ice hockey with a ball	to'p bilan xokkey
ice oval (snowmob.)	muz oval
ice practice (icehock.)	muz mashqi
ice sailing; ice boating; ice yachting	muzda suzib yurish; muzni yuklash; muz yaxtasi
ice screw (rockcl.)	muz vint
ice skate sailing	konkida suzib yurish
ice skating	muzda chana uchish
ice skittles	muz qayiqdari

ice sledge	muzli chana
ice sledge, skibob, bobsleigh	muzli chana, skibob, bobsley
ice speedway (bikesp.)	muz tezligi
ice sport	muz sporti
ice surfing	muz surfing
ice track	muz yo'li
ice-axe; ice-pick	muz boltasi; muz yig'ish
ice-boat	muzli qayiq
ice-hockey	muzli xokkey
ice-hockey field (rink)	muzli xokkey maydoni (maydon)
icehok. ice hockey	icehok. muzli xokkey
ice-rink	muz yaxmalak
ice-run	muz yugurish
ice-sailing	muzda suzib yurish

ice-skates	konkilar
icing (ice hok.)	muzlash
ICSS PE, abbrev.from International Council of Sports Science and Physical Education	ICSS PE, qisqartma. Xalqaro sport fanlari kengashi va Jismoniy ta'lim-tarbiya
idea of physical exercise	jismoniy mashqlar haqida fikr
ideal body mass	ideal tana massasi
ideal execution (performance)	ideal ijro (ishlash)
ideal technique	ideal texnika
ideal weight	ideal vazn
identical vault (art.gymn.)	bir xil ombor
ideomotor training session	ideomotor mashg'ulot
ideomotor(ic) method	ideomotor (ic) usuli
ideomotoric exercise	ideomotor mashqlar
igloo (tour.)	iglo
illegal charge (sp.g.)	noqonuniy to'lov

illegal dribble (sp.g.)	noqonuniy dribling
illegal tackle (rugby)	noqonuniy kurash
image, picture (gymn.)	tasvir, rasm
imagination, fancy	xayol, xayol
imbalance	muvozanatsizlik
imitate (to) bear walk (gymn.)	ayiq yurishiga taqlid qilish
imitated pass with spike (v/b)	boshoq bilan taqlid qilingan pas
imitation (simulation) equipment	taqlid (simulyatsiya) uskunalari
imitation game	taqlid o'yini
imitative game	taqlid qiluvchi o'yin
immediate build-up (athl.)	zudlik bilan qurish
immediate control of the training load	o'quv yukini darhol nazorat qilish
immersion	suvga cho'mish
immobility	harakatsizlik

immorality, immoral behaviour	axloqsizlik, axloqsiz xatti-harakatlar
impact (f/b)	ta'sir
impact (sp.g.)	impact
impact (tramp.)	impact
impact point (arch.)	ta'sir nuqtasi
impact point (tablet.)	ta'sir nuqtasi
impede (to) a runner (athl.)	yuguruvchiga to'sqinlik qilmoq
impede (to) an opponent (sp.g.)	raqibga to'sqinlik qilmoq
impetus	turtki
impetus (impetuous) step (r.gymn.)	qo'zg'atuvchi (qo'zg'aluvchan) qadam
implement flight (athl.)	parvozni amalga oshirish
implements (gymn.)	asboblari
impossible (gymn.)	imkonsiz
impression	taassurot
improvement in fitness	fitnessni yaxshilash
impulse	impuls
in a row	ketma-ket

in bounds (f/b)	chegarada
in line with the end line (t.ten.)	oxirgi chiziqqa mos keladi
in locate (art.gymn.)	joyda
in locate (forward) with straight body (art.gymn.)	joyida (oldinga) tekis tanasi bilan
in locate forward to inverted hang and straddle (with half turn) to dismount (art.gymn.)	teskari osilish uchun oldinga o‘rnatilgan va tushirish uchun straddle (yarim burilish bilan).
javelin	nayza
javelin shaft (binding)	nayza mili (bog‘lash)
javelin throw	nayza uloqtirish
javelin thrower	nayza uloqtirish
javelin throwing facility	nayza uloqtiruvchi nayza uloqtirish uskunasi
jerk	jirkanch
jerk (to) the bar (weightl.)	siltab (to) bar (vazn.)
jerk uprise (upstart) (art.gymn.)	qo‘zg‘olon ko‘tarilishi (yuqori boshlash)
jersey (sp.g.)	trikotaj (sp.g.)
jetboat	reaktiv qayiq

jetty (sail.)	iskala (yelkan.)
jianzi jianzi	jianzi jianzi
jib (to); run (to) out (equest.)	jib (to); yugurish (uchun).
jib halyard (sail.)	jib halyard (yelkan.)
jib sheet (sail.)	jib varag'i (yelkan.)
jib; foresail (sail.)	jib; old yelkan (yelkan.)
jibbing; gybing (windsurf.)	jibbing; gybing (shamolda serfing.)
jiggle	tebranish
jiu-jitsu	tebranish
jock, abbrev. from jockey	jock, qisqartma. dan jokey
jockey	jokey
jockey kit (equest.)	jokey to'plami (ot.)
jockeying (f/b)	jokey (f/b)
jodhpurs (equest.)	jodhpurs (ot.)

jog (sp.g.)	yugurish (sp.g.)
jog (to) (athl.)	yugurish (to) (sport.)
jog; jogtrot (equest.)	yugurish; jogtrot (ot.)
jogger	yuguruvchi
jogging	yugurish
joggle (to)	yugurish (uchun)
join (to) the left leg in front (art.gymn.)	oldingi chap oyoqni (to) qo'shing
join (to) the leg (gymn.)	oyoqqa qo'shilish
join; joining part (in an exercise) (art.gymn.)	qo'shilish; qo'shilish qismi (mashqda)
joined legs (gymn.)	birlashtirilgan oyoqlar
joker (sp.g.)	hazilkash
jolt	silkinish
jostle (sp.g.)	qimirlamoq

jostle (to) (sp.g.)	qimirlamoq
jostling (fenc.)	chayqalish
journey	sayohat
joy	quvonch
judge	hakam
judge at the finish (athl.)	finalda hakam (atl.)
judge at the start (athl.)	boshida hakam
judge for difficulties (art.gymn.)	qiyinchiliklar uchun hukm qiling
judge for jumping events (athl.)	sakrash hodisalari uchun hakam
judge for throwing events (athl.)	voqealarni tashlash uchun hakam
judge for walking events (athl.)	yurish voqealari uchun hakam
judge of the course (swim.)	kurs hakami
judge of the stroke (swim.)	qon tomir hakami (suzish.)
judge's uniform	sudya formasi
judge-aligner (row.)	hakam - tenglashtiruvchi

judgement; judges' decision	hukm; sudyalar qarori
judges' board	hakamlar hay'ati
judges' box (equest.)	hakamlar qutisi
judges' consultation (gymn.)	sudyalar maslahati
judges' course	hakamlar kursi
judging	hukm qilish
judging (referee's) error	hakam (hakam) xatosi
judging card	hukm kartasi
judging note (gymn.)	hukm qiluvchi eslatma
judging of the compulsory exercises (gymn.)	majburiy mashqlarni baholash
judging of the optional (voluntary) exercises (gymn.)	ixtiyoriy (ixtiyoriy) mashqlarni baholash
judging panel	hakamlar hay'ati
judo	dzyudo
judo contestant; judoka	dzyudo ishtirokchisi; dzyudochi
judo outfit; judo costume (judogi)	dzyudo kiyimi; dzyudo kostyumi (dzyudogi)
judo-jacket (kimono)	dzyudo ko'ylagi (kimono)

judo-mat (tatami)	dzyudo-mat (tatami)
juggle (to)	uchun jonglyor
juggle (to) a ball	to'p bilan jonglyorlik qilish
juggling	jonglyorlik
ju-jit. ju-jitsu	ju-jit. ju-jitsu
ju-jutsu, ju-jitsu (mart.art.)	ju-jutsu, ju-jitsu
jukende	jukende
jump	sakramoq
jump (athl.)	sakramoq
jump (centre) circle (b/b)	sakrash (markaziy) doira
kart	kart
kart. karting	karting
karting; go-karting; go-karts	karting
Kasamatsu (vault) (art.gymn.)	kasamatsu, yon tomonga burilib 270 salto olish
kata (mart.art.)	uslublar kompleksi
kayak (row.)	kayak (eshk)
kayak four (K-4)	4-kishilik kayak
kayak paddler	eshkakchi

kayak pair (K-2)	2-kishilik kayak
kayak rower	eshkakchi
kayak single (K-1)	1-kishilik kayak
kayaking	kayakda eshkash
kedge anchor; warp anchor (sail.)	verpli langar
keel (boat)	kil (kemaniki)
keel boat (sail.)	killi kema
keel rudder (row.)	kil ruli
keep (to) a clean sheet (sp.g.)	mag'lubiyatsiz o'yin
keep (to) apace (athl.)	tempni saqlash
keep (to) balance	muvozanatni saqlash
Keep the trunk upright!	tekislan
keepaway (freezing) game (sp.g.)	o'yindi sekinlatish taktikasi
keeping the ball (up) in the air (f/b)	koptokni havoda ushlab (f/b)
keeping the ball on the ground (low) (f/b)	koptokni yerda saqlash (f/b)
keirin (cycl.)	velopoyga
kendo (mart.arts.)	kendo (jang)
kenjutsu (mart.arts.)	kenjutsu (samuraylar qilichi)
kentledge (sail.)	doimiy balast
kerb (of the track)	chekka
kettleb. kettlebell	choynakni ko'tarish
kettlebell (girevoy) sport	choynakni ko'tarish sport turi
keyhole (pivot area) defence (b/b)	jarima maydonchasi himoyasi (b/b)
keyhole tipping (shoot.)	oval zarba
kick (swim.)	oyoq zarbasi (suzish)
kick (to)	zarba
kick (to) (equest.)	tepmoq (ot sp)
kick (to) kill (tramp.)	reboundni susaytirish (batutda)
kick (to) the ball accurately (f/b)	to'pga aniq zarba berish (f/b)

kick (to) the ball out (to) (sp.g.)	to‘pni tepib chiqarib yuborish (sp. o‘yin)
kick (to) with the toe (f/b)	butsaning tashqi tomoni bilan tepish
kick from the penalty mark (f/b)	11-metrli jarima maydonchasidan tepish
kick jump (gymn.)	teplib sakrash (gimnast)
kick one half turn (gymn.)	bir (oyoq) 180 ° burilish (gimnast)
kick out (acr.)	salto paytida to‘g‘rilanish holatidan chiqib ketish (akr)
kick to head (karate)	bosh qismiga zarba berish (kar.)
kick up to handstand (gymn.)	orqaga burilib boshqa oyoq bilan qulda turish
kick volleyball; sepak takrow (sp.g.)	”oyoq” voleyboli (sp. o‘yin.)
kick with run up (f/b)	yugurib zarba berish (f/b)
kick with the heel (back heeler) (f/b)	tovondan zarba (f/b)
kick with the instep (f/b)	ko‘tarish zarbasi (futb.)
kick with the knee (opponent) (f/b)	raqibga tizza bilan zarba berish (futb.)
kick(ing)	urish, tepish
kickb. kickboxing	kikboks
kick-board; scater scooter; hally top	samokat
kick-boxing	kikboks
kicker (f/b)	zarba beruvchi
kick-in (Futsal)	to‘pni yonboshdan tepib kiritish (futzal)
kicking (f/b)	tepki
kicking (shot) on the turn (f/b)	aylanib berilgan zarba (futb.)
kicking board (swim.)	suzish taxtasi (suzish)
kicking the ball (b/b)	koptokka oyoq bilan zarba berish (basketb.)
kick-off	o‘yinning boshlanishi
kick-off	boshlang‘ich zarba

kidney punch; kidney blow (box.)	buyrakka zarba berish (boks)
kill (to) time; waste (to) (sp.g.)	vaqtni cho'zish
killing rebound (the bounce) (tramp.)	to'xtatish, sapchib ketishdan song tin olish (bat.)
kind of sport(s)	sport turi
kind of sports dealing with shooting	sportning otish turi
kind of sports requiring abstract mode of thinking	sportning abstract-kompozitsion fikrlash turi
kind of sports requiring complex coordination	murakkab koordinatsiyali sport turi
kind of sports requiring speed and strength	tezlik va kuchga asoslangan sport turi
kind of sports requiring steering skills of transport means	sportning transport vositalarini boshqarish talab qilinadigan turi
kind of water sports	suv sporti
kinematics	kinematika
kinetic structure of movement	harakatning kinetik tarkibi
king (chess)	shoh (shaxm.)
king side (chess)	shoh tarafi (shaxm.)
kingpin (bowl.)	markaziy kegel (shoh) (boul.)
kings bishop (chess)	shoh tarafidagi fil (shaxm.)
kings knight (chess)	shoh tarafidagi ot (shaxm.)
kings pawn (chess)	shoh tarafidagi piyoda (shaxm.)
kings rook (chess)	shoh tarafdagi rux (shaxm.)
kip (hang, support position) (art.gymn.)	bukilgan holat (osilgan va tayangan payt) (sp. gimn.)
kip (tramp.)	orqaga urish quvvatini ko'paytirish uchun batut to'rini sheriklar tomonidan tortilishi; og'zaki: tortish (bat.)

kip catch h/b (art.gymn.)	quyidagi dastadan bukilgan holda yuqoridagi dastaga ko'tarilib, osilish (sp. gimn.)
kip change (art.gymn.)	bukilgan holda ko'tarilib, pastdan dast ushlab olish (sp. gimn.)
kip continuous spin (synchr.swim.)	birgalikdagi vertikal, davomli aylanish (sinx. suzish)
kip full twist (synchr.swim.)	birgalikdagi vertikal, batamom burilish (sinx. suzish)
kip hang position (art.gymn.)	burchak hosil qilib osilish (sp. gimn.)
kip spin up 180° (synchr.swim.)	birgalikdagi vertikal, 180° yuqoriga burilish (sinx. suzish)
kip spin up 360° (synchr.swim.)	birgalikdagi vertikal, 360° yuqoriga burilish (sinx. suzish)
kip spinning 180° (synchr.swim.)	birgalikdagi vertikal, 180° ga aylanish (sinx. suzish)
kip spinning 360° (synchr.swim.)	birgalikdagi vertikal, 360°ga aylanish (sinx. suzish)
kip split (synchr.swim.)	birgalikdagi vertikal, shpagat (sinx. suzish)
kip split closing 180° (synchr.swim.)	birgalikdagi vertikal, shpagat, 180°ga burilib yopilish (sinx. suzish)
lagging (bilj.)	birinchi zarba huquqi uchun kurashish (bilyard)
lame (to) (equest.)	oqsoqlanish (ot sporti)
land (to) (art.gymn.)	Yturnikdan yerga sapchib tushish, sapchish, yerga tushish (sp. gimn)
land (to) (sail.)	quruqlikka chiqib olish (yelkanli sp.)
land (to) a left (box.)	chap oyoq/qo'l bilan zarba berish (boks)
land (to) awkwardly (art.gymn.)	yerga beo'hshov tushish, bejirim tushmaslik (sp. gimn.)
land (to) to a deadstop (art.gymn.)	yerga bejirim tushish; og'zaki: "qoziqdek" tushish (bad. gimn.)
land conditioning (swim.)	quruqlikdagi mashg`ulot (suzish sp.)

land lock (wrest.)	siqish (kurash)
land yachting	g'ildirakli yaxtada suzish
Land-ho! (sail.)	Yer! (yelkanli sp.)
landing	yerga tushish
landing	yerga tushish, yerga sapchib tushish
landing (row.)	qirg'oqqa chiqish (eshkak.)
landing angle	tushish burchagi
landing area	qo'nish hududi
landing area (athl.)	tushish joyi (balandlikka langar chop bilan sakrash) (yengil atl.)
landing area, landing place (athl.)	tushish joyi (yengil atl.)
landing dock (row.)	qirgoqqa chiqib olish ucun mo'ljallangan sol (eshkak.)
landing fault	yerga tushishdagi xato
landing leg (athl.)	oyoqning yerga birinchi tushgan joyi (uchtalik sakrashda birinchi tayanilgan qadamdan so'ng) (yengil atl.)
landing mats (athl.)	sakrash matraslari
landing pier (stage) (sail.)	qirg'oqqa chiqish joyi (elkanli sport)
landing pit (athl.)	sakrash uchun nishab joy (yengil atl.)
landing platform (f/b)	to'pni ko'krak bilan to'xtatish (futb.)
landing position (art.gymn.)	yerga tushish paytidagi tana holati (sp. gymn.)
landing wharf; dock (row.)	kemaga chiqib olish ucun mo'ljallangan sol (eshkak.)
landmark (orient.)	aniq belgi (sharq.)
landyacht	g'ildirakli yaxta
lane	yo'lak (yo'l, trassa)
lane (athl.)	yugurish yo'laki; trassa yo'laki (yengil atl.)
lane (swim.)	yo'lak (suzish uchun)
lane discipline (athl.)	estafeta poygasida yo'laklardan foydalanish tartibi (yengil atl.)
lane line (swim.)	yo'lakning chegara chizig'i (suzish)
lane number	yo'lak raqami

lane rope (swim.)	yo‘lakdagi cheklovlar (cheklov belgilari) (suzish)
lane spaces (places) (b/b)	jarima maydonchasi tevaragidagi joylar (“mo‘ylovcha”lar oraligi) (basketb.)
lane timekeeper (swim.)	yo‘lak sekundomerchisi (suzish)
lane, track	yugurish yo‘lagi, yolak
lanes assignment (swim.)	yo‘laklar taqsimoti (suzish)
lanyard (sail.)	Tasma talrepi (yelkanli sp.)
lap (athl.)	doira (yugurish) (yengil atl.)
lap (sp.g.)	doira, davra (musobalarda) (sp.o‘yinlari)
lap (to) (athl.)	yugurishda bir doira o‘zib ketish (yengil atl.)
lap counting judge; lap scorer	yugurilgan doiralar sonini hisoblovshi; hakam
lap of honour	shon-sharaf doirasi
lap of the track (cycl.)	trek doirasi (velosp.)
lap time	bir doira oraliq masofasining natijasi
lap; round	doira (musobaqa trassalari)
lapbelt (autosp.)	xavfsizlik kamari (avto sp.)
lapel (judo)	kamzul qaytarmasi (djudo)
lapping; tide-rip (swim.)	shaloplatish (suv sachratish) (suzish)
lapta (Russian national game)	lapta (rus milliy o‘yini)
large arms circle (gymn.)	qo‘llar bilan katta doira chizish (gimn.)
large body wave (r.gymn.)	badan bilan katta to‘lqin chizish (gimn.)
large hill trampolin (ski.)	katta (ulkan) trampolin (chang‘i sporti)
large lunge	chuqur hamla
large ribbon circle (r.gymn.)	lenta bilan katta doira
L-arm wave (r.gymn.)	chap qo‘l bilan to‘lqin chizish (badiiy gimn.)
laser dinghies (sail.)	“Lazer”-bir kishilik shvertbot (yelkanli sp.)
last attempt (weightl.)	so‘nggi (nihoiy) hamla (og‘ir atl.)
last competitor (athl.)	so‘nggi ishtirokchi (yengil atl.)

