



**ZAMONAVIY VA SIFATLI TA'LIMNI YANADA RIVOJLANTIRISH, ILMIY  
IZLANISHLAR ORQALI TARAQQIYOTGA MUNOSIB HISSA QO'SHISH  
MUAMMOLARIGA BAG'ISHLANGAN XALQARO ILMIY-AMALIY ANJUMAN  
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**СБОРНИК МАТЕРИАЛОВ МЕЖДУНАРОДНОЙ НАУЧНО-ПРАКТИЧЕСКОЙ  
КОНФЕРЕНЦИИ, ПОСВЯЩЁННОЙ ВОПРОСАМ СОВЕРШЕНСТВОВАНИЯ  
СОВРЕМЕННОГО И КАЧЕСТВЕННОГО ОБРАЗОВАНИЯ, А ТАКЖЕ  
ВНЕСЕНИЯ ЗНАЧИМОГО ВКЛАДА В РАЗВИТИЕ ЧЕРЕЗ НАУЧНЫЕ  
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## THE IMPORTANCE OF READING BOOKS IN PERSONAL DEVELOPMENT

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**Abstract.** The book is a great force that lifts a person from the earth to the sky, enhancing their spiritual strength. It is the historical memory of humanity, a beacon capable of strengthening our spiritual, educational, and scientific foundation, and guiding us towards a bright future. This article discusses the importance of reading, the role of books in personal development, the conditions and the encouraging competitions created for book lovers in our republic. The achievements that can be attained in the lives of the modern generation through reading books are analyzed.

**Keywords:** book, knowledge, education, professional development, spiritual treasure, source, book culture, encouraging competitions

**Introduction.** The book, recognized as a miraculous gift, is the true companion of the human heart and the source of reason and thought. Books are one of the main symbols of humanity's conscious life and the world of spirituality. According to the wise, books are a source of knowledge, a treasure of wisdom accumulated by humanity, and a product of social consciousness. Those who lived in the past, desiring to pass on all their joys, pleasures, knowledge, and skills to future generations, carefully recorded them in the pages of books. The subsequent generations, drawing lessons from their ancestors, wrote books to preserve the life of their contemporaries and the unique spiritual treasures they created. This process continues, linked in a chain. Moreover, books serve as one's closest friend and advisor. A book is a memorial to the sages who have passed to eternity.

As the great poet and thinker Alisher Navoi wrote: "A book is a free teacher, the main source of knowledge and spiritual elevation." There are many proverbs in our people's language about the importance of reading books, acquiring knowledge and proper education, engaging in science, and learning a craft. For instance, "A mind without a book is like a bird without wings," "The symbol of happiness is knowledge," "Knowledge is the light of reason," "Beauty is in science and enlightenment," "Knowledge brings happiness, wisdom brings a throne," "Craft is a flowing stream, knowledge is a burning light," "Do not seek a golden apple, seek knowledge, and once you gain knowledge, keep it." Such wise sayings can be continued indefinitely.

**Research methods and materials.** So, what do we mean by book culture? It involves: selecting books to enhance one's professional, spiritual, and intellectual development; acquiring the skill to work with books and applying it effectively; reading independently; interpreting the core meaning of a book and entering its fascinating world; deriving life lessons from what is read; transferring important points to a notebook and striving to remember unfamiliar words; cultivating the habit of regular reading; treating books with the same care as a dear friend; using books properly to avoid damaging them; reading books thoughtfully and with full attention; learning how to work with library catalogs; sharing the books you read with friends and recommending good books to them; and viewing each valuable book as a key to the fortress of knowledge, ensuring its lasting impact.

The deep philosophy behind our leader's focus on improving book culture is clear. First, as mentioned earlier, books are a powerful force that elevates humanity, enhancing its spiritual energy. Second, books are humanity's historical memory, a torch that strengthens our spiritual and intellectual foundation and can light the way to a bright future.

Therefore, in our country, learning, writing books, and creating has always been considered sacred concepts that reflect the existence of a nation and its potential. From Aristotle to Ibn Sina, from Plato to Abu Rayhan Beruni, from Jalaliddin Rumi to Alisher Navoi, and from Amir Timur to Muhammad Sharif Gulkhani, the research and discoveries of hundreds of thinkers were made possible only through books. Their profound works are constantly revisited by today's generations, and it is because of the books created by our great thinkers that we are able to understand and appreciate their discoveries.

