

# PRAGMALINGUISTICS, FUNCTIONAL TRANSLATION STUDIES AND INTEGRATION OF LANGUAGE TEACHING PROCESSES



in 1: Cognitology and cultural  
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**PRAGMALINGVISTIKA, FUNKSIONAL TARJIMASHUNOSLIK VA TIL  
O'RGATISH JARAYONLARI INTEGRATSİYASI**

**mavzusidagi xalqaro miqyosidagi ilmiy-nazariy anjuman materiallari  
TO'PLAMI**

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**Pragmalingvistika, funksional tarjimashunoslik va til o'rgatish jarayonlari integratsiyasi** mavzusidagi xalqaro miqyosidagi ilmiy-nazariy anjuman materiallari: to'plovchi va nashrga tayyorlovchi: M.U.Saidova, M.A.Shukurova, N.J.Bobojonova, X.X.Qodirova; Buxoro; 2024 yil, 487 bet.

Xalqaro miqyosidagi ilmiy-nazariy anjuman O'zbekiston Respublikasi Oliy ta'lim, fan va innovatsiyalar vazirining 2024-yil 20-martdagи 76-sonli "2024-yilda qo'shimcha o'tkaziladigan xalqaro va Respublika miqyosidagi ilmiy va ilmiy-texnik tadbirlar to'g'risida"gi buyrug'iiga asosan o'tkazilmoqda. To'plamda respublikamiz olimlari, katta ilmiy xodim-izlanuvchilar va mustaqil izlanuvchilarining xorijiy tillarda o'quv va badiiy adabiyotlar, elektron darsliklar, ixtisoslashtirilgan rasmlar bilan bezatilgan gazetalar va jurnallarni yaratish hamda chop etish samaradorligini oshirish, yoshlarda chet tilni egallash darajalarining Yevropa tizimi (CEFR)ni o'rghanishning o'rni, yoshlarga chet tilni o'rgatishning psixologik aspektlari, chet tilni o'rghanishda til xususiyatlarining ahamiyati va muammolari, til va madaniyatlararo kommunikatsiya metodlari, tilshunoslik va adabiyotshunoslik masalalari, uslubshunos olimlarning ilg'or tajribalarining roli kabi masalalar talqiniga bag'ishlangan maqolalari o'z ifodasini topgan. To'plamda til muammolari bilan qiziquvchi ilmiy xodimlar, katta ilmiy-xodim izlanuvchilar, mustaqil tadqiqotchi-izlanuvchilar, magistrantlar va o'quvchilar foydalanishlari mumkin.

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## THE HISTORICAL DEVELOPMENT OF SPEECH ECONOMY IN PHONETICS: INSIGHTS INTO THE WORKS OF SCHOLARS

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**Abstract:** *Speech economy is a fundamental concept in linguistics that explores how speakers optimize their articulatory movements to efficiently produce sounds during communication. This article examines the historical development of speech economy in phonetics, focusing on the works of prominent scholars such as Ohala, Lindblom, Byrd, and Saltzman. The concept of speech economy emphasizes the strategic use of articulatory gestures and resources to convey linguistic information effectively while minimizing effort. Researchers have investigated various aspects of speech economy, including the frequency code in speech production, articulatory phonology, motor planning strategies, and coarticulation effects. By studying how speakers streamline their articulatory movements and anticipate upcoming gestures, scholars continue to uncover insights into the mechanisms underlying efficient speech production.*

**Key words.** *speech economy, articulatory phonology, motor planning strategies, coarticulation effects*

**Introduction.** The notion of economy in linguistics is multifaceted and can be explored from various perspectives, encompassing a wide range of values and interpretations. As Vicentini (2003) states, in order to determine its several readings, a lexical and etymological definition has been attached to the word ‘economy’, which reveals a positive interpretation as a whole: ‘economy’ means gain, thrift, less burden, saving; it is defined as the rule for the good administration of a house, derived as it is from the Greek *oikòs*, which means ‘house’, and from *nomōs*, from *nēmein*, which means ‘to deliver’, ‘to distribute’. This notion concerning the good management of the resources in a house can be metaphorically transferred from a social to a linguistic level; in this sense, language as a whole shows a proper balance resulting from the right distribution of all internal and external forces that custom, linguistic change, contacts with different realities and other various elements import constantly, causing alterations and irregularities to the detriment of communication. Therefore, economy in language has a strong controlling function over the whole system, something which is carried out with the least possible cost in terms of energy.[1]

The concept of speech economy in phonetics has been a topic of interest for researchers seeking to understand how speakers optimize their articulatory movements to efficiently produce sounds during communication. Scholars have explored various aspects of speech economy, including the strategic use of articulatory gestures and resources to convey linguistic information effectively while minimizing effort.