last ditch (desperate) foul (f/b)	chorasizlik qoidabuzarligi, ohirgi umid qoidabuzarligi (futb.)
last lap (athl.)	so'nggi aylana (yengil atl.)
last leg	estafetaning song bosqichi
last post; central peg (croq.)	oxirgi qoziqcha; markaziy qoziqcha (krok.)
last trial (athl.)	so'nggi urinish (yeng. atl.)
lasting endurance	uzoq muddatga chidamlilik
last-shot situation (b/b)	so'nggi hamla holati (basketb.)
late drop (art.gymn.)	kechikkan tushish (sp. gimn.)
late fliffis (tramp.)	180°li burilish bilan ilgariga juft salto (bat.)
late full fliffis (tramp.)	ikkinchi saltoda 360° li burilish bilan ilgariga juft salto (bat.)
late hold (art.gymn.)	kechikkan (vaqti o'tgan) tutib qolish (sp. gimn.)
late start	boshlashda kechikish
late tackle (f/b)	to'psiz hujum
late truffis (tramp.)	uchinchi saltoda 180°ga burilish bilan ilgariga uchtalik salto (bat.)
lateral boundary (fenc.)	yo'lakning yon chegarasi (qilichb.)
lateral deviation (shoot.)	yon tarafdin chetga chiqish
lateral drop sweep (yoke-gake) (judo)	yon tarafdin siltab tortishdan yiqilish (djudo)
lateral fourquarter holddown (yoko-shihogatame) (judo)	Oyoq va kamarni ushlab olib, kondalang ushlab turish (yoko-shiko-gatame) (djudo)
lateral pass (b/b)	yon chiziq bo'ylab uzatish (basketb.)
lateral rise (weightl.)	og'irlikni yon tomonlar orqali yuqoriga ko'tarish (og'ir atl.)
lateral salto	yon tomonlama salto
lateral spike (v/b)	yon tomondan hujum zarbasi (voleyb.)
lateral split	tekis shpagat
lateral stand frontways (art.gymn.)	turnikka yuzni qaratib, yon tomonda tik turish (sp. gimn.)
lateral step	yonga qadam

lateral support on one bar (art.gymn.)	bitta dastakka tayanib, uzunasiga turish (sp. gimn.)
lateral tackling (sp.g.)	to'pni yon tomondan qolga kiritish (sp. o'yini)
lateral travel (art.gymn.)	bevosita kirish yoki chiqish (bad. gimn.)
lateral wheel (yoko-guruma) (judo)	ko'krak orqali irg'itib yiqitish va yon tarafga burash (yon tarafga g'ildirash) (yoko-guruma) (djudo)
lath	chegara
Latin-American dances	Lotin Amerika raqsi
launch (to) a boat	qayiqni suvga tushirish
launch (to) an attack (cycl.)	siltanib oldinga chiqish (hujum boshlash) (velo)
launching (row.)	qayiqni suvga tushirish (eshkak.)
launching (sail.)	suvga tushish (yelkanli sp.)
law, statute	qonun, nizom
lawn	maysazor, o'tloq
lawn bowl. lawn bowling	o't ustida bouling
lawn bowling	bouling maysazori
lawn court	maysazor maydon
lawn with heating	isitiladigan maysazor
lawn-tennis	o't ustida tennis
laws of the game	o'yin qoidalari
lay-away, long swing and back hip circle (art.gymn.)	yuqori dastakka tiralib siltanib osilish va pastki dastakka o'girilib tiralish (sp. gimn.)
lay-back	orqaga egilish
layback (rockcl.)	oyoq va orqaga tayanish (texnik uslub) (qoyaga tirmashish)
lay-in (b/b)	bir qollab halqa ostidan sapchitmay otish (basketb.)
layout (vault) (art.gymn.)	kotarilish (tayanib sakrash) (sp. gimn)
layout back (acr.)	bukilib orqaga salto (akrob.)
layout back catch h/b (art.gymn.)	Korbut halqasi (sp. gimn.)

layout dive; stright dive (div.)	badanni tekis tutib sakrash; egilib sakrash
layout double dismount (art.gymn.)	egilib sapchishli juft salto (sp. gimn.)
layout double salto (art.gymn.)	egilib juft salto (sp. gimn.)
layout inverted hang (art.gymn.)	egilib osilib olish (sp. gimn.)
layout position (gymn.)	egilgan holat (gimn.)
layout side somersault (acr.)	yon tomondan egilgan salto; og‘z. arab saltosi (akr.)
layout somersault (salto) (acr.)	egilgan salto (akr.)
layout to hang (art.gymn.)	tayanib turib siltab osilish (sp. gimn.)
layout to long swing (art.gymn.)	siltab osilish va katta siltov (sp. gimn.)
layout Tsukahara vault (art.gymn.)	egilgan holda tayanchli Sukahara sakrashi; 180° burilishli o‘girilish va ortga engashib salto (sp. gimn.)
layout Tsukahara with full twist vault (art.gymn.)	egilgan holda 360° burilishli tayanchli Sukahara sakrashi (sp. gimn.)
layout; arrangement (sail.)	jihozlar (yelkanli sp.)
layout; course; route (cycl.)	yo‘nalish, yo‘l, trassa (velosp.)
lay-up shot (b/b)	halqa ostida ustundan sapchib, bir qollab zarba berish (basketb.)
lazy-back (acr.)	orqaga davomli salto (akr.)
lazy-back piked (acr.)	bukilgan holda orqaga davomli salto (akr.)
LB, from the low bar (art.gymn.)	pastki dastak (sp. gimn.)
L-balance support (art.gymn.)	burchakli tayanch (sp. gimn.)
lead	boshchilik, tashabbus; ustunlik
lead (to)	oldinda ketmoq (yetakchilik qilmoq)

lead (to) out the anchor (sail.)	langarni olib kelish (yelkanli sp.)
lead (to) the horse (equest.)	otni boshqarmoq (ot sporti)
lead (to) the score (sp.g.)	hisobda oldinda bo'lmoq
lead bullet (shoot.)	qo'rg'oshin o'q
lead group	yetakchilik qilayotgan guruh
lead leg (hurdles)	yetakchi oyoq (to'siq osha yugurish)
lead motorcycle (cycl.)	velosipedchilar kolonnasi boshidagi ogohlantiruvchi mototsikl (velosp.)
lead official (only in the USA) (Am. f/b)	oldingi chiziq arbitri (faqat AQSH da) (amer. futb.)
lead pass	ilk uzatish, pas
lead pellet (shoot.)	sochma o'q (o'q otish sp.)
lead player; point guard; play maker	yetakchi o'yinchi
lead weight (equest.)	qo'rg'oshin og'irliklar, qo'rg'oshin parchalar (ot sp.)
leader	yetakchi
leader (athl.)	yetakchi (atl.)
leader in the race	yugurishda yetakchi
leader of the team; team leader (manager)	guruh yetakchisi, boshqaruvchisi
leadership	yetakchilik, liderlik.
leading blow; preferred blow (box.)	shohona zarba (boks)
leading competitor	musobaqa yetakchisi
leading group; leading bunch	yetakshi guruh, bosh guruh
leading leg, swinging leg	kuchli oyoq
leading light; leading marks (sail.)	yetakchi chiroqlar
leading line (sail.)	yetakchi chiziq (yelkan.)
leading the receiver (b/b)	topni qabul qilishda yetakchilik (basketb.)
leading wind	hamroh shamol

leading world mark for the season	dunyo bo'yicha mavsumning eng yahshi ko'rsatgichi
lead-off (sp.g.)	o'yinni boshlab beruvchi o'yinchi
lead-up activities	tayyorgarlik davridagi mashg'ulot
lead-up exercises (skills)	kirish qismi mashg'ulotlari (ko'nikmalar)
lead-up games (Am.)	kirish qismi o'yinlari (AQSH)
league (division) (b/b)	liga (basketb.)
leak (sail.)	oqish (yelkan.)
leak; leakage (sail.)	suv sizishi (yelkan.)
lean (to) on the opponent	raqibga tayanish
lean (to) on the ropes (box.)	kanatga tayanib qolish (boks)
leaning hang (gymn.)	uzala tushib osilib turish (gimn.)
leaning position (gymn.)	yotgan holat (gimn.)
leaning support (gymn.)	yotgan holda tayanish (gimn.)
leaning support rearways (gymn.)	yotgan holda ortdan tayanish (gimn.)
leaning; trunk bending	egilish, qiyalik
leap	odimli sakrash
leap with full turn (gymn.)	piruetli sakrash, oyoq uchida 360° burilishli sakrash (gimn.)
leap-frog (game)	cheharda (o'yin)
leaping cartwheel (gymn.)	sakrab yonga o'girilish (gimn.)
learning in the belt (art.gymn.)	mashqni havfsizlik kamari bilan o'rgatish (bad. gimn.)
make a flat (div.)	suvga yuztuban yiqilish (yelkan.)
Makkabiade	makkabiade
malfunction (shoot.)	qurolning vaqtincha to'htab qolishi (o'q otish.)
malfunction (shoot.)	qurolning nosozligi (o'q otish.)
mallet	kroket klyushkasi
Maltese cross (art.gymn.)	Malta hochi (bad. gimn.)
man	shahmat donasi; shashka
man marker (sp.g.)	markyor (sp. o'yinlar)

man of the match (sp.g.)	matchning eng yahshi o'yinchisi (sp. o'yinlari)
Man overboard! (sail.)	Suvda odam bor! (yelkanli sp.)
man target (silhouette) (shoot.)	odam shaklidagi hishon (o'q otish)
management of a training process	sportga tayyorgarlikni boshqarish
management of sports training	sport mashg'ulotini boshqarish
manager (team)	jamo'a boshqaruvchisi
manager of the competition	musobaqalar boshqaruvchisi
mane	yol
manege, riding hall, arena	otda yurish uchun arena
manner of execution	amalga oshirish uslubi
manoeuvre	manevr
manoeuvre (acrobatic)	uzluksiz bajarilgan sakrash (akrobatik)
manoeuvre (to) (sail.)	manevr qilish (yelkanli sp.)
manoeuvring (sail.)	oralab o'tish
man-to-man defence	to'sish
man-to-man marking (checking)	shahsiy otaliq
man-to-man tussle	yakkakurash turi
manual resistance exercises	sherik qarshiligini yorib o'tish mashqlari
manual timekeeping (swim.)	natijani manual hronometrda qayd qilish (suzish)
marathon	marafon
marathon course	marafon trassasi
marathon runner	marafonchi
march (gymn.)	marsh (gimn.)
march (to) in file	qatorda borish
march in (athletes) (art.gymn.)	tizilgan holda chiqish (bad. gimn.)
march in place (on the spot) (military)	turgan yerida odim tashlash
march off (art.gymn.)	tahtasupadan ketish (bad. gimn.)
march on the platform (art.gymn.)	tahtasupaga chiqish (bad. gimn.)

march, parade (athletes)	sportchilar paradi
marching (military)	safda yurish
marching exercises (gymn.)	harakatli mashqlar (gimn.)
marching step (gymn.)	safda odim tashlash (gimn.)
mare	biya
mariner's knot (sail.)	dengiz tuguni (yelkan.)
maritime combined events	dengiz ko'pkurashi
mark (athl.)	start chizig'i (yengil atl.)
mark (athl.)	belgi (yengil atl.)
mark (athl.)	dastaning izi (yengil atl.)
mark (gym.)	ball (gimn.)
mark (left by the ball) (ten.)	to'p izi (ten.)
mark (to) L-position	L-pozitsiyani belgilash
mark (to) out with beacons (sail.)	yonadigan belgilar bilan qayd qilish (yeklanli sp.)
mark (to) position (art.gymn.)	holatni qayd qilish (bad. gimn.)
mark (to) the holes (arch.)	urilgan mo'ljalni belgilash (kamon)
mark awarded	baho (sakrash)
mark for the feet (arch.)	oyoq uchun belgi (kamon)
mark made in a throw (athl.)	dastaning tushgan nuqtasini belgilash (yeng. atl.)
mark slip (art.gymn.)	hakam yozuvi (baholar) (bad. gimn.)
Mark time march!	Turgan yerida odim tashla!
mark vessel (sail.)	belgi yonida hakam kemasi (yelkan. sp.)
mark vessel (sail.)	belgi yonidagi kema (yelkan. sp.)
Markelov (art.gymn.)	Markelov (bad. gimn.)
marker	belgi qoziqchasi
marker (bilj.)	markyor (bilyard)
marker (to indicate the number of the fouls) (sp.g.)	qoidabuzarlik soni ko'rsatgichi
marker (white; yellow; red)	markirovka (oq; sariq; qizil)

marker flag indicating the Olympic record (athl.)	olimpiada rekordini bildiruvchi bayroqcha (yeng. atl.)
marker flag indicating the qualification norm (athl.)	kvalifikatsiya me'yorini bildiruvchi bayroqcha (yeng. atl.)
marker flag indicating the world record (athl.)	dunyo rekordini bildiruvchi bayroqcha (yeng. atl.)
marking	belgilash
marking (sp.g.)	belgilash (sp. o'yinlari)
marking buoy	belgi "buyi"
marking code	baholash tizimi
marking defensive pressure (f/b)	pressing (himoya usuli) (futb.)
marking line	belgi chizig'i
marking of the course	trassaga belgi qoyib chiqish
marking of the court	maydonchaga belgi qoyib chiqish
marking pit (shoot.)	mo'ljallar chizig'i (o'q otish)
marking time (wrest.)	badan og'irligini solish (kurash)
markings of the field	maydonni belgilash
markings on the floor (sp.g.)	yerdagi belgilar (sp. o'yin.)
marks dropped (art.gymn.)	bekor qilingan baholar (hakamlikda) (bad. gimn.)
marksman (shoot.)	mergan (o'q otish)
marksmanship (shoot.)	aniq mo'ljal (o'q otish)
marquee	chodir
marshal	bosh hakam
mart.arts. martial arts	jang turlari; jang turlari
martial art	jang turi
martingale (equest.)	martingal (ot sp.)
mascot	tumor
mask (fenc.)	qilichboz niqobi (qilichb.)
mass competitions	ommaviy musobaqalar
mass exercises (gymn.)	ommaviy mashqlar (gimn.)
mass fall	ommaviy yiqilish
mass gymnastics	ommaviy gimnastika
mass media	ommaviy ahborot vositalari

mass race (athl.)	ommaviy chopish (yengil atl.)
mass sport	ommaviy sport
mass start	umumiy start
massage	uqalash
massage bath	uqalovchi vanna
massed practice	tig'iz mashg'ulot
masseur	uqalovchi
mast (sail.)	machta (yelkan.)
mast head (sail.)	machta boshi (yelkan.)
mast leg (strut) (sail.)	machta tayanchi (yelkan.)
master (to) skill	ko'nikmani mahorat bilan egallash
master judge	katta hakam
Master of International Class	halqaro toifadagi usta
Master of sport	sport ustasi
master sports, old-age sports, senior sports, sports for seniors	ustalar sporti, veteranlar sporti, senyorlar sporti
mastering	egallash
master's degree (dan) (judo)	ustalik darajasi (dan) (djudo)
Masters' competition	ustalar musobaqasi
mastery	mahorat
mat	matras
mat centre (wrest.)	matras markazi (kurash)
mat chairman (wrest.)	matrasdagi hakam (kurash)
mat escape (judo)	matrasni tark etish (djudo)
mat ski jumping	tramlindan sakrash
mat tumbler (acr.)	matrasda sakrovchi (akr.)
match (play, game)	match
match abandoned before time	vaqtdan ilgari tugagan match
match ball	hal qiluvchi to'p
match calendar, fixture table (list)	matchlar taqvimi
match commissioner	match komissari
match day	match kuni

match director	match komendanti
match inspector (supervisor)	match inspektori
match officials (sp.g.)	hakam guruhi (sp. o'yin.)
match point; match ball	matchboll
match report	match hisoboti
match suspension	match diskvalifikatsiyasi
match system; match formation	match tizimi
matchmaker	musobaqa uyushtiruvchi
match-related offence (Am. offense)	match bilan aloqador qoidabuzarlik
match-rigging	kelishilgan o'yin
match-up (flexing) zone defence (Am. defense) (b/b)	o'zgaruvchan himoya hududi (basketb.)
match-up (sp.g.)	o'zaro avaylash (sp. o'yin.)
mate (checkmate), a mate by knight (chess)	mot, ot bilan mot (shahm.)
mate (chess)	mot (shahm.)
mate (to) (chess)	mot e'lon qilish (shahm.)
material value (of the composition) (art.gymn.)	kompozitsiyaning murakkablik darajasi (bad. gimn.)
mathematical games	matematika o'yinlari
mattress (athl.)	matraslar
mat-tumbling (acr.)	akrobatik sakrash (akr.)
maul (rugby)	moul (to'p uchun guruh kurashi) (regbi)
maxi basketball	maksi basketbol
Maxi Basketball World Championship	Maksi basketbol dunyo chempionati
maxi speed skating tetrathlon	konkili katta tetratlon
maximum increasing of the weight	maksimum yuklash
maximum possibilities	maksimum imkoniyatlar
maximum speed	maksimum tezlik
maximum strength	maksimum quvvat

maximum weight	maksimum vazn
maypole swing	ulkan odimlar
means of sports preparation	sport tayyorgarlik vositalari
means of sports training	sport mashqlari vositalari
measure	o'lchov
measure (music)	musiqa maqomi
measure (to) the approach (athl.)	sakrashdan oldingi razbegni o'lchash (yengil atl.)
measure of tolerance (arch.)	o'lchovda ruhsatlar (kamon.)
measure of warm-up	qizib olish mashqlari
measured rhythm (equest.)	vazmin marom (ot sp.)
measurement	o'lchash
measurement certificate (sail.)	o'lchov sertifikat (yelkan.)
measurement committee (sail.)	o'lchov komissiyasi (yelkan.)
measurement of field events (athl.)	natijalarni o'lchash (yengil atl.)
measurement of the distance	masofalarni o'lchash
measurement of the implements (athl.)	dastalarni o'lchash (atl.)
measurer (athl.)	o'lchovchi hakam (yengil atl.)
measurer (sail.)	o'lchma (yelkan.)
measuring	o'lchov
measuring	o'lchov
measuring diameter for a discus	disk hajmini tekshirish uchun shablon
measuring diameter for a hammer	bolg'a hajmini tekshirish uchun shablon
measuring diameter for a shot	yadro hajmini tekshirish uchun shablon
measuring instrument	o'lchov vositasi
measuring of training loads	mashg'ulot nagruzkasi o'lchovi

measuring stick; measuring rod	o'lchov plankasi
measuring tape	o'lchov lentasi
medal	medal
medal rankings	medallar tablitsasi
medal winner; medallist	medalist
media (sports)	sport ommaviy ahborot vositalari
medical assistance	tibbiy yordam
medical check-up	tibbiy ko'rik
medical code	tibbiy talablar
Medical Commission of IOC	HOQ tibbiy komissiyasi
medical massage	tibbiy massaj
medical officer	tibbiyot hodimi
medical room	medpunkt
medically-biological rehabilitation means of working capacity	samaradorlikni tiklashning tibbiy-biologik vositalari
medicine ball	meditsinbol
medium (range) distance (athl.)	o'rtacha masofa (yengil atl.)
medium difficulty (element) (art.gymn.)	o'rtacha murakkab (element) (bad. gimn.)
medium error (art.gymn.)	o'rtacha hato (bad. gimn.)
medium triathlon	o'rta triatlon
medium trot (equest.)	o'rtacha yugurish (ot sp.)
medium walk (equest.)	o'rtacha odim tashlab yurish (ot sp.)
medium-term endurance	o'rtacha davomiylikdagi og'irlikka chidash
medley relay	murakkab estafeta
medley swimming	murakkab suzish
medley turn	murakkab burilish
megaphone	megafon
men's all-around champion (art.gymn.)	erkaklar ko'pkurashi chempioni (bad. gimn.)

men's all-around gymnastics	erkaklar gimnastika ko'pkurashi
men's doubles (ten.)	erkaklar jufti o'yinlari (ten.)
men's gymnastics	erkaklar gimnastikasi
men's pair (acr.)	erkaklar jufti mashqlari (akr.)
men's single (ten.)	erkaklar yakka o'yini (ten.)
men's team	erkaklar jamoasi
men's tennis	erkaklar tennisi
men's tumbling (acr.)	erkaklar akrobatikasi (akr.)
men's-four; men's-four; men's quartet (acr.)	erkaklar to'tligi (akr.)
menacing fall situation (wrest.)	keskin holat (kurash)
Menichelli flip (art.gymn.)	Menichelli o'mbalog'i (bad. gimn.)
men's teeing area (golf)	chuqurchaga birinchi zarba beruvchi erkaklar maydoni (golf)
mental capacity for work	aqliy iqtidor
mental fatigue	aqliy horg'inlik
mental practice	aqliy mashqlar
mental training	aqliy mashg'ulotlar
national referee; referee of national category	milliy kategoriyadagi sport hakami
national sports federation	Milliy sport federatsiyasi
national team	mamlakat terma jamoasi
Nations Cup	Millatlar kubogi
natural ability	tabiiy xususiyatlar
natural exercises	tabiiy mashqlar
natural fundamental posture (judo)	tabiiy asos stoyka
natural gymnastics	tabiiy gimnastika
natural hazards (golf)	tabiiy to'siqlar (golf)
natural lawn	tabiiy maysa
natural light(ing)	tabiiy yorug'lik
natural mistake	tabiiy hato
natural movement	tabiiy harakat
natural obstacle (equest.)	tabiiy to'siq (ot sp.)

