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# Classification of a Group of Staff for Psychological Counseling and Referral to It

**N.A.Kozimova**

Bukhara State University  
Psychology specialization  
1st stage master's degree

**Sh. M. Ulugova**

Candidate of Psychological Sciences  
Associate Professor

**Annotation:** Why is this research consultation designed and why is it needed? - will be answered.

**Keywords:** Medical consultation, medical care, personal, social environment, situation group, deviant behavior. Psychological principles.

What changes the worldview - science, income, interests.

Sh. Mirziyoyev

From the beginning, a question has been bothering me. within the past, people had distinctive issues for that time, and the way did they remedy those problems? turned into there a alternative for a psychologist in the ones days? relating to various literatures or folklore, fairy tales, I found out that, of direction, even at that point, a psychologist can be used to guide human beings inside the right direction after they had been dealing with numerous difficulties or problems. There had been folks who complained. They have been called the sages of that time. The sages have been, of path, very sensible, informed, and sensible. He had the potential to remedy any trouble, to provide the right recommendation to human beings. over time, over time, the made from the whole thing, as well as psychology, has grown.

We recognize that the disorder originated within the u.s. within the 1800s.

however I do not accept as true with that.

in any case, we already had this subject in the East. only, as I noted above, it changed into known as via a specific call, a call precise to its time. Why does someone need a person's advice or someone's guidance? to date, people most effective consult a psychologist for 25 hours as a preventative measure. what's mental counseling?

mental counseling is a discipline of approach that we are able to use after some of strategies and remedies. In truth, in lifestyles we are continuously affected.

we all have interaction with each different. There are most effective two styles of those effects: the primary is the home effect. the second one is professional impact.

domestic affects are the influences of the people we meet on a every day foundation, the impacts of parents, kids and area in our lifestyles.

specially manufactured merchandise are supplied for professional schooling, processing time statistics. There are guidelines of precise concepts of psychological counseling.

standards of psychology:

1. Materiality - any cloth obtained statistics is precious.

2. Trash psyche - is trash for the user's trouble. After session, the professional forgets approximately it.

3. get right of entry to the dialog - You want that allows you to get right of entry to the dialog fast with the login.

four. Confidentiality is the potential to hold confidentiality

five. Convincing the customer should be a psychologist, now not a bodily psychologist.

6. Getting facts -

7. pay attention to each phrase the client says and keep it on the right track

eight. Be capable of offer records on each client query

nine. attention on the consumer's emotional nation

10. deliver real-life examples

eleven. patron genetics research

12. Be capable of paintings with adequate strategies within the system of labor

thirteen. communicate to the consumer via the eyes

14. The principle of the ladder is to go from easy to complex

15. role is frame function

16. The position isn't emotional

17. The manner of overall performance is simply rewritten from narrations, proverbs, wise sayings and hadiths.

manner for mental counseling:

mental consultation is conducted in the form of a one-on-one interview with the purchaser, which lasts from one to three hours.

at some point of this conversation, the customer talks about his problems, approximately himself. The psychologist, in turn, listens carefully to apprehend the nature of the trouble, seeking to make clear the problem for himself and the customer, at some point of the consultations the client's personality is classed, the client learns the way to resolve his trouble in exercise, affordable suggestions are given. the advice and hints given to the consumer through the psychologist-counselor are regularly aimed at the purchaser being capable of remedy the problem completely without the assist of a psychologist. psychological counseling is a practice this is designed to provide realistic mental assistance to human beings based at the perception that they can solve all of the psychological problems that stand up in human existence.

type of men and women seeking psychological counseling:

psychological counselors are typically individuals who are not nicely adapted to life and aren't very busy as it takes time to get a complete, certain session from a psychologist. there are numerous unfortunate humans in life and among individuals who are seeking for help from a psychologist, and it's far these individuals who suppose that they're bodily unhealthy that they have to anticipate assist from a psychologist. those who seek counseling are more or much less emotionally distracted, which in flip is the end result of many mood swings and frustrations. when do these humans begin actively seeking assist from a psychologist. It does not commonly show up right away once they have a hassle, however it does come at the beginning of the maximum tough time in their lives. while someone does not know what to do, or does now not have the possibility to resolve their trouble independently, a psychologist seeks assist from a counselor. while his intellectual kingdom is bad, a person may additionally are seeking assist from a psychologist while he thinks that something horrible is happening in his mind with him or humans close to him, that can result in bad consequences.

What do human beings assume from a psychologist-counselor? Why do they flip to him? these questions may be replied as follows:

1. some clients understand the way to resolve their troubles at all and only are seeking for mental assist from a psychologist-counselor.

2. Others do now not recognise a way to resolve the problem and ask for advice.

3. folks who do now not have complete confidence in themselves or do now not recognize which choice to choose to clear up their problems. They want to be reassured and their efforts taken within the right path.

four. these are regularly single humans - simply need to speak to a person from the coronary heart, they commonly do now not have critical psychological troubles, but occasionally they want a completely attentive and kind interlocutor.

the various customers of psychological counseling there are people who are just curious or simply need to argue with him, which results in a psychologist-counselor. a few people actually need to understand what a psychologist counselor is and what he or she is doing, others trust that they're doing a useless job earlier, and the psychologist embarrasses the counselor and attempts to persuade her or him of this.

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In quick, everyone receives what they need. sometimes in lifestyles a person's assistance is so precious that on the equal time an outstretched hand saves us from falling into the abyss. We continually get energy from one of us, as they say, a person gets a taft.

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