**Results and discussions.** In today's rapidly developing country, the attention to shaping the culture of reading and book-loving, reflected in the ideas of our ancestors and sages, has reached the level of state policy. This is because the role of reading in the overall development of the younger generation is immeasurable. Understanding this, the President of the Republic of Uzbekistan signed a decree on September 13, 2017, titled "On the Development of the System for Publishing and Distributing Books,



Promoting the Culture of Reading and Book-Loving, and Implementing Comprehensive Measures." The decree aims to engage a broad section of the population in reading, promote reading and book-loving, instill a love for books in our children from the kindergarten age, focus on the content of books, improve their publishing quality, ensure that they reach even remote villages and towns, increase the number of bookstores filled with various books, enrich library collections, promote books through media, organize competitions among active librarians and promoters, and more.

This decree highlights the importance and role of books and book-loving culture in the spiritual life of society, taking it to a new stage. It has been emphasized that today, there is a legal framework for the press, publishing, and information sectors, with more than 10 laws and over 30 legal acts adopted. Additionally, 1677 printing houses, 118 publishing houses are registered, and the Alisher Navoi National Library of Uzbekistan, equipped with modern technologies, along with 14 regional information-library centers, and around 200 information-resource centers, offer information-library services to the public, including book sales through "Kitob Olami," "Sharq Ziyokori," and "O'zdvkitobsavdota'minot" complexes.

The role of book reading in the development of society and its importance in shaping the worldview and spiritual development of youth is clearly highlighted by our President, Shavkat Mirziyoyev. He states, "Without books, there can be no development or high spirituality. A person who does not read books, and a nation that does not read, has no future." In his decree, President Mirziyoyev emphasizes the need to elevate the culture of reading. This decree, adopted by President, serves to stabilize Uzbekistan's social and cultural environment, elevate the reading culture of our youth, and ultimately improve the well-being of our people.

Currently, in our republic, several competitions have been organized to encourage and motivate young people to read books, as well as to demonstrate what can be achieved through reading. One of these competitions is the "Young Reader" contest. The "Young Reader" competition is the largest nationwide event aimed at promoting the culture of reading among youth. The purpose of the competition is to increase reading habits and the culture of book reading among children and young people, as well as to enhance their intellectual abilities and spiritual development. Each year, around 300,000 young people participate in the competition, and the winners receive a "Spark" car and cash prizes of up to 30 million.

**Conclusion.** All in all, books are a force that inspires us all to pursue goodness and help solve the challenges we face. Reading books enriches our spiritual world, enhances our communication skills, and plays an irreplaceable role in shaping well-rounded individuals who can think critically, articulate their thoughts, and explain information to others. Thus, the importance of reading books in shaping a prosperous future for individuals and society is immense.

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### BO'LAJAK PEDAGOGLARNI NOSTANDART DARS O'TISH ASOSIDA AMALIY KO'NIKMALAR VA KASBIY KOMPETENSIYALARNI RIVOJLANTIRISH

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**Annotatsiya.** Ushbu maqolada bo'lajak pedagoglarning amaliy ko'nikmalari va kasbiy kompetensiyalarini rivojlantirish omillari, kompetensiyaviy yondashuvlarga asoslangan ta'limning bir qator jihatlari ta'kidlab o'tilgan. Xususan kasbiy, amaliy kompetentlik turlari va ularning rivojlanish bosqichlari haqida fikr yuritilgan. Maqolada bugungi kundagi ta'lim tizimi islohotlarini amalga oshirish va rivojlantirish jarayonida pedagogik kompetentlikning zaruriyati, kompetentlik tushunchasining mohiyati, kasbiy kompetentlik sifatleri, pedagogning kasbiy kompetentligi masalalari mazmun-mohiyati atroflicha ochib berilgan.

**Kalit so'zlar:** Kompetentlik, baholash, ma'lumot, o'qituvchi, o'quvchilar, munosabat, shaxsiy, amaliy, ijtimoiy, tashabbuskor. kasbiy kompetentlik, maxsus kompetentlik, innovatsion, akmeologik, aksiologik, kreativ, refleksiv, texnologik, kompetentli

**Kirish.** Zamonaviy ijtimoiy-madaniy sharoitda dunyo ta'lim nazariyasi va amaliyotida tez sur'atlar bilan rivojlanib, o'zgarib borayotgan jamiyatlar uchun muammolarni samarali hal qilishga qodir, o'z mustaqil

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