natural turf (pitch)	tabiiy qoplam, maysa
naturalness	tabiiylik
nature	tabiat
nature of the foul	qoidabuzarlik turi
nautical mile; sea mile	dengiz milyasi
navigable (waters)	kema yuradigan
navigation	navigatsiya
navigation lights of sportsboats in coastal and inshore waters	ichi va qirg‘oqoldi suvlaridagi sport qayiqlarining navigatsiya chiroqlari
navigation rules (sail.)	kemasozlik qoidalari (yelkan. sp.)
navigator (yacht.)	shturman (yelkan. sp.)
near	eng yaqin
near block	yaqin blok
near post (f/b)	darvozaning eng yaqin oyoqqozig‘i (futb.)
near rail (art.gymn.)	eng yaqin dasta
near-end handspring with full turn vault (art.gymn.)	eshakning eng yaqin qismiga tayanib, ilgariga 360° burilishli ag‘darilish (bad. gimn.)
near-end Hecht vault with full turn (art.gymn.)	eshakning eng yaqin qismiga tayanib, 360° burilishli uchish (bad. gimn.)
near-end straddle vault (art.gymn.)	eshakning eng yaqin qismiga tayanib, oyoqlarni kerib sakrash (bad. gimn.)
nearest reserve	eng yaqin zahira
nearside backhand shot (polo)	chap tarafdin ters zarba (ortga) (polo)
neat	mahoratli
neat (div.)	suvga bejirim (sachratmay) kirish
neat execution (gymn.)	xatosiz, toza bajarish (gimn.)
neatly	bejirim
neatness	bejirimlik
neck	bo‘yin
neck (vault) (art.gymn.)	eshakning tayanch sakrashlar uchun eng uzoq qismi (bad. gimn.)
neck flap (neck guard) on the fencing mask (fenc.)	bo‘yin himoyasi uchun maskaning qalqonchasi (qilichb.)

neck flip (art.gymn.)	yaponcha flyak (bad. gimn.)
neck hold (wrest.)	bo'yinni ushlab olish (kurash)
neck hold and leg trip (wrest.)	yondan tushirish (kurash)
neck inverted piked support (art.gymn.)	kurakdan egilib tayanish (bad. gimn.)
neck kip to sitting position (art.gymn.)	o'tirgan holda kuraklarni egib, tayangan holda bulilib ko'tarilish (bad. gimn.)
neck kip with half turn through momentary handstand to front leaning support (art.gymn.)	kuraklarni egib, 180°ga burilib, qo'lda tik turgan holda tayanib egilgan holda ko'tarilish (bad. gimn.)
neck kip with half turn to still handstand (art.gymn.)	kuraklarni egib, 180°ga burilib, tauanib egilgan holda ko'tarilish va qo'lda tik turgan holga o'tish (bad. gimn.)
neck of the oar (paddle) (row.)	eshkak bo'yni (eshkak.)
neck-and-neck race (row.)	tegib ketgudek ketma-ket suzish (eshkak.)
neck-and-shoulder stand (gymn.)	kurakka tayanib tik turish (gimn.)
need help (sail.)	yordamga ehtiyoji bor bo'lish (yelkan. sp.)
need, want	extiyoj
needele (alp.)	qoya
needle (orient.)	kompas mili
needle scale (gymn.)	bir oyoqda shpagatda muvozanat (gimn.)
needle scale, holding the leg (gymn.)	oyoqni ushlab olib, bir oyoqda shpagatda muvozanat (gimn.)
Nelly Kim vault (art.gymn.)	Nelli Kim sakrashi (bad. gimn.)
nelson (wrest.)	nelson (kurash priyomi)
neoprene wetsuit (subaquat.)	akvalangchining issiq tutvchi kiyimi (suvosti sp.)
nervous fatigue	asab horg'inligi
nervous load	asab nagruzkasi
nervous system	asab tizimi
nervousness	asabiylik

nervous-physical stress	hissiy so'riqish
nest hang (gymn.)	qush uyasi (gimn.)
net (b/b)	savat to'ri (basketb.)
net (sp.g.)	to'r (sp. o'yin.)
net (to) (sp.g.)	to'rga ilinish (sp. o'yin.)
net (to) a goal (f/b)	to'pni to'rga to'grilash (futb.)
net (v/b)	to'r (voleyb.)
net cable (v/b)	to'rning chozilib ketishi (voleyb.)
net fault (v/b)	to'rga tegish (voleyb.)
net height (v/b)	to'r balandligi (voleyb.)
net judge (v/b)	to'r oldidagi hakam (voleyb.)
net loop (sp.g.)	to'r yacheykasi (sp. o'yin.)
net post (sp.g.)	to'r oyoqqozig'i (sp. o'yin.)
net pulley (v/b)	to'r rigeli (voleyb.)
net serve (ten.)	to'rga tekkazib uzatish (ten.)
net strap (ten.)	to'rning markaziy tarangligi (ten.)
net support	to'rning tayanch qozigi
net tape	to'r lentasi
net width	to'r kengligi
net winch	to'rning rigel mexanizmi
net winch (v/b)	to'rni tortish mexanizmi (voleyb.)
Net! (v/b)	To'r! (voleyb.)
net/b netball	netb. netbol
netball (sp.g.)	netbol (sp. o'yin.)
netball; korbball (sp.g.)	netbol; korbol (sp. o'yin.)
net-minder (sp.g.)	darvozabon (sp. o'yin.)
neutral corner (box.)	neytral burchak (boks)
neutral court (sp.g.)	neytral maydon (sp. o'yin.)
neutral referee	neytral hakam
neutral throw (sp.g.)	hakam tashlashi (sp. o'yin.)
neutral zone	neytral hudud
new ball (sp.g.)	yangi (almashtirilgan) to'p (sp. o'yin.)
new Tsukahara (art.gymn.)	Tsukaxara sakrashi (bad. gimn.)
NFL, abbrev. from National Football League (Am.)	Amerika futboli milliy ligasi

NHL, abbrev. from National Hockey League	Milliy xokkey ligasi
nibliek (golf)	klyushka (golf)
nick stroke (realten.)	devor va pol orasidagi burchakka zarba berish (realten.)
night orientering (orient.)	tunda mo'ljal olish (orient.)
nil-nil draw (sp.g.)	hisob nolu-nol durang (sp.o'yin.)
nimble	chapdast
nine (baseb.)	9 kishilik jamoa (beysb.)
ninepins (sp.g.)	kegli oynash (sp. o'yin.)
No ball! (crick.)	Hisoblanmaydi! (krik.)
no basket (b/b)	otilgan to'p hisobga kiritilmadi (basketb.)
no height achieved (athl.)	balandlikdan o'tilmadi
No hit! (fenc.)	Sanchish hisobga o'tmadi! (qilichb.)
No lift! (weightl.)	Vazn hisobga o'tmadi! (og'ir atl.)
no limits discipline (underwat.swim.)	cheklovsiz sho'nghish (suvosti sp.)
No-ball! (rounders)	To'p hisobga o'tmadi! (rounder)
nobble (to) (equest.)	otga nuqson etkazish (ot sp.)
nobbled (equest.)	ataylab nuqson etkazilgan ot (ot sp.)
NOC, abbrev. from National Olympic Committe	Milliy Olimpiya qo'mitasi
nock (of the arrow) (arch.)	nayzada kamalak ipi uchun botiq (kamon. o'q otish)
nock (to) (arch.)	kamon tortish (kamon. o'q otish)
no-go area (f/b)	ta'qiqlangan zona (futb.)
no-hand headstand (acr.)	qol yordamisiz boshda turish (akr.)
no-hand roll mount (art.gymn.)	sakrashdan ilgariga sapchib, qol yordamisiz o'mbaloq oshish (bad. gimn.)
No-jump! (athl.)	sakrash hisobga o'tmadi (yeng. atl.)
nominate (to) judges	hakam tayinlash
nominee judge	hakamlikka tayinlangan hakam
non-abrasive surface (futsal)	polning silliq yuzasi (futsal)

non-appearance	hozir bo'lmaslik
non-combativity (judo)	sustlik (djudo)
non-cyclic event (exercise)	atsiklik ko'rinish (mashq)
none anchor (arch.)	burunga tegish (kamon. o'q otish)
non-keeping the distance of three metres	3m qoidasiga amal qilmaslik
non-national player	xorijiy o'yinchi
non-observance of the command "Break!" (box.)	"Breyk!" komandasiga bo'ysunmaslik (boks)
non-official point-out	norasmiy hisob
nonprofessional (athlete)	havaskor sportchi
non-scoring area (arch.)	ochkosiz zona (kamon. o'q otish)
non-skid surface; non-slip-surface	sirpanmas yuza
non-skid surfacing (of the platform/board) (div.)	sirpanmas yuza
non-skid tyre	sirpanmas shina
non-standard course (distance)	nostandart masofa
non-stop	uzluksiz
non-stop-set	tezlik bilan tushish
non-swimmer	suzishni bilmagan odam
non-swimmers' pool	suzishni bilmaganlar uchun sayoz basseyn
non-valid hit (fenc.)	hisobga o'tmagan sanchish (qilichb.)
Nordic combination (ski.)	simoliy ikkikurash (changi sp.)
nordic walking; nordic fitness	tayoq bilan sayr
norm	normativ
norm of behaviour	xulq normasi
normal front support (art.gymn.)	ilgariga tayanish (bad. gimn.)
normal stand (standing position)	asosiy stoyka
norm-referenced test	solishtirish testi

north shore style (mount.bik.)	nort-shor, g'ovli tog' trassasidan kechib o'tish (mauntinbayk)
nose clip (underwat.swim.)	burun siqma (suvosti. suzish)
nose tack (windsurf.)	taxta uchini suvga botirib, quyruqni ko'tarib qayrilish (vindserf.)
noseband (equest.)	jilov (ot sp.)
Not in order! (v/b)	Navbati emas! (voleyb.)
note (shido) (judo)	tanbeh (djudo)
notice board	ma'lumotlar tablosi
notice of the participation in the Olympic Games	Olimpiya o'yinlarida qatnashishni tasdiqlash
noticeable bending of arms (art.gymn.)	qolni sezilarli darajada egish (bad. gimn.)
noticeable error (art.gymn.)	sezilarli xato (bad. gimn.)
noticeable spreading of legs (art.gymn.)	oyoqni sezilarli kerish (bad. gimn.)
noticeable touching (art.gymn.)	sezilarli tegish (bad. gimn.)
nourishing mixture	to'yintiruvchi ichimlik
nourishment, nutrition	ovqatlanish
nova combined spin (synchr.swim.)	nova, birlashtirilgan vint (sinxr. suzish)
nova continuous spin (synchr.swim.)	nova, davomiy aylanish (sinxr. suzish)
nova full twist (synchr.swim.)	nova, to'liq vint (sinxr. suzish)
nova spin up 180° (synchr.swim.)	nova, 180° yuqoriga vint (sinxr. suzish)
nova spin up 360° (synchr.swim.)	nova, 360° yuqoriga vint (sinxr. suzish)
nova spinning 180° (synchr.swim.)	nova, 180°ga aylanish (sinxr. suzish)
nova spinning 360° (synchr.swim.)	nova, 360°ga aylanish (sinhr. suz.)

nova twirl (synchr.swim.)	nova, girdob (sinhr. suz.)
nova twist spin (synchr.swim.)	nova, buralish vinti (sinhr. suz.)
nove; hub (cycl.)	g'ildirak kegayi (velosp.)
novice (gymn.)	yangilik (gimn.)
novus	novus
novus novus	novus novus
null (gymn.)	nol baho (gimn.)
nullify (to) the mark (gymn.)	bahoni bekor qilish (gimn.)
nullity (to)	bekor qilish
number (athlete's)	start raqami (ishtirokchi raqami)
number (of each runner) (equest.)	start raqami (ot sp.)
number (to) off (gymn.)	hozir bo'lganlarni raqami orqali tekshirish (gimn.)
number card	raqamli kartochka
number of the decathlon points	o'nturash ochkolari miqdori
number of the kilometers (Am. kilometres) covered	kilometraj
number of the kilometres (Am. kilometres) covered in a week	haftalik kilometraj
number of the lane (athl.)	yo'lak raqami (yeng. atl.)
number of the participant in a contest	musobaqa ishtirokchisi raqami
number of the pentathlon points	pentatlonda ochkolar miqdori
number of the set	set raqami
number of the sets	setlar soni
numbered cap (w.polo)	raqamli qalpoq (suv polosi)
numbering of the targets (shoot.)	mo'ljallarni raqamlash (o'q ot.)

numerical inferiority line-up (w.polo)	son jihatdan kam o'yinchilarni joylashtirish (suv polosi)
numerical inferiority team (sp.g.)	son jihatdan kam jamoa (sp. o'yin.)
numerical superiority line-up (w.polo)	son jihatdan ustun o'yinchilarni joylashtirish (suv polosi)
numerical superiority team (sp.g.)	son jihatdan ustun jamoa (sp. o'yin.)
numnah; saddle cloth (equest.)	terlik (ot sp.)
Nunchaku (mart.arts.)	nunchak (yakka kurash)
nursery slope (ski.)	yangi o'rganganlar uchun trassa
nut (cycl.)	murvati (velos.)
nutmeg (to) (f/b)	raqib oyoqlari orasidan to'pni olib o'tish (futb.)
nutrition regime	ovqatlanish rejimi
nape-kip, neck-kip to stand	bo'yinni bukib ko'tarilish
oar	ikki kurakchali uzun eshkak
oar (scull)	ikki kurakchali uzun eshkak
oar boat	eshkakchilar bir eshkakda eshadigan qayiq
oarage	eshkaklar komplekti
oar-button; scull-button (row)	eshkak cheklagichi (eshkak.)
oarer, oarsman	eshkak eshuvchi
oarlock, swivel	eshkak qulog'i
Oars! (row.)	Eshkakni qurit! (eshkak.)
oars, rudder	rul
oarsmanship	eshkak eshish mahorati
oass to leeward (sail.)	shamol hamrohligida ketish (yelkan. sp.)
oath	qasam
obedience of the horse (equest.)	otning chavandozga itoati (ot sp.)
object ball (bilj.)	mo'ljal shar (bilyard)
objective evaluation (judging)	xolis baholash, hakamlik
objective of research	tadqiqot maqsadi

objectives of sports training	sport tayyorgarligi maqsadi
objectivity	holislik
obligations of the members	Xartiya a'zolari majburiyatlari
obligatory exercise	majburiy mashq
obligatory program(me)	majburiy dastur
obligatory routine	majburiy mashq
obligatory session (obligatory)	majburiy dastur musobaqalari
obligatory vault	majburiy tayanch sakrash
oblique	qiya, nishab
oblique approach	dastaga burchakdan yuzlanib zarb bilan yugurish
oblique back sitting	sonida o'tirish
oblique body bent lunge	qiya egilish
oblique jump (equest.)	qiyalab sakrash (ot sp.)
oblique rope	qiya kanat
oblique vault (gymn.)	dastaga burchakdan yuzlanib zarb bilan yugurish (gimn.)
obliquely left (right)	dastaga nisbatan yarim burilish (o'ng)
observation	kuzatuvchanlik
observation	kuzatuv
observation trial (bikesp.)	mototrial (mototsikl.)
observative training	vizual obrazlar asosida mashq qilish
observe (to)	qoidalarga amal qilish
observe (to) Rules and Regulations	qonun va nizomga amal qilish
observer	vakil
observer, umpire	kuzatuvchi sudya
obstacle	g'ov
obstacle course	g'ovlar chizig'i
obstacle flags	to'siq bayroqchasi
obstacle gymnastics	g'ovlarning gimnastik chizig'i
obstacle judge	g'ov yonidagi sudya
obstruct (to) a competitor	raqibga to'sqinlik qilish
obstruction (sp.g.)	to'sib qo'yish (sp. o'yin.)

obtain (to)	erishmoq
obtain (to) a prize	mukofotga erishish
obvious fall down	oshkora yiqilish
oche (darts)	uloqtirish chizig'i (darts)
O-connection	original bog'liqlik
octave	oktava
odd contestant (participant)	musobaqalarning zahira qatnashchisi
odds (given)	imkon berish
odds (price, starting price, price offered)	tikish
ode	qasida
Ode for sports	Sport qasidasi
O-element	original element
off -balance	muvozanatni boy berish
off leap	muvozanatni boy berib sakrash
off position	muvozanatni yaxhi tuta olmaslik
off side (crick.)	maydonning tashqi yarmi (krik.)
off the wind (sail.)	hamroh shamol bilfn (yelkan. sp.)
off-balance whirl	tayanchsiz buralish
off-cutter (crick.)	to'p yo'nalishini to'pni qaytarayotgan odamga nisbatan o'zgartirish (krik.)
offence (amer.offense)	qoida buzilishi
offence system (sp.g.)	o'yinda hujum tizimi (sp. o'yin.)
offender	qoida buzgan sportchi
offending team	qoida buzgan jamoa
offensive	hujum
offensive action	hujumkor harakat
offensive block	faol blok
offensive boxer	hujumkor bokser
offensive player	hujum o'yinchisi
offensive rebound (b/b)	hujumda sapchib ketgan to'pni olish (basketb.)
offensive tactics	hujum taktikasi
offer (to) help (sail.)	yordam taklifi (yelkan. sp.)
offer (to) resistence (sail.)	qarshilik ko'rsatish (yelkan. sp.)

off-flight (art.gymn.)	tayanch sakrashining ikkinchi fazasi (sp. o‘yin.)
official time-out (gymn.)	hakam tanaffusi (gimn.)
Office of the Medical Commission	Tibbiy hay‘at qo‘mitasi
official	rasmiy shahs
official	rasmiy shahs
official announcer	habar tarqatuvchi hakam
official ball	rasmiy to‘p
official ceremonies	rasmiy marosimlar
official contest	rasmiy match
official group	rasmiy guruh
official person	rasmiy shaxs
official record	rasmiy rekord
official results of the competition	rasmiy natijalar
official surveyor (sail.)	o‘lchovchi hakam (yelkan. sp.)
official training	dastalarni sinash
official training at the competition site	musobaqa yerida dastalar sinovi
official training session	rasmiy mashg‘ulot
officials’ car (cycl.)	hakam avtomobili (velosp.)
officiating	hakamlik
officiating; refereeing (box.)	hakamlik
off-mat position (wrest.)	“gilamdan tashqarida” holati
off-piste (off-track) skiing	chang‘ida chang‘i yolidan tashqarida uchib tushish
off-road motorcycle racing (bikesp.)	mototsikl- vnedorojniklar poygasi
off-road rallying (autosp.)	vnedorojniklar rallisi (avtosp.)
off-road shoes (athl.)	krossovka (yeng. atl.)
off-road tyre (autosp.)	vnedorojnik shinasi (avtosp.)
off-road vehicle	vezdexod
offshore class 1 powerboat (wat.m.sp.)	birinchi sinf dengiz kateri (motorli suv sp.)

offshore racing boat (sail.)	kreyser sinfi yaxtasi (yelkan. sp.)
offside	ofsayd
off-side	aut
offside (icehock.)	ofsayd (xok.)
off-side goal (f/b)	ofsayd gol (futb.)
offside pass (icehok.)	o'yinda bo'lmagan odamga uzatish (xok.)
offside position (f/b)	ofsayd (futb.)
off-side trap (f/b)	o'yindan tashqari sun'iy holat (futb.)
oilskins	shtorm kostyumi
O-Joller	Olimpiya sinfi
old age, senility	yoshi o'tib qolish
old.fash. old-fashioned term	esk.eskirgan termin
ollie (skateb.)	olli (skeytb.)
Olympiad	Olimpiyada
Olympic 12 events in sports gymnastics among men	Olimpiya erkak gimnastik o'n ikki kurashi
Olympic Academy	Olimpiya akademiyasi
Olympic admission rule	Olimpiya o'yinlariga kirish tartibi
Olympic anthem	Olimpiya gimni
Olympic attaché	Olimpiya attashesi
Olympic awards	Olimpiya mukofotlari
Olympic badge	Olimpiya belgisi
Olympic bronze medal	Olimpiya bronza medali
Olympic ceremonial	Olimpiya marosimlari
Olympic certificate	Olimpiya shaxsni tasdiqlash xujjati
Olympic champion	Olimpiya chempioni
Olympic Charter	Olimpiya hartiyasi
Olympic Charter Commission of IOC	Olimpiya qoidalari bo'yicha
Olympic city	Olimpiya shahri
Olympic coin	Olimpiya tangasi
Olympic commissions	Olimpiya komissiyasi
Olympic complex competition	Olimpiya kompleks musobaqalari

