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# Shifonym or Shifonema, New Onamastic Unit

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**Abstract:** This article is dedicated to the study of world terminology, in particular, shifonyms (shifonemas) as phytonyms in traditional medicine, in which, in addition to detailed information on the linguistic field, which is presented to the scientific public as a completely new onomastic unit, until now the objective is to describe the results, the stakes and the problems.

**Keywords:** shifonyms (shifonemas), phytonym, medicinal plant name, term, terminology, onomastic unit, traditional medicine, historical roots of terms, folk medicine, healing properties.

# I. Introduction

An important aspect of traditional medicine is that "shifonyms", names of medicinal plants often reflect their geographical origin and their traditional use. Accordingly, the preservation of phytonyms was given as an example of the preservation of traditional knowledge of plants with medicinal properties and their use in traditional medicine. The article describes the appearance of the names of medicinal plants in science as a new field of traditional medicine and linguistics through research by advanced linguists in this regard and the study of national characteristics and cultural terms.

#### II. Literature review

Shifonyms are the names given to plants used in traditional medicine for their healing properties. These names often have deep meanings that reflect cultural beliefs and traditional knowledge about plants. In this article, we will examine the phytonyms of some common medicinal plants and explore their meaning, origin, and importance for understanding traditional medicine.

The aim of this work is to explore shifonyms and their importance for the understanding of traditional medicine. We are going to examine the healing properties of certain medicinal plants and how their names reflect these properties. We will also study the origin and evolution of phytonyms and their importance for the preservation of traditional knowledge of medicinal plants.

# III. Analysis

We have conducted extensive research on the phytonyms of some commonly used medicinal plants, such as ginseng, ginger, green tea, turmeric and chamomile. We looked at the origin of the names, the cultural meanings and their importance for understanding traditional medicine. We also looked at the healing properties of each herb and how their names reflect those properties.

The name "ginseng" comes from the Chinese "renshen", which means "root of man". This designation reflects the traditional belief that ginseng root has healing properties for many health conditions, including fatigue, stress, and impotence. The name "ginger" comes from the Sanskrit "srngaveram", which means "horn of a deer". This name reflects the shape of the ginger root, which resembles a horn. The name "green tea" comes from the Chinese "lu cha", which means "green tea". This designation reflects the green color of the unfermented tea leaf.



#### IV. Discussion

The name "turmeric" comes from the Sanskrit "kunkumam", which means "Indian saffron". This name indicates that turmeric is often used as a substitute for saffron in Indian cuisine. In traditional medicine, turmeric is also used to treat inflammation and joint pain. The name "chamomile" comes from the Greek "chamaimelon", which means "earth potato". This appellation reflects the potato smell of chamomile flowers and their habit of growing close to the ground.

Shifonyms are important because they reflect traditional knowledge about plants and their use in traditional medicine. Phytonyms can help identify plants correctly and understand their healing properties. Phytonyms can also have important cultural and historical significance. The names of medicinal plants are often linked to cultural traditions and local medical practices. Understanding the origin and meaning of these names can help to better understand the history and culture of these medical traditions.

#### V. Conclusion

Shifonyms are an important aspect of traditional medicine. The names of medicinal plants often reflect their geographic origin and traditional use. By understanding the meanings of these names, we can better understand the healing properties of these plants and the associated traditional medical practices. The preservation of phytonyms is therefore important for the conservation of traditional knowledge of medicinal plants and their use in traditional medicine.

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