One of the foundational works in the study of speech economy is that of Ohala (1981), who proposed the concept of "frequency code" in speech production. Ohala argued that speakers tend to use more economical articulatory gestures for frequently occurring sounds in a language, leading to reduced effort in speech production. For example, in English, the sound /t/ is a high-frequency phoneme that is produced with a simple closure of the tongue against the alveolar ridge, making it a more economical articulatory gesture compared to less frequent sounds.[5]

Building on Ohala's work, Lindblom (1990) introduced the concept of "articulatory phonology," which emphasizes the role of articulatory gestures in speech production. According to Lindblom, speakers optimize their articulatory movements by coordinating gestures to minimize effort while maintaining clarity in communication. For instance, in the production of consonant clusters such as /st/ in English words like "stop," speakers may reduce articulatory effort by simplifying the release of the /s/ and /t/ sounds while preserving their distinctiveness.[4]

Furthermore, Byrd and Saltzman (2003) investigated the role of motor planning in speech production and its implications for speech economy. They proposed a model of speech production that incorporates both linguistic constraints and motor control principles to account for the efficient

coordination of articulatory movements. Byrd and Saltzman's work highlights the importance of integrating motor planning strategies with linguistic knowledge to achieve speech economy in language processing.[2]

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## MUNDARIJA

### 1 – SHO‘BA: ZAMONAVIY TILSHUNOSLIKDA KOGNITOLOGIYA VA LINGVOMADANIYAT

|  |     |
|--|-----|
| <i>Alimova M.Kh., Umarova Z.T., Ismoilova I.A.</i> Cognitive and cultural aspects of grammatical causation.....  | 3   |
| <i>Rasulov Z.I., Bobojonov Sh.U.</i> A Comparative Analysis of Linguistic Phenomena with National-Cultural Significance: Mythological Lexical Units in English and Uzbek Languages ..... | 8   |
| <i>Rasulov Z.I., Khikmatova Sh.U.</i> , Comparative analysis of non-equivalent lexicons and realia in English and Uzbek languages .....  | 12  |
| <i>Haydarov A.A., Yodgorova M.U.</i> Exploring emotional concepts: understanding the multifaceted language of human feelings .....   | 15  |
| <i>Хайдаров А.А., Барноева М.А.</i> , Характеристические особенности синонимов и антонимов .   | 18  |
| <i>Haydarov A.A., Sattorova Sh.</i> , The usage of phonographical stylistic devices .....  | 21  |
| <i>Haydarov A.A., Farangiz T.</i> , Modallik ma’nosini ifodalashning lingvistik asoslari .....   | 24  |
| <i>Ataboev N.B.</i> , Principles of data collection in creating a diachronic corpus.....   | 27  |
| <i>Saidova M. U., Akhrorova M.</i> The importance of stylistic devices in the development of oral discourse.....   | 30  |
| <i>Сайдова М. У., Косимова Н.Ш.</i> Мимика как средство невербального общения в художественной литературе .....  | 33  |
| <i>Qobilova N.S., Hojiyeva M.</i> Pragmatic analysis of prohibition speech acts in the English language .....  | 35  |
| <i>Qobilova N.S., Yusupova D.</i> The historical development of speech economy in phonetics: insights into the works of scholars .....   | 39  |
| <i>Rakhmatova M.M.</i> Travelogues about central Asia: orientalism and intertextuality .....   | 41  |
| <i>Зикриллаев Ф. Н., Рўзиев Я. Б.</i> Диалектик материализм ва тилшунослик методологияси.....  | 45  |
| <i>Bobokalonov O.O., Thierry J.M.</i> Cognitive science and linguoculturology in French modern linguistics .....   | 54  |
| <i>Djalilova Z.B., Umarova M.</i> A study of metaphoric conceptualizations of happiness in English poetry .....  | 61  |
| <i>Djalilova Z.B., Ibotova M.</i> Discourse analysis from linguistic perspective.....  | 64  |
| <i>Kobilova A.B., Buriyeva G.</i> Pragmatic features of periphrasis in journalism.....   | 66  |
| <i>Kobilova A.B., Ro’ziyeva D.</i> O’zbek tili reklamalarining lingvomadaniy xususiyatlari .....   | 68  |
| <i>Kobilova A.B., Nasullaev A.</i> Characteristics of medical linguacultural metaphors in English.....   | 71  |
| <i>Vaxidova F.S.</i> Turizm terminlari rivojida sayohatnomalarning o’rni .....   | 73  |
| <i>Shukurova M.A., Sobirova Sh.</i> Mood in English: exploring its characteristics and features.....   | 76  |
| <i>Akhmedova S.H., Rakhimova N.B.</i> Explanation of the concept of stereotype in linguistic culture   | 80  |
| <i>Akhmedova S.H., Shokulova L.</i> Characteristics of verbal and non-verbal communication on the Internet .....   | 83  |
| <i>Nurmatova G.Kh.</i> Nanotechnology discourse.....   | 86  |
| <i>Ruziyeva N.Z.</i> Unique features of euphemisms in language vocabulary .....  | 88  |
| <i>Khayrullayeva N.N.</i> Iqtisodiy matndagi matafora vazifalari .....   | 91  |
| <i>Баракатова Д.А.</i> Основные проблемы современной лингвистики: вызовы и перспективы ..  | 94  |
| <i>Nazarova N.A.</i> The profound impact of anthroponyms .....   | 96  |
| <i>Yuldasheva F.E.</i> The rules of conversation .....   | 99  |
| <i>Akramov I.I.</i> Aphorisms: the production and loss of conceptual power .....   | 102 |
| <i>Mukhammadieva N.M.</i> Specific features of emotional means of language .....   | 107 |
| <i>Navruzova N. Kh.</i> Analyzing connotations in literary works.....  | 110 |
| <i>Kodirova H. Kh.</i> The importance of pragmatic and communicative-functional approach in the translation of false speech acts .....   | 113 |
| <i>Туйлиева Л. А.</i> Особенности организации ЛСГ глаголов биологического состояния .....  | 117 |