Olympic cup	Olimpiya kubogi
Olympic cycle	Olimpiya davri
Olympic Day	Olimpiya kuni
Olympic distance	Olimpiya masofasi
Olympic education	Olimpiya ta'limi
Olympic emblem	Olimpiya ramzi
Olympic fanfare	Olimpiya fanfarasi
Olympic flag	Olimpiya bayrog'i
Olympic flame	Olimpiya alangasi
Olympic Games	Olimpiya o'yinlari
Olympic Games Organizing Committee (OCOG)	Olimpiya o'yinlari tashkiliy qo'mitasi
Olympic golden medal	Olimpiya tilla medali
Olympic identity card	Olimpiya shahsiy kartochkasi
Olympic kind of sports	Olimpiya sport turi
Olympic memorial medal	Olimpiya esdalik medali
Olympic Message (oath)	Olimpiya shiori
Olympic Motto (Citius-Altius-Fortius)	Olimpiya slogani (Citius- Altius-Fortius)
Olympic Museum and Studies Centre	Olimpiya muzeyi va ta'lim markazi
Olympic pledge	Olimpiya qasami
Olympic recognition	Olimpiya e'tirofi
Olympic record	Olimpiya rekordi
Olympic Regatta	Olimpiya regatasi
Olympic relay race	Olimpiya estafetasi
Olympic rings	Olimpiya halqalari
Olympic rules	Olimpiya qoidalari
Olympic solidarity	Olimpiya birdamligi
Olympic spirit	Olimpiya ruhi
Olympic sport	Olimpiya sporti
Olympic Summer Games	yozi Olimpiya o'yinlari
Olympic system of rotation (art.gymn.)	dastalarning Olimpiya ketma-ketligidagi tartibi
Olympic torch	Olimpiya mash'ali
Olympic torch relay race	Olimpiya mash'ali estafetasi

Olympic Truce	Olimpiya sulhi
Olympic venues	Olimpiya bazasi
Olympic village	Olimpiya qishlog'i
Olympic Winter Games	Qishki Olimpiya o'yinlari
omega bend (luge)	180°dan kam bo'magan burilish (sann.)
omega feature (bobsl.)	180°dan kam bo'magan burilish (bobsl.)
omission of B-element (art.gymn.)	B guruhi elementini o'tkazib yuborish (sp. gimn.)
omission, omitting (art.gymn.)	elementni bajarmay o'tkazib yuborish (sp. gimn.)
omit (to) an element (art.gymn.)	elementni bajarmaslik (sp. gimn.)
omit (to) an obstacle (equest.)	to'siqlarni tashlab o'tish (ot sp.)
on (off) valve (balloonsp.)	balon klapani (havoda uch.)
on a tack (sail.)	gals ustida yetarli tezlik (yelkan. sp.)
on bent arms, low hand- to- hand (acr.)	sherikning bukilgan qo'lida qo'lida tik turish (akr.)
on guard (box.)	bokser stoykasi (boks)
on guard line	start chizig'i
on guard position	himoya pozasi
On guard! (fenc.)	Jangga! (qilichb.)
On the feet up! (art.gymn.)	Tur! (sp. gimn.)
On the ground! (fenc.)	Polga sanchish! (qilichb.)
on the line (ball)	chiziq ustida (to'p)
on the road play (icehok.)	safardagi o'yin (xok.)
on the sea way (sail.)	dengiz orqali (yelkan. sp.)
on the stock (sail.)	stapelda turish (yelkan. sp.)
on the tack (port, starboard) (sail.)	gals (o'ng, chap) (yelkan. sp)
on the wrong foot (to pass) (f/b)	kuchli bo'lmagan oyoq tarafidan (futb.)
on toes	oyoq uchida
On your marks! (athl.)	Startga hozir bo'l! (yeng.atl.)

on-bed spotting (tramp.)	batut ustida turib himoyalash (bat.)
on-deck circle (baseb.)	to‘pni tortib oluvchining aylahasi (beysb.)
on-deck circles; warm- up circles (baseb.)	qizib olish uchun aylanib kelish (beysb.)
one by one	bitta-bittalab
one eight finals	1/8 final
one free throw (b/b)	bitta shtrafli zarba (basketb.)
one game all	biru-bir durang
one hand serve	bir qollab uzatish
one hand shot; single-handed shot	bir qo‘llab otish
one hour cycle race	bir soat ot minish
one hour sports walking	bir soatlik sportcha odim tashlash
one leg balance (gymn.)	bir oyoqda muvozanat (gimn.)
One pace backwards!	Ortga qadam!
one pass attack	birinchi uzatish ketidan hujum
one quarter time	vaqtning chorak qismi
one sixteenth finals	1/16 final
one step rule (net/b)	“bir qadam” qoidasi (netb.)
one way driver (sp.g.)	bir taraflama o‘yinchi (sp. o‘yin.)
one-and-a-half (circle) (art.gymn.)	bir yarimta burilish (bad. gimn.)
one-and-a-half (salto, somersault) (art.gymn.)	bir yarimta salto (bad. gimn.)
one-and-a-half (turn) (art.gymn.)	540°ga burilish (bad. gimn.)
one-and-a-half Russian moor (art.gymn.)	qo‘lda 540°ga burilib, egilib aylana qilish (bad. gimn.)
one-and-a-half salto forward tucked to roll forward (acr.)	ilgariga bir yarimta salto ketidan oldinga o‘mbaloq oshish (akr.)
one-arm cartwheel	bir qol orqali yonboshdan ag‘darilish
one-arm handstand	bir qo‘lda tik turish
one-arm horizontal planch (gymn.)	tirsakka tayangan gorizontaal muvozanat (gimn.)
one-arm in the back balance (support) (acr.)	bir qo‘llab orqani bosib tutib turish (akr.)

one-arm shoulder throw (ippon-sevi-nage) (judo)	yelka osha sof irg'itish (ippon-seoinage) (djudo)
one-design-class (sail.)	monotip (yelkan.sp.)
one-foot take-off (div.)	bir oyoq bilan itarilish
one-half circle	yarim burilish
one-half circle (salto)	yarim salto
one-half circle (turn)	180°ga aylanish
one-half sole circle (art.gymn.)	oyoqlar orasini ochib, egilgan holda oyoqqa tayanib, yarim aylanish (sp. o'yin.)
one-half turn into handspring - one-half turn off to rear stand, vault (art.gymn.)	ilgariga qo'lga tayanishdan oldin 180°ga egilib, o'mbaloq oshish va itarilishdan so'ng 180°ga burilish (sp. o'yin.)
one-half twist (reverse dive) (div.)	old dastadan ortga egilib yarim salto
one-hand ball reception (sp.g.)	to'pni bir qo'llab ilib olish (sp. o'yin.)
one-hand baseball pass	beysbolda bir qollab uzatish
one-hand bump reception (v/b)	to'pni bir qo'llab pastdan ilib olish (voleyb.)
one-hand catching	bir qo'llab ilib olish
one-hand on the knee balance (acr.)	sherikning tizzasida bir qo'llab turish (akr.)
one-hand pass	bir qo'llab uzatish
one-hand shot	bir qo'llab otish
one-hand walkover	bir qo'lga tayanib asta burilish
one-handed shot	bir qo'llab otish
one-handed tennis (ten.)	bir qo'llab changallash (ten.)
one-hour-run	bir soat chopish
one-kick dolphin (swim.)	bir zarbalik delfin (suzish.)
one-leg handspring	ilgariga o'mbaloq oshib, bir oyoqqa turib olish
one-leg squat support, free leg stretched sideways	bir oyoqqa tayanib o'tirib, ikkinchisini yon tomonga kerish
one-man block (v/b)	bir kishilik blok (voleyb.)
one-man kayak	bir kishilik baydarka

one-man-arm carry (gym.)	sherikni qo'lda ko'tarish (gimn.)
one-man-boat (sail.)	bir kishilik yahta (yelkan. sp.)
one-metre (Am. springboard) (div.)	bir metrli trampling
one-pommel double circle (art.gymn.)	eshakning bir oyog'ida ikki oyoq bilan aylana chizish (bad. gimn.)
qigong	tsigan (hitoy gimnastika tizimi)
quad bike	kvadrotsikl
quadrille rides (equest.)	guruh bo'lib chiqish (ot sp.)
quadruple rotation jump (f.skat.)	to'rt aylanma sakrash (figur. uchish)
quadruple sculls without coxswain (row.)	boshchisiz juft to'rtlik (eshkak.)
quadruplet (row.)	to'rtlik (eshkak.)
qualification contest	kvalifikatsiya musobaqalari
qualification height (athl.)	kvalifikatsiya yuksakligi
qualification norm	kvalifikatsiya normativi
qualification race	kvalifikatsiya uchun chopish
qualification, skill	kvalifikatsiya, mahorat darajasi
qualified ex officio	imtiyozli valifikatsiya
qualifying competition (events)	kvalifikatsiya saralash musobaqalari
qualifying competitions; qualifying rounds	kvalifikatsiya musobaqalari
qualifying round	kvalifikatsiya davrasi (musobaqa hozirligi)
qualifying round	musobaqalarning kvalifikatsiya davrasi
qualifying rounds	hozirlik musobaqalari
qualifying standard	kvalifikatsiya normasi
qualifying time (swim.)	kvalifikatsiya vaqti (suzish.)
qualifying tournaments	kvalifikatsiya turnirlari
quality	sifat
quality of execution (gymn.)	mashqning bajarilish sifati (gimn.)
quarter final; quarter- final	chorak final
quarter horse (equest.)	sprinter ot (ot sp.)

quarter pipe (ex.sp.)	chorak quvur rampasi (ekstr. sp.)
quarter turn left (right) (gymn.)	90° chap (o'ng)ga burilish (gimn.)
quarterback (playmaker, point guard) (Am.f/b)	himoyachi (amer. futb.)
quarter-miler (athl.)	chorak milga chopish ishtirokchisi (yeng. atl.)
quartet (acr.)	erkaklar to'rtligi (akr.)
quayside; water-front (sail.)	sohil (yelkan. sp.)
queen (chess)	farzin (shahm.)
queen's bishop (chess)	piyoda farzin (shahm.)
questioning	so'rov
questionnaire	anketa
questionnaire method	anketa uslubi
quick (accelerated) pass (v/b)	tezlatib uzatish (voleyb.)
quick march	tez odimlash
quick movement	tez harakat qilish
quick start	tez start
quickly	tez
quickness	tezlik
quickstep	kvikstep
quint (b/b)	basketbol jamoasi (basketb.)
quinte (fenc.)	kvinta (beshinchi pozitsiya) (qilichb.)
quiver (arch.)	o'qdon (kamon. ot.)
quiver (to) on the beam (art.gymn.)	hoda ustida gandarlash (bad. gimn.)
quota (participants)	kvota (ishtirokchilar uchun)
quotient of natural illumination	tabiiy yorug'lik koeffitsienti
R (right) arm circle inward (outward) (gymn.)	o'ng qo'l bilan ichkariga aylana (gimn.)
R (right) arm circle (gymn.)	o'ng qo'l bilan aylana (gimn.)

R (right) arm obliquely upward (gymn.)	o'ng qo'l tepaga tashqariga aylana (gimn.)
R (right) arm to the side (gymn.)	o'ng qo'l yonga (gimn.)
R (right) knee hang (gymn.)	o'ng qo'lga tiralib osilish (gimn.)
r.gymn. rhythmic gymnastics	bad. gimn. badiiy gimnastika
rabbit jump (gymn.)	quyon sakrashi (gimn.)
rabbit punch (box.)	sust zarba (boks)
race	poyga
race (cycl.)	velopoyga (velosp.)
race (sail.)	poyga (yelkan. sp.)
race committee (sail.)	poyga tashkiliy qo'mitasi (yelkan. sp.)
race course	chopish trassasi
race course (equest.)	otchorar (ot sp.)
race course (row.)	eshkak eshish trassasi (eshkak.)
race exercises	chopish mashqlari
race referee (athl.)	trassadagi hakam (yeng. atl.)
race schedule (row.)	qatnov tartibi (eshkak.)
race seat (equest.)	otga minish joyi (ot sp.)
race steward (sail.)	regata boshqaruvchisi (yelkan. sp.)
race to set a record (athl.)	record qo'yish uchun yugurish (yengil atl.)
race walking (athl.)	sportcha yurish (yengil atl.)
race, running, run	yugurish
race-card (equest.)	poyga dasturi (ot sp.)
racehorse (equest.)	poyga oti (ot sp.)
race-meeting (equest.)	poyganing ko'p kunli seriyasi (ot sp.)
racer (sail.)	poyga yaxtasi (yelkan. sp.)
racer; rider (cycl.)	velopoygachi (velosp.)
racing area (sail.)	elkanli poyga maydoni (yelkan. sp.)
racing bicycle (cycl.)	poyga velosipedi (velosp.)
racing boat	poyga qayig'i
racing car	poyga avtomobili
racing committee	hakamlar hay'ati
racing dinghy (sail.)	poyga shvertboti (yelkan. sp.)

racing flag (sail.)	poyga bayrog'i (yelkan. sp.)
racing four (row.)	to'rtlik (eshkak.)
racing four oarsman (row.)	to'rtlik eshkakchisi (eshkak.)
racing gallop (equest.)	sakrab chopish (ot sp.)
racing gloves (cycl.)	velopoygachi qo'qopi
racing line (swim.)	yo'laklar chegara belgisi (suzish)
racing rules (sail.)	yelkanli musobaqalar qoidasi (yelkan. sp.)
racing shoes (athl.)	chopish oyoq kiyimi (yeng. atl.)
racing silks (equest.)	chavandoz kiyimi (ot sp.)
racing sport	poyga
racing team	poygachilar guruhi
racing weight (equest.)	poyga vazni (ot sp.)
rack	poya, taglik
rack (to) (equest.)	yorg'alach (ot sp.)
rack; boat-rack (row.)	qayiqdarstellaji (eshkak.)
racket blade (t.ten.)	raketka yuzasi (stol tennisi)
racket games; racquet games	raketkali o'yinlar
racket handle	raketka dastasi
racket surface	raketka ishchi yuzasi
racket; racquet	raketka
racking up (bilj.)	o'yin boshida sharlarni joylashtirish (bilyard)
racq.b. racquetball	raketb. raketbol
racquetball (sp.g.)	raketbol (sp. o'yin.)
radio beacon (sail.)	radiomash'al (yelkan. sp.)
radio sport	radiosport
radius (cycl.)	g'ildirak kegayi (velosp.)
radius lines of the sector (athl.)	otish yuzasining yon chegarasi (yeng. atl.)
Radochla somersault (art.gymn.)	Radoxla saltosi (bad. gimn.)
raft	sol
rafting	solda oqish
rag (icehok.)	shaybani tutib turish (xok.)
rail (art.gymn.)	dasta (bad. gimn.)

rail (equest.)	dasta (ot sp.)
rail; cushion; bumper (bilj.)	stol borti (bilyard)
rail's sag (art.gymn.)	bruslar dastasinin egik yeri (bad. gimn.)
railing belt (acr.)	osma harakatdagi lonja (akr.)
railing ropes (gymn.)	yakka relsga mahkamlangan tirmashish kanati (gimn.)
rails (equest.)	buta g'ov (ot sp.)
raise (to) the crossbar (athl.)	plankani yuqoriroq ko'tarish (yeng. atl.)
raise (to) the pace (athl.)	maromni tezlatish (yeng. atl.)
raise (to) trunk (gymn.)	qaddini tik tutish (gimn.)
raise (to) up to support (art.gymn.)	tayanib dast yuqoriga ko'tarish (bad. gimn.)
raise bent body with bent arms to handstand (art.gymn.)	egilgan holda qo'llarni bukib, qolda tikka turib olish (bad. gimn.)
raise straight body with straight arms to handstand from free front support scale (art.gymn.)	tikka qo'llarga gorizontaal tayangan holda qolda dast tikka turib olish (bad. gimn.)
rake; rest; crutch (bilj.)	bilyard tayog'i uchun taglik (bilyard)
ralli car; ralicart (equest.)	ralli aravasi; ikki kishilik resorli arava (ot sp.)
rally (sp.g.)	ralli (sp. o'yin.)
rally driver (autosp.)	ralli poygachisi (avtosp.)
rally; rallye (autosp.)	ralli (avtosp.)
rallycross (autosp.)	sprint avtopoygasi (avtosp.)
ramble	sayr
ramp (ex.sp.)	rampa (ekstr. sp.)
random control	tanlab nazorat qilish
randori (judo)	hozirlik jangi (djudo)
range gouging (shoot.)	masofa o'lchovi (o'q otish)
range master (shoot.)	tir rahbari (o'q otish)
range of motion (movement)	harakat amplitudasi

range of shooting (shoot.)	otishma masofasi (o'q otish)
range of techniques	texnik usullar tasnifi
range, rank (gymn.)	qator (gimn.)
range; field of vision (shoot.)	ko'rish masofasi (o'q otish)
rank (rating)	rang; reyting
rank scoring	baholash tizimi
ranking	reyting
rap (to) a horse (equest.)	otni tezlatish (ot sp.)
rapid (row.)	tik jarlik (eshkak.)
rapid (ski.)	tik qiyalik (chang'i sp.)
rapid force	tezlik quvvati
rapid movement	ildam harakat
rapid piking action (gymn.)	tos-son bo'g'imlarini tez bukish (gimn.)
rapid-fire competition (shoot.)	tezlik otishmasi (o'q otish)
rapid-fire pistol (shoot.)	tez otish uchun pistolet (o'q otish)
rapidity	tezlik, keskinlik
rapidity of reaction	reaktsiya tezkorligi
rapier (fenc.)	rapira (qilichb.)
rapier-thrust (fenc.)	rapira sanchish (qilichb.)
rare dismount (art.gymn.)	noyob sapshish (bad. gimn.)
rate (art.gymn.)	baholash (bad. gimn.)
rate (class) (gymn.)	nurakkablik darajasi (gimn.)
rate of corners (f/b)	burchakli zarbalar mutanosibliigi (futb.)
rate of movement	harakatni bajarihsh maromi
rate of strokes (row.)	eshkakchilar soni (eshkak.)
rate of technical actions	texnik harakatlar tezligi
rated draft (sail.)	hisoblangan botish (yelkan. sp.)
ratification of a record	rekordni ratifikatsiyalash
rating	reyting
rating (point) system	ball asosida baholash tizimi
Rating Certificate (row.)	qayiq pasporti (eshkak.)

rating rule (sail.)	poyga balli formulasi (R formula) (yelkan. sp.)
ratio; relation	mutanosiblik
ration; allowance (equest.)	ratsiyon (ot sp.)
rational technique	ratsional uslub
rationality of sports techniques	sport uslubining ratsionalligi
ravine (alp.)	dara, jarlik (alp.)
raw dismount (art.gymn.)	ustida ishlanmagan siltab sakrash (bad. gimn.)
reach	yetishsa bo'ladigan hudud
reach (gymn.)	siltov (qo'l) (gimn.)
reach (to) forward (gymn.)	ilgariga egilish (gimn.)
reach (to) the final	finalga chiqish
reach position (gymn.)	qo'llar ilgarida holati (gimn.)
reaching beyond the net (v/b)	setka ortiga teginish (voleyb.)
reaction speed	reaktsiya tezligi
reaction time	reaktsiya vaqti
readiness (arch.)	shaylanish (kamondan o'q otish)
readjustment	to'g'rilash
Ready . . . go! (row.)	Diqqat... marsh! (eshkak.)
Ready about! (sail.)	Buriling! (yelkan. sp.)
ready to fire (shoot.)	otishga shaylik (otish.)
Ready!	Diqqat!
Ready! (shoot.)	Diqqat! (otish.)
real tennis (sp.g.)	asl tennis (sp. o'yin.)
realization	realisatsiya
realten. real tennis	real.ten. real tennis
re-amateurising	havaskor statusini qaytarish
reanimation, bringing to life	o'ziga keltirish, reanimatsiya
rear	ort tarafi
rear (back) foot	ortda turgan oyoq
rear (to) (equest.)	ikki oyoqda tik turmoq (ot sp.)

