

FORMS OF CONTROL OVER THE PROFESSIONAL AND PEDAGOGICAL ACTIVITY OF THE TRAINER AND ITS PEDAGOGICAL SIGNIFICANCE

Narzullayev Farrux Ashrapovich Senior Lecturer, Bukhara State University

Annotation

The article considers the measures taken to monitor the professional and pedagogical activities of teachers and trainers, to monitor the negative and positive aspects of their pedagogical activity, to eliminate shortcomings in a timely manner.

Keywords: professional and pedagogical activity, coach, attestation control, monitoring, coach and athlete activity, express survey,

Introduction

Assessing the suitability of the coach for his profession and his professional and pedagogical training on the basis of attestation control will help to accelerate the formation of existing theoretical knowledge, practical skills and other functional abilities. In this regard, the method of internal monitoring of monitoring and evaluation of trainer performance is important. This method of control, on the one hand, helps to identify existing shortcomings and eliminate them in a timely manner, on the other hand, opens the way for further formation of vocational training individually and with the help of colleagues. During the attestation control carried out by the administration and government agencies, the professional and pedagogical activity of the trainer is organized in different ways and forms: monitoring, interviews, express surveys, questionnaires, theoretical knowledge, practical skills and competencies. assessment of the level on the basis of expert tests.

It is known that the professional and pedagogical activity of a trainer is a multicomponent and multifaceted process that reflects the movement (activity) and the set of actions. The process focuses on a variety of educational, methodological, spiritualeducational, research and social tasks.

In the pedagogical process, factors such as the activities of the coach and the athlete, education and training, planning and application of loads, the personality of the coach and the athlete, the level of preparation of the team and the results of its participation in the competition. Therefore, the coach will have to keep in mind, memorize, study, control all the issues mentioned in the sports team as a single, governing entity, and make changes or additions to the process if necessary.



E.A. Seytkhalilov (2000), E.R. According to Yuzlinayeva (2012), one of the important differences between one-time attestation and monitoring of the pedagogical process in sports schools is that monitoring is the dynamics of the process, the nature of the shortcomings and the pace of change. in the order of consistency, it allows the full observation, helps to determine which processes are changing in which direction, the observation of negative and positive cases, creates the basis for the application of measures to eliminate shortcomings in a timely manner.

The most democratic method of monitoring a coach's professional and pedagogical competence is open dialogue. Of course, every interview to determine the level of readiness of the coach should be based on a pre-designed program. The program should include the goals, objectives, and topics of the conversation. The purpose of the interview should not be to look for shortcomings or problems, but to learn from the experience, eliminate negative situations, and introduce positive ideas and actions as role models to other trainers. In this regard, it is advisable to use the methods of discussion, dialogue, discussion, comparative analysis and debate in individual or group discussions.

The use of the express-survey method in the study of the trainer's professional and pedagogical training is based on a pre-designed program of questions, depending on what age and qualification group or team he leads. This method is aimed at quickly answering the identified questions and studying the knowledge and ideas formed in the trainer in a particular area of professional and pedagogical activity.

The survey is recognized as the most common method for studying and evaluating a trainer's professional training. The ability to achieve objective and original results using this method depends on the short and clear structure of the questions, their logical meaning and coherence, as well as the fact that they are developed in a balanced context.

When using the survey method, it is important to ensure that consultation with others is strictly prohibited, that the answers are impartial, and that the name of the respondent coach or trainers is not disclosed. The answers to the questions are "yes" or "no", "I know" and "I don't know", "right" or "wrong" or other similar one-sided punctuation marks. It is advisable to

The practical skills and competencies of trainers are often assessed on an expert basis in the study, diagnosis or certification of their practice. This method can be used in public or in private. Based on the open expert method, the assessment is organized as follows: first, an expert commission consisting of 3, 5 or 7 leading specialists is formed and approved in accordance with the procedure; the maximum number of pre-graded rating points is determined; for example, the maximum score - 10: stratification - 5-6

points - "satisfactory"; 7-8 points - "good"; 9-10 points - "excellent". Each expert publishes (or displays) his score; then all accumulated points are added; the sum of added points is divided by the number of experts; the amount of points generated (e.g., 7.5 points) represents the assessment of the quality of the practical action (technique or tactics of the game method) demonstrated by the coach.

A closed (confidential) form of expert assessment is rarely used in sports practice.

Special test question options are developed and used to determine (assess) the level of theoretical training of the trainer.

The size (number) of test questions used is determined by the category of the trainer, his functional responsibilities, the training program and content of the group or team (children and youth sports school, specialized children and youth sports school, special sports boarding school, national team).

The level of complexity of the questions depends on the position of the coach (head coach, senior coach, trainer, coach-teacher, coach-methodologist).

One of the most objective methods of assessing the level of professional and pedagogical training of trainers is a programmed computer tool. This method is used in the following order: first, the experts prepare the correct and alternative answers to the system of questions developed in a programmed order in paper form; then they are stored in computer memory. The computer has the ability to change the sequence of questions, change the options of questions. The logical meaning of the questions can be retained and renamed.