rear brake (cycl.)	orqa tormoz (velosp.)
rear crew (row.)	guruhning quyruqdagi eshkakchisi (eshkak.)
rear cross-stand (art.gymn.)	dastaga ortini o'girib turish (bad. gimn.)
rear deck (sail.)	ort dek (yelkan. sp.)
rear derailleur (cycl.)	zanjirning ort pereklyuchateli (velosp.)
rear dismount (pommel horse) (art.gymn.)	ortga sapshish (gimnastika eshagi) (bad. gimn.)
rear extension (art.gymn.)	ortga ko'tarish (bad. gimn.)
rear hang (art.gymn.)	ortdan osilish (bad. gimn.)
rear kip hang (art.gymn.)	ortga egilgan holda osilib turish (bad. gimn.)
rear lain throw (ushiro-goshi) (judo)	son bilan turtib, son osha siltab otish (usiro-gosi) (djudo)
rear limit (fenc.)	ort chegara chizig'i (qilichb.)
rear lying (art.gymn.)	ortdan tayanib yotish (bad. gimn.)
rear lying hang (art.gymn.)	ortdan osilib turish (bad. gimn.)
rear lying support hang on low bar (art.gymn.)	quyidagi dastaga ortdan osilgan holda osilib turish (bad. gimn.)
rear -out (art.gymn.)	aylanma chiqish (bad. gimn.)
roll on the mat (wrest.)	qo'lini yerga tiratib ag'darish (kurash)
roll pass (sp.g.)	dumalatib uzatish (sp. o'yin.)
roll screen (b/b)	burilib to'sish (basketb.)
roll-call; roller	ro'yhat bo'yicha tekshirish
roller hockey (sp.g.)	rolikli konki xokkeyi (sp. o'yin.)
roller skate	rolikli konki
roller skater	rolikli konkida yuguruvchi
roller skating	rolikli konkida uchish
roller skating-rink	rolikli katok
roller skis	rolikli chang'i
roller soccer; in-line football (sp.g.)	rolikli konkida futbol (sp. o'yin.)
roller speed skating	rolikli konkida tez yugurish

roller sport	rolikli konki (rolikli chang'i) sport turlari
roller track	rolikda uchish yo'lagi
rollerblading; in line skating	rolikli konkida tez yugurish
roller-skaters race	rolikli konki poygasi
rolling (gymn.)	o'mbaloq oshish (gimn.)
rolling (r.gymn.)	yumalatish (bad. gimn.)
rolling (sail.)	bort chayqalishi (yelkan. sp.)
rolling (wrest.)	nakat (kurash)
rolling ball (game)	yumalayotgan to'p (o'yin)
rolling forward (wrest.)	yumalatib to'ntarish (kurash)
rolling over the shoulders (wrest.)	kurak oshirib yumalatish
rolling sideways (wrest.)	nakat orqali to'ntarish (kurash)
rolling start (cycl.)	yo'l-yo'lakay start olish (velosp.)
rolling-log (gymn.)	egilib o'ngga (chapgga) yumalatish (gimn.)
rolling-pass on the beam (art.gymn.)	qo'lga tayanmay ilgariga o'mbaloq oshish (bad. gimn.)
rollka (ski.)	maysali yonbag'irlarda chang'i musobaqalari (chang'i sp.)
roll-over (wrest.)	yumalatish (kurash)
rollsp. rollersports	roll.sp.rolikli sport turlari
roll-step (gymn.)	yumalatib odimlash (gimn.)
romp	shovqinli o'yin
roof of the net (f/b)	darboza to'rining tepa qismi (futb.)
roofed stadium	yopiq stadion
rook (chess)	ruh (shahm.)
rookie (sp.g.)	yangi boshlagan (sp. o'yin.)
root (to) (Am.)	qo'llab-quvvatlash
rooter (fan)	ishqiboz
rope	kanat
rope (gymn.)	arqon (gimn.)
rope (sail.)	rep (yelkan. sp.)
rope climbing (rope-climb) (gymn.)	kanatga osilib chiqish (gimn.)
rope jumping	arqon bilan sakrash
rope ladder	arqon zinapoya

rope routine (r.gymn.)	arqon bilan mashq (bad. gimn.)
rope skipping	arqon sakrash
rope skipping with hands crossed (gymn.)	qo'l qovushtirib arqon sakrash (gimn.)
rope swing	kanatda silkinish
rope swinging (r.gymn.)	arqon silkitish (bad. gimn.)
rope walking	kanat ustida yurish
ropemanship (alp.)	alpinistlar mahorati (alp.)
roster	nomzodlar ro'yhati
rotary motion (movement)	aylanma harakat
rotated grasp (grip) grand circle (art.gymn.)	ters tutib olishda katta ko'lam (bad. gimn.)
rotated grasp (grip) (art.gymn.)	ters tutib olish (bad. gimn.)
rotation	aylantirish
rotation (athl.)	otayotib aylantirish (yeng. atl.)
rotation (v/b)	o'yinchilar o'tisi (voleyb.)
rotation fault (v/b)	o'tish jarayonida joylashuv tartibini buzish (voleyb.)
rotation of events (art.gymn.)	ko'pkurash turini o'zgartirish (bad. gimn.)
rotation of the hoop (r.gymn.)	halqani aylantirish (bad. gimn.)
rotation order (v/b)	o'tish tartibi (voleyb.)
rotation style (shotput) (athl.)	yadroni aylanasiga otish yo'li (yeng. atl.)
rotation system (of the training)	aylanma tizim (mashq)
rotational fault (v/b)	o'yinchilar o'rnini belgilash (voleyb.)
rotational speed	aylanish tezligi
rough (dirty) play (sp.g.)	dag'al o'yin (sp. o'yin.)
rough (equest.)	taqa tikani (ot sp.)
rough (sp.g.)	notekis maydon (sp. o'yin.)
rough sea (sail.)	notinch dengiz (yelkan. sp.)
rough water	notinch suv
roughing (ice-hock.)	dag'allik uchun jazo (xok.)
roughness	dag'allik

rough-rider (equest.)	bereytor (ot sp.)
roughshod (equest.)	sirpanmaydigan taqali (ot sp.)
roulette (athl.)	ruletka (yeng. atl.)
round (athl.)	doira (masofa) (yeng. atl.)
round (box.)	raund (boks)
round (competition) (sp.g.)	raund (sp. o‘yin.)
round (div.)	seriya (yelkan. sp.)
round (to) a buoy; round (to) a mark (sail.)	belgini chetlab o‘tish (yeng. atl.)
round dances	doiraviy raqs
round movement (gymn.)	aylanma harakat (gimn.)
round robin (system) tournament	turnirning aylanma tizimi
rounded back (gymn.)	yumaloq qilingan orqa (gimn.)
rounded squat	orqani yumaloq qilib o‘tirish
rounders	raund. raunders
rounders (sp.g.)	ingliz laptasi (sp. o‘yin.)
roundhouse serve; windmill - hook (v/b)	yonboshdan uzatish (voleyb.)
roundhouse spike (v/b)	“ilgak” hujum zarbasi (voleyb.)
round-off back tuck (acr.)	rondad – ortga egilib ketma-ket salto (akr.)
round-off with back somersault piked (acr.)	rondad – ortga egilib salto (akr.)
round-off, piked back vault (art.gymn.)	Tsukahara tayanch egilgan sakrashi (bad. gimn.)
round-off-back handspring, round-off, flick-flack (acr.)	rondad-flyak (akr.)
route; itinerary (equest.)	marshrut (ot sp.)
routine (gymn.)	kompleks (gimn.)
ROV abbrev. from risk, originality, virtuosity (gymn.)	ROV – qisq.:tahlika, betakrorlik, mahorat
rover	rover (skautlar katta guruhi a’zosi)

roving defender, sweeper (f/b)	libero (futb.)
row (gymn.)	qator (gimn.)
row (to) to port side (row.)	chap borddan eshkak eshish (eshkak.)
row (to) to stroke side (row.)	o'ng borddan eshkak eshish (eshkak.)
row (to); paddle (to); scull (to) (row.)	eshkak eshish (eshkak.)
row. rowing	eshkak. eshkak eshish
rowboat; rowing-bout	akademik qayiq
rower; oarsman; puller; sculler	eshkak eshuvchi
rowing (sport)	akademik eshkak eshish (sport turi)
rowing base, station	eshkak eshish bazasi
rowing canal	eshkak eshish kanali
rowing course	eshkak eshish poygasi masofasi
rowing in popular boats	xalqona eshkak eshish
rowing in pulling boats	dengiz qayig'ida eshkak eshish
rowing slalom	eshkakli slalom
rowing slalom course	eshkakli slalom masofasi
rowing tank; rowing machine (row.)	eshkakli mashg'ulotlar uchun suv havzasi (eshkak.)
rowlock (row.)	eshkak qulog'i (eshkak.)
R-part (gymn.)	mashqning tahlikali qismi
RSG, abbrev. from rhythmic sports gymnastics	badiiy gimnastika
rubber ball (r.gymn.)	rezina to'p (bad. gimn.)
rubber boat	rezina qayiq
rubber cable	rezina espander
rubber tube	rezina amortizator
rubber-band skis (ski.)	chang'i rollerlari (chang'i sp.)
rucksack	ryukzak
rudder (row.)	eshkakchi
rudder blade	rul kurakchasi
rudder footrest; stretcher (row.)	rul zinapoyasi (eshkak.)

rudder stock (sail.)	rul balleri (yelkan. sp.)
rudder, steering-wheel (sail.)	rul (yelkan. sp.)
rudderhelm; tiller (sail.)	rumel (yelkan. sp.)
Rudolph (tramp.)	Rudolf saltosi (bat.)
rug (equest.)	ot yopig'i (ot sp.)
rugby (sp.g.)	regbi (sp. o'yin.)
rugby field	regbi maydoni
rugby rugby	regbi regbi
rule (to) overtime (sp.g.)	qo'shimcha vaqt berish (sp. o'yin.)
rule book	musobaqalar qoidasi
rule governing fouls (sp.g.)	qoidabuzarliklarni aniqlash (sp. o'yin.)
rule governing progressing with the ball (sp.g.)	to'p bilan harakatlar tartibini aniqlash (sp. o'yin.)
rules and regulations (of competitions)	qoida va nizomlar
ruling	qaror
rump; crupper (equest.)	ot sag'risi (ot sp.)
run	chopish
sail (to) close to the wind (sail.)	shamolga qarshi suzish (yeng. atl.)
sail (to) high (sail.)	tikka suzish (yelkan. sp.)
sail (to) on broad reach (sail.)	bakshtagga ketish (yeng. atl.)
sail (to) through the lee (sail.)	shamol hamrohligida o'zib ketish (yeng. atl.)
sail (to) upright (sail.)	og'may suzish (yelkan. sp.)
sail area (sail.)	yelkanlar yuzasi (yelkan. sp.)
sail boat; sailing boat	yelkanli yaxta (qayiq)
Sail ho! (sail.)	Kema ko'rindi! (yelkan. sp.)
sail number (sail.)	yelkan raqami (yelkan. sp.)
sail. sailing	yelkan. sp. yelkanli sport
sailbag (sail.)	yelkan xaltasi (yelkan. sp.)
sailboard (windsurf.)	yelkan taxtasi (vindsurf.)
sailcloth (sail.)	yelkan matosi (yelkan. sp.)

sailing instructions (sail.)	poyga ta'limoti (yelkan. sp.)
sailing kayak (row.)	yelkanli baydarka (eshkak.)
sailing master (sail.)	yelkanli kema kapitani (yelkan. sp.)
sailing vessel (sail.)	yelkanli kema
sailing; yachting	yelkan sporti
sail-loft (sail.)	yelkan ustaxohasi (yelkan. sp.)
sailmaker (sail.)	yelkan tikish va ta'mirlash ustasi (yelkan. sp.)
sailor; yachtsman (sail.)	Yaxtachi (yelkan. sp.)
sailplane	planer
Salchow (f.skat.)	Salxov sakrashi (figur. uchish)
salopettes (ski.)	chang'i shimi (chang'i sp.)
salto backward (acr.)	ortga salto (akr.)
salto backward to handstand (art.gymn.)	qo'lga tayanib, ortga salto (bad. gimn.)
salto backward to outer cross stand (art.gymn.)	siltanib, ortga salto (bad. gimn.)
salto backward to swing forward in support (art.gymn.)	ortga tayanchli salto va ilgariga siltash (bad. gimn.)
salto backward with full turn to outer cross stand (art.gymn.)	sapchib, 360°ga burilgan ortga salto (bad. gimn.)
salto backward with half turn to outer cross stand (art.gymn.)	sapchib, 180°ga burilgan ortga salto (bad. gimn.)
salto backward with bending and stretching of the body (acr.)	egilib va qadni rostlab ortga salto (akr.)
salto forward (acr.)	ilgariga salto (akr.)
salto forward stretched (acr.)	egilib ilgariga tik salto (akr.)
salto forward to outer cross stand (art.gymn.)	sapchib ilgariga salto (bad. gimn.)

salto forward to rearward swing in support (art.gymn.)	ilgariga tayanchli salto va otqaga siltash (bad. gimn.)
salto forward with full turn to outer cross stand (art.gymn.)	sapchib, 360°ga burilgan ilgariga salto (bad. gimn.)
salto forward with half turn to outer cross stand (art.gymn.)	sapchib, 180°ga burilgan ilgariga salto (bad. gimn.)
salto with delayed rotation (acr.)	davomli salto (akr.)
salto with full turn (acr.)	360°ga burilgan salto (akr.)
salto with half turn (acr.)	180°ga burilgan salto (akr.)
salto; somersault	salto, o'mbaloq oshish
saltution (gymn.)	sakrash (gimn.)
salute	salom
salute (to)	salomlashish
salvager; salvor; saviour	qutqaruvchi
sanction card	jazo kartochkasi
sanction scale	jazo sirasi
sanction; penalty	jazo
sand bag (gymn.)	qumhalta (gimn.)
sand iron; sand wedge (golf)	qum ustida zarba berish uchun klyushka (golf)
sand leveller (athl.)	tekislagich (yeng. atl.)
sand track racing; beach racing (bikesp.)	qum ustida poyga (motosp.)
sand trap; sand bunker (golf)	qumdagi chuqur (golf)
sand yachting	yelkan ostida qum ustida poyga
sandboarding; sand-surfing	yelkanli tahtada qum ustida poyga
sandpaper (art.gymn.)	jilvir qog'oz (bad. gimn.)
Saturday night ride (wrest.)	ustida tutib turish (kurash)
sault, abbrev. from somersault	salto

sauna, Finnish bath	sauna
saunter	sayr
savate	frantsuz boksi
save (art.gymn.)	o'zini straxovka qilish (bad. gimn.)
save (sp.g.)	saqlab qolish (sp. o'yin.)
save (to) (sp.g.)	zarbani qaytarish (sp. o'yin.)
save with one arm (h/b)	bir qollab qaytarish (gandb.)
sawing wood (gymn.)	sherik qarshiligi bilan qo'lni ochib-yozish (gimn.)
scale (art.gymn.)	muvozanat (bad. gimn.)
scale of difficulty (art.gymn.)	murakkabliklar sirasi (bad. gimn.)
scale of marks (art.gymn.)	natijalar sirasi (bad. gimn.)
scaling; solo climbing	qoyaga yolg'iz tirmashish
scamper (to)	qochib qolish
scaphander (sail.)	po'kak belbog' (yelkan. sp.)
scarf or crosschest hold-down (kesa-gatame) (judo)	yondan tutib turish (kesagatame) (djudo)
schedule of the competition	musobaqalarni o'tkazish grafigi
scheme of the march (tour.)	poxod rejasi (tur.)
school (to) a horse (equest.)	otni hozirlash (ot sp.)
school of football	futbol maktabi
school of highest sports masterchip	yuksak sport mahorati maktabi
school sport	maktab sporti
scissor (bicycle) kick (f/b)	qaychi zarbasi (fub.)
scissor movement (sp.g.)	qaychi (sp. o'yin.)
scissoring (athl.)	qaychi (uzunlikka sakrash) (yeng. atl.)
scissors (art.gymn.)	kesishtirish (bad. gimn.)

scissors backward(s) with half turn (art.gymn.)	180°ga burilib ters kesishtirish (bad.gimn.)
scissors grip in rope climbing (gymn.)	kanatga chiqayotib, qaychi shaklidagi oyoqlar bilan chirmashib olish (gimn.)
scissors hold (wrest.)	qaychi shaklidagi oyoqlar bilan tutib turish (kurash)
scissors jump (athl.)	qaychi (tepaga sakrash) (yeng. atl.)
scissors jump (gymn.)	oyoqlarni almashtirib sakrash (gimn.)
scissors leap (gymn.)	oyoqlarni almashtirib odimlab sakrash (gimn.)
scissors mount to a stand (art.gymn.)	bir oyoqni siltab sakrab, boshqa oyoqda tik turib olish (bad.gimn.)
scissors with travel hop sideward (art.gymn.)	oyoqlarni kesishtirib qo'lga tayanib siltab sakrab o'tish (bad.gimn.)
scissors-straddle jump (art.gymn.)	oyoqlarni orqaga kerib sakrash (bad.gimn.)
scoop (row.)	kurakcha (eshkak.)
scoors (sp.g.)	otilgan top hisobga olindi (sp.o'yin.)
scooter	samokat
scooter; motor scooter	skuter, motoroller
score (sp.g.)	natija (sp.o'yin.)
score (to) a basket (b/b)	to'p otish (basketb.)
score (to) a goal (sp.g.)	gol urish (sp.o'yin.)
score board; score sheet	natijalar tablosi
score card (gymn.)	hakam yozgan natija (gimn.)
score keeper; scorer (sp.g.)	o'yin kotibi (sp.o'yin.)
score of the best vault is counted (art.gymn.)	hisobga eng yahshi sakrash natijasi yoziladi (bad.gimn.)
score of the extra period (sp.g.)	qo'shimcha vaqt hisobi (sp.o'yin.)
score of the first half time (sp.g.)	o'yinning birinchi yarmi hisobi (sp.o'yin.)
score of the second half time (sp.g.)	o'yinning ikkinchi yarmi hisobi (sp.o'yin.)
score sheet (sp.g.)	natijalar jadvali (sp.o'yin.)

Score! (shoot.)	Ko'rsat! (o'q otish)
scoreboard operating machine (sp.g.)	o'yin tablosi pulti (sp. o'yin.)
scoreboard operator (sp.g.)	tablo operatori (sp. o'yin.)
scored ball (sp.g.)	to'p hisobga olindi (sp. o'yin.)
scorer (fenc.)	sanchishlar sonini hisoblovchi (qilichb.)
scorer (sp.g.)	gol muallifi (sp. o'yin.)
scorer's table (sp.g.)	kotib stoli (sp. o'yin.)
scoring chance (opportunity) (sp.g.)	hisobni ko'paytirish imkoniyati (sp. o'yin.)
scoring member	guruhning natijasi qayd qilingan a'zosi
scoring of the shot holes (shoot.)	urilgan nishonlar soni (o'q otish)
scoring system	ochkolarni hisoblash tizimi
scrag (to) (rugby)	bo'yindan changallash (regbi)
scramble (to) (gymn.)	emaklash (gimn.)
scrambler (bikesp.)	skrambler (motosp.)
scrambles (motocross) (bikesp.)	motokross (motosp.)
scratch line (long jump) (athl.)	dastaning itarilish chizig'i (yeng. atl.)
scratch race (sail.)	gandikapsiz poyga (yelkan. sp.)
screamer (sp.g.)	ajoyib zarba (sp. o'yin.)
screen (to) (f/b)	to'pni to'sish (futb.)
screen (v/b)	blok (voleyb.)
screen away (sp.g.)	hujumda to'sib turish (sp. o'yin.)
screen; screening (sp.g.)	to'sib turish (sp. o'yin.)
screeper (sp.g.)	to'sib turuvchi (sp. o'yin.)
screening service (v/b)	uzatishdan to'sish (voleyb.)
screw (gymn.)	vint (gimn.)
screw dismount (art.gymn.)	ilgariga siltab, sapchib dastaga yuzini qaratib burilish (sp. o'yin.)
screwball (sp.g.)	aylantirilgan to'p (sp. o'yin.)
screw-in stud (f/b)	qadaladigan tikan (futb.)
scrimmage; scrum (Am.f/b, rugby)	jamoaviy jang (amer. futb., regbi)

scrubber-scrub (team)	zaif guruh
scrum; head to head (rugby)	to'p tevaragida kurash (regbi)
scrumcap (rugby)	himoya qalpog'i (regbi)
scuba	akvalang
scuba diver	akvalangchi
scuba diving	akvalang bilan suv ostida suzish
scull (row.)	juft akademik qayiq (eshkak)
sculler (row.)	eshkakchi (eshkak)
sculling (two oars) (row.)	juft akademik eshkak eshish (eshkak)
sculling oar; scull (row.)	juft eshkak (eshkak)
sculpted kickers (freest.)	qor tramplini (frist.)
scuttle (sail.)	kirish lyuki (yelkan. sp.)
sea boat	dengiz qayig'i
sea match fishing	dengizda baliq ovlash musobaqasi
sea performance (sail.)	yaxtaning yurish sifati (yelkan. sp.)
seal crawling (gymn.)	emaklab harakatlanish (gimn.)
seal slap (gymn.)	tayanib yotgan holda qo'li bilan qars urish (gimn.)
seaman; sailor	matros, dengizchi
seaman's shirt	matroska
seamanship (sail.)	dengiz amaliyoti (yelkan. sp.)
seamark (sail.)	mash'al (yelkan. sp.)
seamer; seam bowler (crick.)	kriket o'yinchisi; to'pni chok bo'ylab urib qaytarish (krik.)
sear spring (shoot.)	tepki richagi prujinasi (o'q otish)
seasickness	dengiz hastaligi
season of the most important contests	asosiy musobaqalar mavsumi
seat (equest.)	otga minish (ot sp.)
seat (row.)	o'rindiqlik (eshkak)
seat (seat position) (gymn.)	o'tirgan holatda (gimn.)
seat circle (art.gymn.)	ortdan tayanib o'girilish (sp. o'yin.)
seat circle backward (art.gymn.)	ortdan tayanib orqaga o'girilish (sp. o'yin.)

seat circle forward and extend then full turn to swing backwards in mixed grasp (art.gymn.)	ortdan tayanib, ilgariga 360°ga burilgan holda turli tutishlar bilan orqaga siltab osilish (bad. gimn.)
seat circle forward (art.gymn.)	ortdan tayanib ilgariga burilish (sp. o'yin.)
seat pan (strluge)	o'rindiq (g'il. chana)
seat rise (art.gymn.)	ikki oyoqni oldinga ko'tarish (sp. o'yin.)
seat to feet back somersault (tramp.)	o'tirgan holatdan ortga salto qilib, tik turib olish (bat.)
seat-drop (tramp.)	sakrab, o'tirish (bat.)
seat-drop in swing (tramp.)	sakrab, o'tirish seriyasi (bat.)
seat-drop landing (art.gymn.)	yerga o'tirib tushish (sp. o'yin.)
seated stance sitting stance (or chibu) (kung-fu)	o'tirish stoykasi (kungfu)
seating capacity of a stadium	stadion sig'im'i
second (box.)	sekundant (boks)
second (to) (gymn.)	qatorni boshqarish (gimn.)
second attempt (try - Am.) (vault) (art.gymn.)	tayanch sakrashda ikkinchi urinish (sp. o'yin.)
second chance points (b/b)	to'pga erishish (basketb.)
second flight (part) of the vault (art.gymn.)	uchishning sakrashdan keying fazasi (sp. o'yin.)
second half of extra time (sp.g.)	qo'shimcha vaqtning ikkinchi qismi (sp. o'yin.)
second named team (sp.g.)	ikkinchi tilga olingan jamoa (sp. o'yin.)
second referee	ikkinchi hakam
second stand-in (art.gymn.)	ikkinchi straxovkachi (sp. o'yin.)
second tumbling pass (acr.)	ikkinchi raqamli akrobatik sakrash mashqi (akr.)

second wind	ikkinchi nafas
Seconds out! (box.)	Sekundantlar, ring ortiga! (boks)
second-touch shooting (f/b)	ikkinchi teginishda zarba (futb.)
secretariat	kotibiyat
secretary (competition)	musobaqalar kotibi
secretary general for the competition	musobaqalar bosh kotibi
secretary of a sports federation	Sport federatsiyasi kotibi
sector judge (athl.)	trassadagi hakam (yeng. atl.)
sector; pit (athl.)	musobaqalar yeri (yeng. atl.)
secure (to) a ball (sp.g.)	to'pni egallash (sp. o'yin.)
secure dismount (art.gymn.)	qat'iy sapchish (sp. o'yin.)
security fence (stadium)	xavfsizlik maqsadida stadionni o'rab olish
security measures	xavfsizlik choralari
seed (to)	tarqatish (musobaqa ishtirokchilarini)
seed; seeded player (sp.g.)	"tarqatilgan" o'yinchi (sp. o'yin.)
seeded team	"tarqatilgan" jamoa
seeding of the judges (art.gymn.)	hakamlarni taqsimlash (sp. o'yin.)
seesaw	taxtada tebranish; bolalar arg'imchog'i
segregation (spectators) (sp.g.)	jamoalar ishqibozlarini ayirish (sp. o'yin.)
selected elements (art.gymn.)	mashqlarning sara elementlari (sp. o'yin.)
selection	saralash
selection camp	saralash yig'ini
selection heat (swim.)	saralash suzishi (suzish)
selection of the game ball (sp.g.)	o'yin to'pini tanlash (sp. o'yin.)
selection team	terma jamoa
self-defence, (Am. self-defense)	o'zini himoyalash
self-dependent training	mustaqil mashq

self-help tourism	mustaqil turizm
selfmate (chess)	aks mot (shaxm.)
self-preservation; self- help (art.gymn.)	o'zini straxovkalash, o'ziga yordam berish (sp. o'yin.)
self-refereed sport	o'ziga o'zi hakamlik qiladigan sport turi
shackle opener (sail.)	solinchak ochuvchi
shadowboxing	soya bilan kurash
shaft (javelin)	nayza dastasi
shaft of the arrow	o'q sterjeni
shake (to) hands	qo'l siqish
shake (to) off one's marker (sp.g.)	raqibdan yo'lni ochish (sp. o'yin.)
shakehands grip (t.ten.)	yevropacha tutish (stol ten.)
Shakhlin finish (art.gymn.)	Shaxlin sakrashi (bad. gimn.)
shaky movement (art.gymn.)	gandiraklash (sp. o'yin.)
shallow end of the pool; shallow water (swim.)	basseyin sayoz qismi (suzish)
shape (athlete)	jismoniy forma
shaping (gymn.)	sheyping (gimn.)
Shaposhnikova scale (art.gymn.)	Shaposhnikova muvozanati (bad. gimn.)
sharp step (choreogr.)	o'tkir odim (xoreogr.)
sharpshooter (shoot.)	mergan, snayper (o'q otish)
shave (to) the post (ball) (sp.g.)	stoykaga to'pni tekkazib yuborish (sp. o'yin.)
shawl exercises (r.gymn.)	sharfli mashqlar (bad. gimn.)
shears leap (gymn.)	oyoqni almashtirib sakrash (gimn.)
sheave (div.)	valik
sheep vault (art.gymn.)	oyoqni ortga bukib sakrash (sp. o'yin.)
sheet (curl.)	o'yin maydoni (kerl.)
sheet (sail.)	shkot (yelkan. sp.)
sheeting (windsurf.)	serfni boshqarish uchun yelkanni tebratish (vindserf.)
sheeting in (windsurf.)	yelkanni o'ziga tortish (vindserf.)

sheeting out (windsurf.)	yelkanni o'zidan itarish (vindserf.)
shell (Am.) (row.)	yengil poyga qayig'i (eshkak)
shell (shoot.)	gilza (o'q otish)
shelter (shoot.)	naves (o'q otish)
sherpa (alp.)	boshlovchi (alp.)
shiai (kendo)	match (kendo)
shiajo (kendo)	match maydonchasi (kendo)
shido (judo)	tanbeh (djudo)
shield (to) the ball (b/b)	to'pni to'sish (basketb.)
shielding; screening (f/b)	to'pni to'sish (futb.)
shift (gymn.)	smena (gimn.)
shifter kart (kart.)	uzatish qutisili karta (kart.)
shifting (gymn.)	tana og'irligini boshqa yerga tashlash (gimn.)
shifting (sp.g.)	o'yinchilarning o'rnini almashtirish (sp. o'yin.)
shifting man-to-man defence (b/b)	boshqa o'yinchiga yuzlangan shaxsiy himoya (basketb.)
shinai (kendo)	bambukli to'p (kendo)
shinguard; shin pad (f/b)	boldir himoyasi uchun qalqoncha (futb.)
shinny; shinny hockey (Am.)	hovli xokkeyi
shinty (camanachd) (sp.g.)	shinti (shotland maysali xokkeyi) (sp. o'yin.)
ship	kema
Ship ahoy! (sail.)	Ey, kemadagilar! (yelkan. sp.)
ship board (sail.)	paluba (yelkan. sp.)
ships route; track (sail.)	kema yo'li (yelkan. sp.)
shipyard	verf
shirt (jersey) (f/b)	futbolka, forma (futb.)
shirt pulling (f/b)	o'yinchini futbolkasidan tutib qolish (futb.)
shock goal (sp.g.)	kutilmagan gol (sp. o'yin.)
shock state (weightl.)	shok holat (og'ir atl.)
shoe (bobsl.)	chana oyog'i (bobsl.)
shoe (equest.)	taqa (ot sp.)

shoe (to) a horse (equest.)	taqalash (ot sp.)
shoe inspection (f/b)	butslarni tekshirish (futb.)
shoes (sports)	sport oyoq kiyimi
shoot (art.gymn.)	osilgan holatda ko'tarilish; o'girilib ko'tarilish (bad. gimn.)
shoot (forward) (art.gymn.)	ilgariga ko'tarilish (bad. gimn.)
shoot (to) (shoot.)	otish (o'q otish)
shoot (to) for goal (f/b)	darvozaga zarba (futb.)
shoot (to) inside (sp.g.)	to'pni kiritish (sp. o'yin.)
shoot (to) over the bar (h/b)	darvozadan yuqoriga to'p otish (gandb.)
shoot (to) wide (sp.g.)	darvoza yoniga to'p otish (sp. o'yin.)
shoot (to); throw (to)	otish
shoot through to hang rearways (art.gymn.)	ilgariga ko'tarilib, ortdan osilish (bad. gimn.)
shoot through to L-seat (art.gymn.)	ilgariga ko'tarilib, burchak shaklida tayanish (bad. gimn.)
shoot through (art.gymn.)	oyoqlarni siltab, qo'llar orasiga sakrash (bad. gimn.)
Shoot! (f/b)	Teping! (futb.)
shoot. shooting	o'q ot. o'q otish
shoot.cross shooting cross	harb. ko'pkur. harbiy ko'pkurash
shooter (shoot.)	mergan (o'q ot.)
shooter; thrower (sp.g.)	urayotgan (bad. gimn.)
shooting	ov
shooting accuracy (sp.g.)	zarbalar aniqligi (sp. o'yin.)
shooting angle (sp.g.)	zarba burchagi (sp. o'yin.)
shooting area (zone) (shoot.)	otishma zonasi (o'q ot.)
shooting at the goal (h/b)	darvozalarga otish (gandb.)
shooting box	ovchi uychasi
shooting circle (h/b)	darvozaga zarba berish chegarakangan zona (gandb.)
shooting distance	otishma masofasi
shooting glasses (shoot.)	mergan ko' oynagi (o'q ot.)

shooting- ground; shooting galery; shooting range	otishma maydoni
shooting in kneeling position (shoot.)	tizzalab o'q uzish (o'q ot.)
shooting in prone position (shoot.)	yotib o'q uzish (o'q ot.)
shooting in standing position (shoot.)	turib o'q uzish (o'q ot.)
shooting jacket (shoot.)	mergan nimchasi (o'q ot.)
shooting on volley (f/b)	havodan zarba (futb.)
shooting order	otishma ketma-ketligi
shooting platform (shoot.)	otishma yeri (o'q ot.)
shooting position (sp.g.)	zarba pozitsiyasi (sp. o'yin.)
shooting stance; shooting stand (shoot.)	mergan stoykasi (o'q ot.)
shooting station	otishma chegarasi
shooting stick	yig'ma o'rindiq
shooting without delay (sp.g.)	yo'l-yo'lakay zarba kiritish (sp. o'yin.)
shooting; throwing (athl.)	irg'itish (yeng. atl.)
shootist (Am.)	mergan (amer.)
shoot-off (shoot.)	g'olibni aniqlash uchun o'tkazilgan otishma (o'q otish)
shoot-up (art.gymn.)	tayangan holda o'girilish (bad. gimn.)
shoot-up at end of bars to forward swing (art.gymn.)	dasta chetidan tutib ko'tarilib, tayangan holda o'girilish (bad. gimn.)
shoot-up at end of bars to forward swing and Stutzkehre (art.gymn.)	dasta chetidan tutib ko'tarilib, tayangan holda ilgariga siltanib 180°ga burilgan holda tayanib, o'girilish (bad. gimn.)
shoot-up at end of bars to handstand (art.gymn.)	dasta chetidan tutib ko'tarilib, tayangan holda qo'lga tik turib olish (bad. gimn.)
shoot-up at end of bars to straddled L support (art.gymn.)	dasta chetidan tutib ko'tarilib, tayangan holda oyoqlarni tashqariga kerib, burchak saklida o'girilish (bad. gimn.)

shoot-up to handstand (art.gymn.)	ko'tarilib, o'girilish va qolda tik turib olish (bad. gimn.)
short (drop) pass; short set (sp.g.)	qisqa uzatish (sp. o'yin.)
short approach run (athl.)	qisqa chopish (yelkan. sp.)
short area (sp.g.)	eng yaqin zona (sp. o'yin.)
short arm-stroke (swim.)	qolda qisqa qulochkashlash (suzish)
short back away (art.gymn.)	ortga tushish (bad. gimn.)
short canter (equest.)	qisqa odimlab yelish (ot sp.)
short circle (art.gymn.)	tayanib burilish (bad. gimn.)
short circle backward to crucifix (art.gymn.)	ortga burilishli tayanchdan itarilib, krest shakliga o'tish (bad. gimn.)
short circle to handstand (art.gymn.)	ortga burilishli tayanchdan itarilib, qolda tik turish (bad. gimn.)
short circle, straddle-in, straddle-out to handstand (art.gymn.)	ortga burilishli tayanchdan itarilib, oyoqlarni tashqariga kergan holda sakrab o'tib, ortga burilib, oyoqlarni kerib, ortga sakrab o'tib qolda tik turish (bad. gimn.)
short circle, straddle-on, straddle-off to handstand (art.gymn.)	ortga burilgan tayanchli burilishdan tik turib tayanib, egilgan holda oyoqlarni kerib, ortga burilib, qo'lda tik turish (bad. gimn.)
short clear circle (art.gymn.)	dastaga teginmay, tayangan holda ortga burilish (bad. gimn.)
short corner (hock.)	yaqin burchakli zarba (xok.)
short distance runner; sprinter	qisqa masofalarga chopuvchi; sprinter
short distance running; sprint	qisqa masofalarga chopish; sprint
short interval of active rest	faol dam tanaffusi
short kip-up (art.gymn.)	quyi dastada osilib, yotgan holatdan yuqori dastadan tutib, yuqori dastaga tayangan holda qadni rostlab, ko'tarilish (sp. o'yin.)
short lob (petanque)	sham (petanka)

short of rotation (acr.)	yetarlicha aylanmaslik (akr.)
short pants (gymn.)	gimnastika trusigi (gimn.)
short passing game (sp.g.)	qisqa uzatishga o‘ynash (sp. o‘yin.)
short programme (f.skat.)	qisqa dastur (fig. uchish)
short service line (badm.)	uzatishning old chizig‘i (badm.)
short steps (r.gymn.)	mayda odim (bad. gimn.)
short stop (sp.g.)	yarim himoyachi (sp. o‘yin.)
short swimming pool	kichik basseyn (25m)
short tennis	minitennis
short track speed- skating; short track (shorttr.)	shortrek (konkida tez chopish turi) (shorttr.)
short trot (equest.)	yengil yortish (ot sp.)
short underswing dismount (art.gymn.)	tayanib turib, yoy shaklida sapchish (sp. o‘yin.)
take (to) indirect free kick (f/b)	xoli zarba berish (futb.)
take (to) off one’s mask (fenc.)	niqobni yechish (qilichb.)
take (to) on water (sail.)	suvga tushirish (yelkan. sp.)
take (to) out (curl.)	raqib toshini tushirish (kerling)
take (to) part in competitions	musobaqalarda ishtirok
take (to) part in judging	hakamlikda ishtirok
take (to) the advantage of numerical superiority (sp.g.)	sonda ustunlikdan foydalanish (sp. o‘yin.)
take (to) the ball under water (w.polo)	to‘pni choktirish (suv polosi)
take (to) the count (box.)	sanoqni boshlash (boks)
take (to) the field (team)	maydonga chiqish (jamoat)
take (to) the strain (tug of war)	Kanatni tort! (kanat tortish)

take (to) up a position (wrest.)	stoykaga turish (kurash)
take (to) up the starting position (athl.)	start holatiga o'tish (yeng. atl.)
take off side (equest.)	itarilish joyi (ot sp.)
Take the kick again! (f/b)	Zarbani takrorlang! (futb.)
Take the throw again! (f/b)	Irg'tishni takrorlang! (futb.)
take-down (without lifting) (wrest.)	yiqitish (kurash)
Takemoto handstand (art.gymn.)	Takemoto qo'lda tik turishi (sp. o'yin.)
take-off (athl.)	Itarilish (yeng. atl.)
take-off and early part of the hurdle clearance (athl.)	to'siqqa hujum (yeng. atl.)
take-off angle	itarilish burchagi
take-off board (athl.)	itarilish uchun brusok (yeng. atl.)
take-off foot; take-off leg (athl.)	tayanch oyoq (yeng. atl.)
take-off from both feet (v/b)	ikki oyoqqa tiralib sakrash (voleyb.)
take-off from one foot (v/b)	bir oyoqqa tiralib sakrash (voleyb.)
take-off position	itarilish holati
take-off; pushing	itarilish
take-over (athl.)	estafetani uzatish (yeng. atl.)
take-over judge (athl.)	estafetani uzatish zonasi hakami (yeng. atl.)
taking hold for throwing (tsukuri) (judo)	irg'tishga tayyorgarlik (tutish) (tsukuri) (djudo)
taking over (switching, change) (sp.g.)	boshqa o'yinchiga yuzlanish (sp. o'yin.)
taking the catch (row.)	kirishish (eshkak)
talent scouting	iste'dod izlash
tall; of large stature	baland bo'yli

talus (orient.)	nishab (oriyent.)
tamashiwari (karate)	tamashivari (karate)
tambour (realten.)	tambur (realten.)
tandem (cycl.)	tandem (velosp.)
tandem (sp.g.)	ikki o'yinchining o'zaro ta'siri (sp. o'yin.)
tandem kayak (row.)	ikki kishilik baidarka (eshkak)
tandem race (cycl.)	tandem poygasi (velosp.)
tankini (tank suit) (swim.)	tankini (suzish)
tantivy (equest.)	tez yelish (ot sp.)
tap (swing) (art.gymn.)	ilgariga zaif siltash (sp. o'yin.)
tap (to) the ball (b/b)	to'pni yengil urish (basketb.)
tape (athl.)	finish lentasi (yeng. atl.)
tape (v/b)	to'rning yuqori cheti (voleyb.)
tape; adhesive tape	yopishqoq lenta
tape-line; tape-measure (athl.)	ruletka, o'lchov lentasi (yeng. atl.)
tap-in (tip-in) (v/b)	to'rga zarba (voleyb.)
taps (on the mat or the opponent's body) (judo)	qars (qilamga yoki raqib badaniga) (djudo)
tardy somersault (salto) (acr.)	muttasil salto (akr.)
target (shoot.)	nishon (o'q otish)
target area (box.)	zarbaga mo'ljallangan zona (boks)
target butt (arch.)	to'shama (kamon. o'q otish)
target changing (shoot.)	nishonlarni o'zgartirish (o'q otish)
target cross (tramp.)	yerga tushish kresti (bat.)
target darts (droughts)	nishon (darts)
target dimensions (arch.)	nishon hajmi (kamon. o'q otish)
target events (shoot.)	nishonga o'q bilan otish (o'q otish)
target face (shoot.)	nishonning yuzasi (o'q otish)
target frame (shoot.)	nishonning ramasi (o'q otish)
target line (arch.)	nishonning chizig'I (kamon. o'q otish)
target man (sp.g.)	markaziy hujimchi (sp. o'yin.)
target puller (shoot.)	nishonlarni irgituvchi mashina (o'q otish)
target rectangle (b/b)	mo'ljalga olish to'rtburchagi (basketb.)

target sports	nishonli sport turlari (aniqlik musobaqalari)
target stand; target holder (shoot.)	nishonlar tutqichi (o'q otish)
tarpaulin (ten.)	kortni yopish uchun brezent (ten.)
tat	o'yin oshig'i
tatami; judo-mat (judo)	tatami; djudo janggi uchun mat (djudo)
taw (game)	marmar sharcha (o'yin)
T-bar; T-bar lift (ski.)	ko'targichning T shaklidagi o'rindig'i (chang'i sp.)
teach by the whole (gymn.)	mashqni butunicha o'rgatish (gimn.)
teach in parts (gymn.)	mashqni qismlarga bo'lib o'rgatish (gimn.)
teacher of physical education	jismoniy tarbiya o'qituvchisi
teaching of movements	harakatlarga o'rgatish
teaching-training apparatus	o'rgatish trenajeri
team (competition) officials	jamoaning rasmiy shaxslari
team (sp.g.)	jamoat (sp. o'yin.)
team bench (b/b)	jamoat o'rindig'i (basketb.)
team bench area (b/b)	jamoat o'rindig'i zonasi (basketb.)
team captain	jamoat kapitani
team coach	jamoat treneri
team competition; team event	jamoaviy musobaqalar
team composition (sp.g.)	jamoat tarkibi (sp. o'yin.)
team elimination race (cycl.)	chiqib ketishli jamoat poygasi (velosp.)
team entry form	musobaqada qatnashish uchun jamoaviy zayavka
team followers (b/b)	jamoani kuzatib boruvchi rasmiy shaxslar (basketb.)
team fouls (b/b)	jamoaviy qonun buzishlar (basketb.)