The selection of test assignments and test exercises to assess the theoretical training and practical skills of the trainer should be based on the principle that their results allow to form an objective picture of professional and pedagogical training.

Based on the generalization and comparison of the opinions of the authors, who studied various aspects of the professional and pedagogical activity of the coach and revealed their internal and external nature, it can be noted that the coach with all-round high professional and pedagogical training is a talented and competitive athlete, can nurture.

It is important to remember that the main criterion in assessing the professional training potential of coaches is the result of the competition. Therefore, when studying the professional and pedagogical activity of the coach, the results achieved by the team in competitions should be taken into account in the assessment based on the forms and types of control.

Coach's role in organizing and conducting competitions (in the case of volleyball). The professional and pedagogical activity of the trainer is not limited to the functional areas, which are described in the relevant paragraphs of this section. Trainer

knowledge in the broad and narrow sense of the organization and conduct of multiprogram public competitions, traditional tournaments, sports holidays, including championships, memory tournaments, cup competitions in their specialty and should also have the skills. To do this, it must have a high level of knowledge of the opening and closing ceremonies, the development of competition rules, competition systems, official competition rules and arbitration.

References

- 1. Alimovich F. U. AJMR //AJMR.
- 2. Farmonov U. TEACHING OF PHYSICS FOR STUDENTS OF NATURAL DIRECTION WITH INNOVATION TECHNOLOGIES //Физико-технологического образование. 2020. N° . 1.
- 3. Farmonov U. A. BASIC CONCEPTS AND DEFINITIONS OF SPORTS TOURISM, ESPECIALLY ITS ORGANIZATION //Теория и практика современной науки. 2019. N° . 5. C. 21-24.7
- 4. Farmonov U. A. RESEARCH PARK. 2021.
- 5. Farmonov U. A. BASIC CONCEPTS AND DEFINITIONS OF SPORTS TOURISM, ESPECIALLY ITS ORGANIZATION //Теория и практика современной науки. 2019. N° . 5. C. 21-24.
- 6. Alimovichn F. U. The system of training young basketball players at the initial stage of training at school //Asian Journal of Multidimensional Research (AJMR). -2020. $-T. 9. -N^{\circ}$. 11. -C. 93-98.
- 7.Abdullayev M. J., Berdiyev O. I., Omonova N. R. Methodology Of Organization Of" Physical Education And Sports" Lessons In Higher Educational Institutions //The American journal of social science and education innovations (TAJSSEI) SJIF-5.857 DOI-10.37547/TAJSSEI. 2021. T. 3. Nº. 02. C. 312-320.
- 8.Junaydulloyevich A. M., Haydarqulovich Q. H. THE DEVELOPMENT OF EFFECTIVE WAYS TO IMPROVE REPRODUCTIVE HEALTH OF MARRIED STUDENT GIRLS //Web of Scientist: International Scientific Research Journal. $2021. T. 2. N^{\circ}$. 04. C. 249-258.
- 9.Nurullaev A. R. Methods of developing endurance in students through the use of folk games in physical education classes //ACADEMICIA: An International Multidisciplinary Research Journal. 2020. T. 10. N^{o} . 11. C. 520-524.
- 10 .Ruzimbaevich N. A., Ruzimbaev M. A. RESEARCH PARK. 2021.
- 11 . Нуруллаев А. Р. РЕАБИЛИТАЦИЯ СПОРТСМЕНА //Рекомендовано к изданию Советом по качеству УралГУФК Протокол № 8 от 14 мая 2018 г. 2018. С. 213.