team fouls penalty rule (b/b)	jamoaviy qonun buzishlar qoidasi (basketb.)
team hits (f/b)	jamoazarbasi soni (futb.)
team leader (official)	jamoarasmiy rahbari
team line-up (sp.g.)	jamoaning startdagi tarkibi (sp. o'yin.)
team manager (equest.)	guruh rahbari (ot sp.)
team mate	jamooadagi sherik
team of the year	yilning eng yaxshi jamoasi
team pursuit; team pursuit race (cycl.)	jamoata'qib poygasi (velosp.)
team race (cycl.)	jamoapoygasi (velosp.)
team results	jamoahisobi (ochkolar to'plami)
team road race (cycl.)	shosse bo'y lab jamoaviy poyga (velosp.)
team roping (rodeo)	lasso irg'tish bo'yicha jamoa musobaqalari (rodeo)
team roster; team list (sp.g.)	jamoatarkibi (sp. o'yin.)
team scoring	jamoahisobi
team shirt	jamoiformasi
team sports games	jamoaviy sport o'yinlari
team standing	turnir jadvalida jamoaning o'rni
team starting line-up (sp.g.)	jamoao'yinchilarining ilk joylashuvi (sp. o'yin.)
team tactics (sp.g.)	jamoataktikasi (sp. o'yin.)
team talk	jamoayig'ini
team training session	guruh mashg'ulotlari
team work (r.gymn.)	guruh mashqlari (bad. gimn.)
team work, teamwork (sp.g.)	jamoaviy ishlash (sp. o'yin.)
technical arrangements	texnik ta'minot
technical commissioner	texnik ta'minot uchun mas'ul
technical director	musobaqalar komendanti
technical equipment	texnik jihoz
technical fault (sp.g.)	texnik xato (sp. o'yin.)
technical foul (sp.g.)	texnik tanbeh (sp. o'yin.)
technical knockout; standing knockout (box.)	texnik nokaut (boks)

technical preparation; technical training	texnik tayyorgarlik
technical preparedness	texnik tayyorgarlik
technical rules	texnik qoidalar
technical sports federation commission	Sport federatsiyasining texnik hay'ati
technical time-outs	texnik tanaffuslar
technical tricks	texnik harakatlar
technically correct manner (art.gymn.)	texnik jihatdan to'g'ri bo'lgan ijri uslubi (sp. o'yin.)
technique effectiveness	texnika samaradorligi
technique of dribbling (sp.g.)	to'pni olib borish mahorati (sp. o'yin.)
technique of jump (athl.)	sakrash texnikasi (yeng. atl.)
technique training	texnika mashqlari
technique with the ball (sp.g.)	to'pni o'ynash mahorati (sp. o'yin.)
technique without the ball (sp.g.)	to'psiz texnika (sp. o'yin.)
tee (button) (curl.)	uy markazi (kerl.)
tee (golf)	nishon (golf)
tee (plastic peg) (golf)	to'p uchun belgi (qoziqcha) (golf)
teeing ground (golf)	ilk zarba maydoni (golf)
tee-off (golf)	chuqurchaga ilk zarba (golf)
telltale (sail.)	shamol yo'nalishini ko'rsatuvchi vimpel (yelkan. sp.)
telltale board (squash)	devorning quyi qismi chegara chizig'i
tempest (sail.)	"tempest" sinfi (yelkan. sp.)
template (sail.)	andoza (yelkan. sp.)
tempo backflip (Am.) (acr.)	ortga maromli salto (akr.)
tempo element (acr.)	maromli element (akr.)
tempo of execution (gymn.)	ijro maromi (gimn.)
tempo variation; pace variation	maromning o'zgarishi
tempo; pace	marom

temporal character of a movement	harakatning muvaqqat tavsifi
temporary disqualification	muayyan vaqtga diskvalifikatsiya qilish
ten yard arc (f/b)	jazo maydoni yoyi (futb.)
ten. tennis	ten. tennis
tender (sail.)	yiqiluvchan (yelkan. sp.)
ten-metre (Am. ten- meter) platform (div.)	o'n metrli vishka
tennis (sp.g.)	tennis (sp. o'yin.)
tennis bag	tennis sumkasi
tennis ball	tennis to'pi
tennis court	tennis korti
tennis net	tennis to'ri
tennis player	tennischi
tennis racket (tennis racquet, racket, racquet)	tennis raketkasi
tennis robot	tennis roboti
tennis service (v/b)	to'g'ri ustdan uzatish (voleyb.)
tennis shirt; T-shirt	tenniska
tennis shoes	tennis tuflisi
tennis wall	tennis devori
tenpin bowling	bouling
tension of the net (v/b)	to'ring tarangligi (voleyb.)
tension of the strings (ten.)	simlarni tortish (ten.)
umpire, referee	hakam
umpire's chair (v/b)	hakamning yuqori o'rindigi (voleyb.)
umpire's microphone (sp.g.)	hakam mikrofondi (sp. o'yin.)
umpires' boat (row.)	hakam qayig'i
umpiring	musobaqalar hakamligi
unaccompanied (art.gymn.)	ijro hamrohligisiz (bad. gimn.)
unaccomplished (art.gymn.)	tugallanmagan (bad. gimn.)
unanimous decision (art.gymn.)	bir ovozdan qabul qilingan qaror (bad. gimn.)

unassisted performance; unaided performance (art.gymn.)	straxovkasiz (mustaqil) chiqish (bad. gimn.)
unauthorized assistance (equest.)	ruhsat etilmagan yordam (ot sp.)
unbacked; unbroken (equest.)	minishga o‘rgatilmagan ot (ot sp.)
unbalanced proportion of dynamic and static moves (art.gymn.)	dinamik va statik elementlarning nomutanosibliigi (bad. gimn.)
unbalanced proportion of swing and strength parts (art.gymn.)	siltash va kuchga tayangan elementlarning nomutanosibliigi (halqa mashqi) (bad. gimn.)
unbroken contact with the ground (walking) (athl.)	yerga davomiy tegib turish (odim chog‘ida (yeng. atl.)
unbroken record	oshilmagan rekord
unclimbed mountain (alp.)	oshilmagan cho‘qqi (tog‘) (alp.)
uncontrolable factors of risk	nazorat qilib bo‘lmas havf omillari
uncoordinated; clumsy	kelishmagan, epchil bo‘lmagan, beso‘naqay
under sail; under canvas (sail.)	yelkan ostida (yelkan sp.)
under soil heating (pitch) (sp.g.)	maydonning yer ostidan isitilishi (sp. o‘yin.)
under take-down (wrest.)	cho‘mib o‘tkazish (kurash)
under the distance (athl.)	qisqartirilgan masofa (yeng. atl.)
under water camera housing (underwater camera case) (swim.)	suvosti kamerasi boksi (suvosti kamerasi) (suzish)
under way (sail.)	yo‘l davomida (yelkan. sp.)
underarm (underhand) shot (h/b)	ostdan otish (gandb.)
underarm clear; forehand clear (badm.)	ochiq raketka bilan ostdan olish (badm.)

underarm pass (h/b)	ostdan uzatish (gandb.)
underarm stand (art.gymn.)	tirsakda tik turish (bad. gimn.)
underarm support (art.gymn.)	tirsakka tayanish (bad. gimn.)
under-bar salto (somersault) (art.gymn.)	dasta ostida salto (bad. gimn.)
undercast with half turn (art.gymn.)	180°ga burilib yoy shaklida siltash (bad. gimn.)
undergrasp; undergrip (art.gymn.)	ostdan tutish (bad. gimn.)
underhand pass (v/b)	ostdan uzatish (voleyb.)
underhand serve; underhand service (v/b)	ostdan berish (voleyb.)
underhand throw (w.polo)	yondan otish (suv polo.)
underman; wrestler in the underneath position (wrest.)	quyidagi kurashchi (kurash)
underscore (to) (undervalue) (gymn.)	bahoni pasaytirish (gimn.)
underspinned salto; underrotated (underturned) salto (acr.)	yetarlicha burlmagan salto (akr.)
understander (acr.)	quyidagi sherik (akr.)
underswing (undercast, undershoot) (art.gymn.)	yoy shaklida siltash (bad. gimn.)
underswing and forward somersault dismount (art.gymn.)	yoy shaklida sapchib, ilgariga salto (bad. gimn.)
underswing dismount (off) (art.gymn.)	yoy shaklida sapchish (bad. gimn.)
underswing to half lever (art.gymn.)	yoy shaklida tayanib, burchak shaklida ko'tarilish (bad. gimn.)
underswing to handstand (art.gymn.)	pastdan dast ko'tarilib burilgan holda qolga tayanib tik turish (bad. gimn.)

underswing to hang (art.gymn.)	yoy shaklida siltab, osilish (bad. gimn.)
underswing to straight arm support (art.gymn.)	yoy shaklida ko'tarish (bad. gimn.)
underswing to upperarm support (art.gymn.)	qollarga tayanib yoy shaklida ko'tarish (bad. gimn.)
underswing with one and a half turns to hang (art.gymn.)	540°ga burilib, yoy bo'ylab siltab, osilish (bad. gimn.)
underwat.swim. underwater swimming	suvost. suvosti
underwater cross bow shooting	suv ostida arbaletdan otish
underwater cycling	suv ostida velosiped haydash
underwater diving; waterdiving	suv ostida suzish, sho'ng'ish
underwater football	suvosti futboli
underwater hockey	suvosti xokkeyi
underwater photography	suvostida suratga olish
underwater rugby	suvosti regbi
underwater sport	suvosti sporti
underwater stroke (swim.)	suzishning suvosti qismi (suzish)
underwater swimmer	suvostida suzuvchi
underwater swimmer with an aqualung	akvalangist
underwater swimming	suvosti sporti
underwater swimming set	suvosti sporti uchun anjomlar
underweight (equest.)	vazn yetishmasligi (ot sp.)
uneasiness (gymn.)	beo'xshov (harakat) (gimn.)
uneasy (gymn.)	beo'xshov (harakat) (gimn.)
uneven (parallel) bars; unevens (art.gymn.)	turli balandlikdagi dastalar (sp. o'yin.)
unexecuted element (art.gymn.)	amalga oshirib bo'lmaydigan element (sp. o'yin.)
unfair charge (sp.g.)	beo'xshov hujum (sp. o'yin.)

unfair evaluation (gymn.)	adolatsiz baho (gimn.)
unfamiliar horse (mod.pent.)	notanish ot (zamon. beshkurash)
unfamiliar route (tour.)	notanish yo'nalish (tur)
unfinished attempt (weightl.)	tugallanmagan chiqish (og'ir atl.)
unfinished routine (art.gymn.)	tugallanmagan kombinatsiya (bad. gimn.)
unfit (athlete)	tayyor bo'lmagan (atlet)
unfit for play pitch (sp.g.)	o'yinga mos bo'lmagan maydon (sp. o'yin.)
unfitness to continue (box.)	jangni davom ettirishga noqodirlik (boks)
ungentlemanly conduct	nosportiv xulq
unguarded player (sp.g.)	xoli o'yinchi (sp. o'yin.)
unhorse (to); unseat (to) (equest.)	otdan yiqilisg; egardan tushib ketish (ot sp.)
unicycle (cycl.)	monotsikl; yunitsikl (velosp.)
unicycle hockey (sp.g.)	monotsiklda xokkey (sp. o'yin.)
uniform dress (sp.g.)	bir hil forma (sp. o'yin.)
unilateral breathing (swim.)	bir taraflama nafas olish (suzish)
unintentional foul (sp.g.)	beihtiyor qoida buzish (sp. o'yin.)
unintentional handball (f/b)	beihtiyor qol ishlatish (futb.)
union; alliance; league	ittifoq, birlashma, liga
unique trick (acr.)	mislsiz tryuk (akr.)
unisuit; unipiece; all-in-one; onepiece; zootsuit (row.)	triko (eshkak.)
unit (art.gymn.)	elementlarning ulanishi (bad. gimn.)
universal character of a player (sp.g.)	o'yinchining universalligi (sp. o'yin.)
unjustified pause (art.gymn.)	noo'rin pauza (bad. gimn.)
unlawful means	ta'qiqlangan vositalar

unlimited class air racing (airsp.)	har qanday sinfdagi sport samolyotida havo poygasi (aerosp.)
Unload weapons! (shoot.)	O'qdonni bo'shat! (o'q otish)
unloaded rifle (shoot.)	o'qlanmagan miltiq (o'q otish)
unmarked player (sp.g.)	ochilib qolgan o'yinchi (sp. o'yin.)
unmoor (to) (sail.)	langarni ko'tarish (yelkan. sp.)
unnecessary step (art.gymn.)	ortiqcha qadam (sp. o'yin.)
unnecessary stop (art.gymn.)	noo'rin to'htash (sp. o'yin.)
unobstructed space outside the playing area (sp.g.)	maydon tevaragidagi havfsiz hudud (sp. o'yin.)
unofficial team scoring	jamoaning norasmiy zachyoti
unpaid coach	ijtimoiy faol murabbiy
unplaced (athlete)	shohsupaga chiqmagan sportsmen
unplayable ball (sp.g.)	qaytarilmagan to'p (sp. o'yin.)
unpointed toe (gymn.)	tortilmagan oyoq uchi (gimn.)
unrestricted bicycles	(texnik talablar bilan) cheklanmagan velosipedlar
unsinkable boat (row.)	isitilmas qayiq (eshkak.)
unsportingly	sportchiga yarashmaydigan
unsportsmanlike behaviour; unsportsmanlike conduct	sportchiga yarashmaydigan xulq
unsportsmanlike foul (sp.g.)	sportga aloqasiz qoidabuzarlik (sp. o'yin.)
unstable landing (art.gymn.)	yerga noaniq, ishonchsiz tushish (bad. gimn.)
unsteady beam (art.gymn.)	turg'un bo'lmagan hoda (bad. gimn.)
unsuccessful throw	muvaffaqiyatsiz otish
unsuccessful trial (athl.)	muvaffaqiyatsiz urinish (yeng. atl.)
untrained	mashq ko'rmagan
untuck (to) (acr.)	guruhlarga bo'lish (akr.)
unusual differences of marks (art.gymn.)	hakamlar bahosining qoidada ruhsat berilmagan farqi (bad. gimn.)

Up anchor! (sail.)	Langarni ko‘tar! (yelkan. sp.)
up the river	daryodan yuqoriga
up-and-down slide	tushadigan tarnov (to‘lqinsifat)
uphill (cycl.)	toqqa ko‘tarilish (velosp.)
uphold (to) the appeal	protestni qondirish
upper arm hold (wrest.)	elkadan tutish (kurash)
upper bar (art.gymn.)	yuqori dasta (bad. gimn.)
upper four-quarter hold-down (kami-shihogatame) (judo)	qayishdan tutib, bosh tarafdin ushlab olish (kamisixogatame) (djudo)
upper goal corner (sp.g.)	darbozaning yuqori burchagi (sp. o‘yin.)
upper grasp (grip) (art.gymn.)	yuqorida changallash (bad. gimn.)
upper pass (v/b)	yuqoridan uzatish (voleyb.)
upperarm (cross) support (hang, rest) (art.gymn.)	qo‘lga tayanish (bad. gimn.)
upperarm hang, upstart to support (upperarm kip) (art.gymn.)	qo‘lda tik turgan holda egilib, ko‘tarilgach qadni rostlash (bad. gimn.)
upperarm roll backward (forward) (art.gymn.)	qo‘lga tayangan holda ortga (ilgariga) o‘mbaloq oshish (bad. gimn.)
upperarm stand (art.gymn.)	elkada tik turish (bad. gimn.)
upperarm support with legs overhand (art.gymn.)	egilgan holda qolga tayanish (bad. gimn.)
uppercut (box.)	ostdan zarba; apperkot (boks)
upright (bar) (art.gymn.)	dasta tirgagi (bad. gimn.)
upright kneeling position (gymn.)	tizzada qaddini tik tutib turish (gimn.)
upright posture (gymn.)	badanni tik tutish (gimn.)
upright spin (r.gymn.)	stoykada piruet (bad. gimn.)
uprights (HJ, PV) (athl.)	stoykalar (yuqoriga, langarcho‘p bilan) (yeng. atl.)
uprise (art.gymn.)	ko‘tarish (bad. gimn.)
uprise backward to handstand (art.gymn.)	ortga siltab ko‘tarib, qo‘lda tik turish (bad. gimn.)

uprise backward to straddle cut (art.gymn.)	ortga siltab ko'tarib, oyoqni kergan holda oshirish (bad. gimn.)
uprise backward with grasp (grip) change (art.gymn.)	ortga siltab ko'tarib, ushlab olish (dasta) (bad. gimn.)
uprise backward with half turn (art.gymn.)	180°ga burilib, ortga siltab ko'tarish (dasta) (bad. gimn.)
uprise forward to L-support (art.gymn.)	burchak shaklida tayanib, ilgariga siltab ko'tarish (bad. gimn.)
uprise forward with half turn (art.gymn.)	180°ga burilib, ilgariga siltab ko'tarish (dasta) (bad. gimn.)
uprise forward with half turn to handstand (art.gymn.)	180°ga burilib, ilgariga siltab ko'tarish va qo'lda tik turish (dasta) (bad. gimn.)
upside-down (art.gymn.)	oyoqni yuqoriga; boshni pastga (bad. gimn.)
upstart (art.gymn.)	rostlab ko'tarish (bad. gimn.)
upstart from upperarm hang (art.gymn.)	egilib, qolga tayangan holda ko'tarilib, qaddini rostlash (bad. gimn.)
upstart to straight arm support (art.gymn.)	tayanib ko'tarilib, qaddini rostlash (bad. gimn.)
upstream (tour.)	oqimga qarshi, oqim bo'ylab yuqoriga (tur.)
upsweep handover (athl.)	estafeta tayoqchasini yuqoridan changallash (yeng. atl.)
upswing (art.gymn.)	siltab ko'tarish (bad. gimn.)
upthrow (acr.)	sherikni tepaga irg'tish (akr.)
upward circle to support (art.gymn.)	tayanib, aylanib ko'tarilish (bad. gimn.)
upward flight (ball)	to'pning tepaga uchisi
upward jump (gymn.)	tepaga sakrash, sapchish (gimn.)
upward jump in arch position (gymn.)	egilib, yuqoriga sakrash (gimn.)
upward jump piked (gymn.)	bukilib, yuqoriga sakrash (gimn.)
upward jump tucked (gymn.)	oyoqlarni bukib, yuqoriga sakrash (gimn.)

upward jump with scissors (gymn.)	oyoqlar o'rnini almashtirib, yuqoriga sakrash (gimn.)
upward lift stroke (icehock.)	klyushkani yuqoriga ko'tarib shaybani urish (xok.)
use (to) a scoring chance (f/b)	gol uchun munosib damdan foydalanish (futb.)
use (to) the area (art.gymn.)	butun maydondan foydalanish (bad. gimn.)
use of the ropes (box.)	kanatlarni ishlatish (boks)
used ball (b/b)	o'yinda qo'llanilayotgan to'p (basketb.)
usual fault (acr.)	odatdagi xato (akr.)
utility trot (equest.)	odatiy yo'rtish (ot sp.)
utilization of the three parts of the horse (art.gymn.)	eshakning uchala qismidan foydalanish (bad. gimn.)
U-turn (autosp.)	aylanish; 180°ga burilish (avtosp.)
uwantenance (sumo)	raqibni qayishidan tutgan ko'yi yuqoridan ushlab ag'darish (sumo)
V - seat (art.gymn.)	yuksak burchak shaklida o'tirish (bad. gimn.)
V - support (art.gymn.)	tayangan holdagi yuksak burchak shakli (bad. gimn.)
v. vault	t.sak.tayanch sakrash
v/b volleyball	voleyb. voleybol
valdez (Am.) (acr.)	ortga asta o'girilib, navbat bilan qo'llarga tayanish (akr.)
valdez to handstand (acr.)	bir oyoqni siltab otirib, boshqa oyoqdan zarb bilan itarilib, ortga o'girilib qo'lda tik turib olish (akr.)
water jump barrier (athl.)	suvli chuqur oldidagi to'siq (yeng. atl.)
water level (sail.)	suv sathi (yelkan. sp.)
water polo ball	suv polosi to'pi
water polo; water-polo (game)	suv polosi
water proof ball (w.polo)	suv o'tkazmas to'p

water rescue activities (sport)	qutqaruvchilarning suvdagi mashqlari
water resistance	suv qarshiligi
water skier	suv chang'ichisi
water skiing (sport)	suv chang'isi
water skiing acrobatics (watski.)	suv chang'isida akrobatika (suv chang'i.)
water skiing slalom (watski.)	suv chang'isida slalom (suv chang'i.)
water ski-jump (watski.)	suv chang'isida tramplindan sakrash (suv chang'isi)
water skis (watski.)	suv chang'isi (suv chang'isi)
water sport station; water station	suv sporti bazasi; suv stantsiyasi
water sports; aquatics	suv sporti (turlari)
water tourism	suv turizmi
water tub for moistening the stones in the stove	hammom pechkasini namlash uchun idish
water wings (swim.)	havo bilan shishiriladigan qo'l chamberaklari (suzish)
water-borne obstacle (equest.)	suv to'sig'i (ot sp.)
waterline (sail.)	suv chizig'i (yelkan. sp.)
waterman	qayiqchi; eshkakchi
water-polo player	suv polosi o'yinchisi
water-ski signalling (code of hand signals from skier to boat driver) (watski.)	chang'ichining kater haydovchisiga qo'l ishorasi (suv chang'isi)
water-ski triathlon	suv chang'isi uchkurashi
watertrampoline (tramp.)	suv batuti (bat.)
watski. waterskiing	suv chang'. suv chang'isi sporti
watter games	suv o'yinlari
wave (r.gymn.)	to'lqin (bad. gimn.)
wave machine	to'lqin hosil qilish jixози (basseynda)
wave movement (r.gymn.)	to'lqinsimon harakat (bad. gimn.)

wave pool (indoor pool) (swim.)	to'liqinli basseyn (suzish)
wave-marching (gymn.)	ilonizi yurish (gimn.)
waves (sail.)	to'liqinlar (yelkan. sp.)
wavy load (training)	to'liqinsimon nagruzka
wax (to) (arch.)	kamalak ipini tortish (kamon. o'q)
wax craper (ski.)	moyni sidirish uchun kurakcha (chang'i sp.)
waxing (ski.)	chang'i moyi (chang'i sp.)
waxing cork (ski.)	chang'i moylash uchun tiqin (chang'i sp.)
waxing iron (blowlamp, blowtorch) (ski.)	chang'i moylash uchun kavsharlash lampasi (chang'i sp.)
way station (tour.)	yo'lda dam olish goyi (tur.)
wayfarer (tour.)	yo'lovchi (tur.)
weak drive (div.)	kuchsiz harakat
weather gaiters (athl.)	getri (sovuq havoda) (yengil atl.)
weathercock (gymn.)	tovonda o'tirib, qo'llarni kergan holda badanni 90° ga burish (gimn.)
weatherwear	shamol, yomg'irdan himoya kiyimi
wedel (alpsk.)	parallel chang'ida qisqa burilish (tog' chang'isi)
wei chi (board game)	veychi (xitoy stol usti o'yini)
weigh-in (equest.)	musobaqa arafasida vazn o'lchash (ot sp.)
weighing area (equest.)	vazn o'lchash maydoni (ot sp.)
weighing sheet (weightl.)	vazn o'lchash protololi (o'g'ir atl.)
weighing-in (athl.)	o'lchash (yeng. atl.)
weighing-in (weightl.)	sportsmen vaznini o'lchash (o'g'ir atl.)
weight (to); weigh-in (to)	vazn o'lchash
weight (weightl.)	vazn (o'g'ir atl.)
weight belt (underwat.swim.)	qalay belbog' (suvosti sp.)
weight category (-ie); weight-class category (-ie)	vazn kategoriyasi
weight cloths (equest.)	og'irlikli terlik (ot sp.)

weight control; weight cheek up	vazn nazorati
weight declaration (statement) (weightl.)	vazn uchun talabnoma (o'g'ir atl.)
weight held over than world record (weightl.)	dunyo rekordidan o'zgan vazn (o'g'ir atl.)
weight increase (weightl.)	vaznni oshirish (shtanga) (o'g'ir atl.)
weight of the bar-bell (weightl.)	grif vazni (o'g'ir atl.)
weight reducing (box.)	vaznni yo'qotish (boks)
weight training	og'irliklar bilan mashq qilish
weight(s) throwing	giryaloqtirish
weighted belt	og'irlikli belbog'
weighted cloth (sail.)	qo'shimcha og'irlik (ballast) (yelkan. sp.)
weighted vest; weight vest	og'irlikli nimcha (qo'shimcha og'irlik)
weight-gaining exercises	mushak massasini ko'paytirish uchun mashqlar
weight-in	o'lchash
weightl. weightlifting	og'.atl. shtanga ko'tarish
weightlifter (weightl.)	shtangachi (o'g'ir atl.)
weightlifter's boots	shtangetka
weight-lifter's girdle (belt)	og'ir atletika belbog'i
weightlifting (sport)	shtanga ko'tarish; og'ir atletika (sport turi)
weightlifting for women	ayollar og'ir atletikasi
weight-out (equest.)	musobaqadan so'ng vazn tekshirish (ot sp.)
weighttraining exercises	og'irlik ko'tarish mashqlari
weight-watcher	vazniga e'tiborli odam
welcome desk (competition)	akkreditatsiya binosi
well-drilled player	yaxshi hozirlangan o'yinchi
welt (to)	urish (xivich bilan)
welter (box.)	og'ir vazn bokseri (boks)
welterweight (equest.)	qo'shimcha og'irlik (ot sp.)

Western roll (athl.)	yumalatish (balandlikka sakrash usuli) (yeng. atl.)
wet pass (w.polo)	suvdan sapchib, uzatish (suv polosi)
wet suit (sail.)	gidrokostyum (yelkan. sp.)
W-formation (sp.g.)	o'yinchilarni W shaklida joylashtirish (sp. o'yin.)
wheel (acr.)	g'ildirak (akr.)
wheel (cycl.)	g'ildirak (velosp.)
wheel spindle (cycl.)	g'ildirak gupchagi (velosp.)
wheel spokes (cycl.)	g'ildirak kegayi (velosp.)
wheelbarrow (gymn.)	sharik boldirdan tutib turganda yotgan holda tayanib qo'lda harakatlanish (gimn.)
wheelchair basketball (b/b)	nogiron aravachasida basketbol (basketb.)
wheel-chair race (athl.)	nogiron aravachasida poyga (yeng. atl.)
wheelchair sport	nogiron aravachasida sport
wheeled sports; sports on wheels	g'ildirak ustida sport
wheelman; wheelmen; cyclist	velosipedchi
wheel-out (art.gymn.)	yonboshlab burilib sapchish (bad. gimn.)
whip (equest.)	qamchi, xivich (ot sp.)
whip (whip-hip); whipping movement (art.gymn.)	keskin siltash harakati, xivichsimon harakat (bad. gimn.)
whipback somersault; whipover salto (acr.)	ortga sur'atli salto (akr.)
whipit (amer.) (art.gymn.)	qo'lga tayanib ortga siltab ko'tarish va ilgariga tayanchli salto (bad. gimn.)
whipper-in (whip) (hunt.sp.)	ovboshi (tozi itlarga qarovchi ovchi) (ov sp.)
whip-swing cast away (art.gymn.)	burmali silkitish va yoysimon siltash (bad. gimn.)
whip-swing; whipping- swinging (art.gymn.)	burmali silkitish (bad. gimn.)
whirl (art.gymn.)	tez aylantirish (bad. gimn.)
whistle (sp.g.)	hushtak (sp. o'yin.)

whistle blow (sp.g.)	hakam hushtak signali (sp. o'yin.)
whistle for service (v/b)	uzatish uchun chalingan hushtak (voleyb.)
white chessboard square (chess)	oq maydonlar (shaxm.)
white chessmen; white pieces (chess)	oq donalar (shaxm.)
white draughtsman; checker, checkerman (Am.) (sp.g.)	oq shashka; stol usti o'yinlari uchun figuralar (sp. o'yin.)
white flag (athl.)	oq bayroq (yeng. atl.)
white light (weightl.)	oq chiroqli signal (og'ir atl.)
white paper (book) in sports	sportdagi oq kitob (faktlar, hujjatlar, shahodatnomalar)
white stern light (sail.)	kemaning quyruq qismidagi oq chiroq (yelkan. sp.)
white top light (sail.)	ustki oq chiroq (yelkan. sp.)
white water rafting (wwrow.)	rafting (sarkash daryolar bo'ylab solda suzish) (suv sp.)
white-water racing (wwrow.)	sarkash suvda poyga (suv sp.)
white-water slalom (wwrow.)	eshkakli slalom (suv sp.)
whwat.raft. whitewater rafting	raft. rafting. tog' daryolari bo'ylab solda suzish
wicket keeper off the fielding; wicket-keeper (crick.)	maydon tashqarisidagi eshikcha himoyachisi; eshikcha himoyachisi (krik.)
wicket walk (gymn.)	tik turib tayangan holda egilib harakatlanish (gimm.)
wicket with bails (crick.)	yuqori dastasida tutqichli kriket darvozasi (krik.)
widdershins; withershins; anticlockwise	soat yo'nalishiga qarshi
wide arm handstand (art.gymn.)	qo'llarni katta kerib qo'lda tik turish (bad. gimm.)
wide free kick (f/b)	muvaffaqiyatsiz xoli zarba (futb.)

wide grasp (grip) (art.gymn.)	keng tutish (bad. gimn.)
wide straddle stand (gymn.)	oyoqlarni katta kerib tik turish (gimn.)
wide-astride stand (gymn.)	oyoqlarni katta kerib tik tutib odimlash (gimn.)
width of the bars (art.gymn.)	dasta kengligi (bad. gimn.)
width of the pool (swim.)	bassey n kengligi (suzish)
wife pick-a-back races	rafiqasini elkasiga ortib chopish musobaqasi
wild card (sp.g.)	qur'a kartochkalari (sp. o'yin.)
wild card entry (competitions)	uayld-karta; musobaqada qatnashish uchun qo'shimcha taklifnoma
wild pitch (sp.g.)	tartibsiz uzatish (sp. o'yin.)
wild water rowing (wwrow.)	sarkash suvda eshkak eshish (suv sl.)
wild water; white water (wwrow.)	sarkash suv (suv sl.)
wild-water racing kayak (wwrow.)	eshkakli slalom baydarkasi (suv sl.)
Wimbledon tournament (ten.)	Uimbldon turniri (ten.)
win	g'alaba
win (to)	g'alaba qozonish
win (to) a point (sp.g.)	ochko yutish (sp. o'yin.)
win (to) a tackle (sp.g.)	to'pni tortib olish (raqibdan) (sp. o'yin.)
win (to) back point (sp.g.)	ochkoni qaytarib olish (sp. o'yin.)
win (to) by a head (sp.g.)	katta farq bilan engish (sp. o'yin.)
win (to) by a wheel's length (cycl.)	g'ldirak bo'yiga yengish (raqibdan g'ldirak uzunligida ozish) (velosp.)
win (to) on points	ochkolar bo'yicha yengish
win (to) the serve (v/b)	uzatishni yutib olish (voleyb.)
win (to), beat (to) (sp.g.)	yengish, g'alaba qozonish, qayta yutib olish (sp. o'yin.)

win by "Referee stops contest"(box.)	jang to'xtatilgani tufayli yengish (hakam tarafidan) (boks)
win by default (armchair victory)	raqib kelmagani tufayli g'alaba qozonish
win by default (forfeit) (fusen-gachi) (judo)	raqib kelmagani tufayli g'alaba qozonish (fusengashi) (djudo)
win by disqualification (box.)	raqib diskvalifikatsiya qilingani tufayli g'alaba qozonish (boks)
win by evident superiority; win with clear advantage (wrest.)	yaqqol ustunlik tufayli galaba qozonish (kurash)
win by fall (wrest.)	parter holatiga tushirib yengish (kurash)
win by knock-out (box.)	nokaut bilan yengish (boks)
win by retirement (wrest.)	raqib kurashdan bosh tortgani tufayli g'alaba qozonish (kurash)
win by walk-over	qarshiliksiz g'alaba (oson g'alaba)
win by withdrawal (kiken-gochi) (judo)	raqib kurashdan bosh tortgani tufayli g'alaba qozonish (kikengashi) (djudo)
win on points (box.)	ochkolar bo'yicha yengish (boks)
winched launch (snowb.)	chig'ir yordamidagi start (snoub.)
wind abeam; wind broadside (sail.)	yondan esgan shamol (yelkan. sp.)
wind against; opposite wind	qarshidan esayotgan shamol
wind direction	shamol yo'nalishi
wind flags (shoot.)	shamol bayrog'i (oq ot.)
wind gauge (athl.)	shamol tezligini o'lchagich; anemometr (yeng. atl.)
wind gauge operator (athl.)	anemometrda hakam-operator (yeng. atl.)
wind velocity	shamol tezligi
windbreaker; windcheater (tour.)	shamol o'tkazmaydigan kamzul (tur.)
winders (fartlek)	o'zgarib turadigan, tezlashishli chopish (fartlek)
winding spring hip throw (wrest.)	boldirga o'tirib, elka osha irg'itish (kurash)

windmill sequence (athl.)	to'qmoq irg'ituvchining burilishlari (yeng. atl.)
window vault (gymn.)	derazadan sakrash (bir oyoqni siltab, bosgqa oyoqdan zarb bilan itarilib burchak ostida sakrash) (gimn.)
windskating; skatewindserfing	rollervindserfing (yelkan ostida konki uchish)
windskiing; skiwindserfing	yelkan ostida konki uchish
windsock; wind cone (airsp.)	shamol konusi (aerosp.)
windsurf. windsurfing	vindserf. vindserfing
windsurfer	vindserfchi
windsurfing (sport)	vindserfing (sport)
windup position (r.gymn.)	so'nggi poza (bad. gimn.)
windward (sail.)	shamolga po'para (yelkan. sp.)
windward mark (sail.)	shamolga ro'para belgi (yelkan. sp.)
windward yacht (sail.)	shamolga ro'para yaxta (yelkan. sp.)
wing (player) (f/b)	eng chetdagi (hujumchi) (futb.)
wing break (h/b)	chetdan yorib o'tish (gandb.)
wing pass (f/b)	chetga uzatish (futb.)
wing shooting (shoot.)	uchib ketayotgan nishonni otish (o'q otish)
wing stretcher (gymn.)	bukilgan qollar bilan aylanma harakatlar (gimn.)
wing walking (airsp.)	sport samolyoti qanotida akrobatik elementlar (aerosp.)
winger (right, left) (sp.g.)	eng chekka hujumchi (sp. o'yin.)
wingsuit (parach.)	maxsus qanotsifat kiyimda erkin parvoz (parashyut sp.)
winner	g'olib
winner by points (wrest.)	ochkolar bo'yicha g'olib (kurash)
winner's price	g'olib sovrini
winner's stand	sharaf shohsupasi
winning gallery (realten.)	yon devordagi mo'ljalga urilsa, ochko keltiradigan ochiq oynalar (realten.)

winning goal (f/b)	hal qiluvchi gol (futb.)
winning of a point (v/b)	ochko yutib olish (voleyb.)
winning of a service (v/b)	uzatish yutib olish (voleyb.)
winning peg; winning- post	finish qoziqchasi (g‘alaba qoziqchasi)
wins (sp.g.)	g‘alabalar (sp. o‘yin.)
winter football (sp.g.)	qish futboli (sp. o‘yin.)
winter Olympics	Qishki Olimpiada
winter pentathlon	qishki beshkurash
winter sports	qishki sport turlari
wipe (to) out a goal deficit (sp.g.)	hisobni tenglashtirish (sp. o‘yin.)
wipe-out (surf.)	taxtadan yiqilish (serf.)
yacht classe (sail.)	yaxta sinfi (yelkan. sp.)
yacht club (sail.)	yaxtklub (yelkan. sp.)
yacht with fixed keel	kil yaxtasi
yacht; sailing boat; sailboat (Am.)	yaxta
yachting; sailing (sport)	yelkanli sport
yacht's crew (sail.)	yaxta ekipaji (yelkan. sp.)
yachtsman; yachtie	yaxtsmen
yagli (wrest.)	yog‘li kurash (kurash)
Yamashita (vault) with full turn (art.gymn.)	to‘liq aylanishli Yamasita sakrashi (bad. gimn.)
Yamashita (vault) with half turn (art.gymn.)	180°ga aylanishli Yamasita sakrashi (bad. gimn.)
Yamashita handspring, followed by one and a half salto forward tucked, vault (art.gymn.)	Yamasita sakrashi va birgalikda ilgariga 1½ salto (bad. gimn.)
Yamashita vault (art.gymn.)	Yamasita sakrashi (bad. gimn.)
yard (sail.)	reya (kema machtalarida yelkan bog‘lanadigan ko‘ndalang yog‘och) (yelkan. sp.)
year’s best performance	yilning eng yaxshi ko‘rsatgichi
yellow – red card (sp.g.)	sariq – qizil kartochka (sp. o‘yin.)
yellow card (sp.g.)	sariq kartochka (sp. o‘yin.)

yngling class (sail.)	ychayotgan gollandiyalik (yaxta sinfi) (yelkan. sp.)
yoga gymnastics	yoga gimnastikasi
yogi	yog
yogi handstand (art.gymn.)	yoga usulida qo'lda tik turish (sp. o'yin.)
youth combined team	yoshlar terma jamoasi
youth games	yoshlar o'yini
youth league (sp.g.)	Yoshlar ligasi (sp. o'yin.)
youth sport	o'smirlar sporti
y-scale (art.gymn.)	tayanmayotgan oyoqning tovonidan tutib yonlama muvozanat (sp. o'yin.)
yuko (judo)	yuko (otishga berilgan baho); usta (djudo)
Yurchenko (art.gymn.)	Yurchenko flyaki (bad. gimn.)
Yurchenko vault (art.gymn.)	Yurchenko sakrashi (bad. gimn.)
Z-drive motorboat (outdrive motorboat)	statsionar motorli kater
zero (weightl.)	nolga baholash (boshlang'ich vazn o'tilmagan) (og'ir atl.)
zero score (art.gymn.)	nolga baholash (bad. gimn.)
zigzag double-line (gymn.)	shaxmat tartibida turish (gimn.)
zomboni vehicle (icehok.)	muz tayyorlash mashinasi (xok.)
zonal play (icehok.)	zonadagi o'yin (xok.)
zone competition	zona musobaqalari
zone deduction (art.gymn.)	zonadan chiqib ketganlik uchun kamaytirish (bad. gimn.)
zone defence (sp.sp.)	zona himoyasi (sp. o'yin.)
zone of contact (art.gymn.)	tayanch zonasi (bad. gimn.)
zone of entry of excluded player (w.polo)	chiqarilgan o'yinchilar kirish zonasi (suv polosi)
zone of safety (sp.g.)	xavfsizlik zonasi (sp. o'yin.)
zone press (b/b)	zona pressingi (basketb.)
zone recorder (judge) (art.gymn.)	chiziqdagi hakam (bad. gimn.)
zone! (wrest.)	Zona! (kurash)

zorbing (activity)	zorbing (shaffof to'p ichida aylanish)
zubon; legwear (judo)	kimono ishtoni (djudo)
Zuchold circle (art.gymn.)	Tsuxold uchib o'tishi (bad. gimn.)
pass back to partner	t'opni sherigiga qaytarish (sp. o'yin.)
back to initial position	asl pozaga qaytish (eshkak)
Czechkehre (art.gymn.)	chexcha aylanish (bad. gimn.)
wing stretcher (gymn.)	bukilgan qollar bilan aylanma harakatlar (gimn.)
wing walking (airsp.)	sport samolyoti qanotida akrobatik elementlar (aerosp.)
winger (right, left) (sp.g.)	eng chekka hujumchi (sp. o'yin.)
wingsuit (parach.)	maxsus qanotsifat kiyimda erkin parvoz (parashyut sp.)
winner	g'olib
winner by points (wrest.)	ochkolar bo'yicha g'olib (kurash)
winner's price	g'olib sovrini
winner's stand	sharaf shohsupasi
winning gallery (realten.)	yon devordagi mo'ljalga urilsa, ochko keltiradigan ochiq oynalar (realten.)
winning goal (f/b)	hal qiluvchi gol (futb.)
winning of a point (v/b)	ochko yutib olish (voleyb.)
winning of a service (v/b)	uzatish yutib olish (voleyb.)
winning peg; winning- post	finish qoziqchasi (g'alaba qoziqchasi)
wins (sp.g.)	g'alabalar (sp. o'yin.)
winter football (sp.g.)	qish futboli (sp. o'yin.)
winter Olympics	Qishki Olimpiada
winter pentathlon	qishki beshkurash
winter sports	qishki sport turlari
wipe (to) out a goal deficit (sp.g.)	hisobni tenglashtirish (sp. o'yin.)
wipe-out (surf.)	taxtadan yiqilish (serf.)

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