- 12. Ruzimbaevich N. A., Ruzimbaev M. A. METHODOLOGICAL METHODS OF TEACHING CHILDREN FOR MOVEMENT ACTIVITIES IN THE PROCESS OF PHYSICAL EDUCATION CLASSES //Web of Scientist: International Scientific Research Journal. -2021. -T. 2. $-N^{\circ}$. 04. -C. 313-322.
- 13..Нуруллаев А. Р., Гафурова М. Ю., Мансуров Ш. Ш. Деление спортивных занятий на периоды //Педагогическое образование и наука. 2019. №. 6. С. 153-155.
- 14. Нуруллаев А. Р. Основные формы и сущности экономической демократии //Молодежь XXI века: образование, наука, инновации. 2017. С. 227-228
- 15.A.K.Ibragimov, F.I.Moʻminov. Methodology of optimization of trainingfor young players // International Journal For Innovative Engineering and Management Research Vol 10 Issue02, Feb2021 ISSN 2456 5083 Page 43-48.
- 15. Rasulovich R. R. EFFECTIVENESS OF IMPROVING THE TECHNICAL AND TACTICAL MOVEMENTS OF MIDDLE-DISTANCE RUNNERS //E-Conference Globe. 2021. C. 309-314.
- 16. Raxmonov R. ЎРТА МАСОФАЛАРГА ЮГУРИШДА МУСОБАҚАОЛДИ ТАЙЁРГАРЛИГИНИНГ ТУЗИЛИШИ ВА АСОСИЙ ЖИХАТЛАРИ //ЦЕНТР НАУЧНЫХ ПУБЛИКАЦИЙ (buxdu. uz). 2020. Т. 1. №. 1.
- 17. Салимов, Г. М., Дустов, Б. А., Фарманов, У. А., & Рахмонов, Р. Р. (2020). Показатели констатирующего этапа экспериментальной работы по физическому развитию учеников 7-10 лет общеобразовательных организаций Узбекистана. Педагогическое образование и наука, (1), 91-97.
- 18. Raxmonov RR O"quvchi-yoshlarning jismoniy tayyorgarligini rivojlantirishda orta masofaga yugurish dinamikasini tahlil qilish ahamiyati.Oʻzbekiston Respublikasi xalq naʻlimi vazirligining ilmiy metodik jurnali.Toshkent. 2020 3-son may-iyun.78-81-bet. 22.
- 20. Nematovich K. S. Abduyeva Sitorabonu Savriddin kizi, Fatullayeva Muazzam Azimovna, Kurbanov Shukhrat Kuldoshevich. Using of innovation terms in physical education and sport lessons and their social and educational features //Journal of Critical Reviews. doi. T. 10. C. 470-471.
- 21. Abdueva S. S. Q. Determining the speed and strength of 14-15-year-old handball players in jumping //ACADEMICIA: An International Multidisciplinary Research Journal. 2020. T. 10. N_{\odot} . 11. C. 1212-1220.
- 22. Abdueva S. S., Khurbonov S., Sabirova N. Evolution of physical performance and techniques of handball girls aged 11-12 //International Journal of Advanced Research in Science, Engineering and Technology (IJARSET). 2019.



- 23. Abdueva S. S. Activities that increase children's interest in the sport of handball //Innovatsionnoerazvitienauki I obrozovaniemejdunarodnayanauchno-prakticheskayakonferensiya. 2020.
- 24. Abdueva S. S. The pedagogical significance of physical culture and sports in the upbringing of a harmoniously developed generation //Integration into the world and connection of sciences | Интеграция в мир и связь наук | Dünyaya integrasiya və elmlərin əlaqəsi ISBN. C. 978-9952.
- 25. https://wos.academiascience.org/index.php/wos/article/view/120
- 26. Mansurov S. S. Structure of special and competitive training stages of judoists //ACADEMICIA: An International Multidisciplinary Research Journal. -2020. T. 10. $-N^{\circ}$. 11. -C. 515-519.
- 27.Sh M. S., Ruzimbaev M. A. EDUCATIONAL UNION AND PUPIL DEVELOPMENT IN PHYSICAL EDUCATION //Web of Scientist: International Scientific Research Journal. 2021. T. 2. N° . 04. C. 212-220.
- 28. Gafurova M. Y. The importance of educational methods in the organization of physical education //ACADEMICIA: An International Multidisciplinary Research Journal. 2020. T. 10. N° . 11. C. 505-509.
- 29. Gafurova M. Y. U., Ruzimbaev M. A. METHODS OF TEACHING PUPIL PHYSICAL ACTIVITY IN PHYSICAL EDUCATION CLASSES //Web of Scientist: International Scientific Research Journal. − 2021. − T. 2. − №. 04. − C. 296-305.
- 30. Ibragimov A. K. Catalog of training tasks for training special endurance of young girl handball players //ACADEMICIA: An International Multidisciplinary Research Journal. 2020. T. 10. N° . 11. C. 486-492.
- 31. Karomatovich I. A., Shokhruh U. Dynamics of jumping development of volleyballers in different ages //Middle European Scientific Bulletin. 2021. T. 11.
- 32. Ibragimov A. K., Muxiddinovich L. A. INDIVIDUALIZATION OF PSYCHOLOGICAL TRAINING OF QUALIFIED HANDBALL PLAYERS //Web of Scientist: International Scientific Research Journal. − 2021. − T. 2. − №. 04. − C. 234-241.
- 33. Ибрагимов А. К. Основа физкультурного образования школьников—зна-ния по физической культуре //Рекомендовано к изданию Советом по качеству УралГУФК Протокол. 2018. N° . 8. С. 128.
- 34. Ibragimov S. E. RESEARCH PARK. 2021.
- 35. Ibragimov A. K. DEVELOPING THE PROFESSIONAL COMPETENCE OF TEACHERS AS A PEDAGOGICAL PROBLEM //E-Conference Globe. 2021. C. 333-338.



- 36. Karomatovich I. A., Utkirjonovich E. F. CHARACTERISTICS OF TECHNICAL AND TACTICAL TRAINING METHODOLOGY OF BOXERS //Web of Scientist: International Scientific Research Journal. 2021. T. 2. N° . 05. C. 27-40.
- 37. Azimovna, Fatullaeva Muazzam. "RESEARCH PARK." (2021).
- 38. Azimovna F. M. THE QUALITY ASSESSMENT TECHNOLOGY AND DEVELOPMENT TECHNIQUES IN VOLLEYBALL PLAYERS //Web of Scientist: International Scientific Research Journal. 2021. T. 2. \mathbb{N}° . 04. C. 242-248.
- 39. Azimovna F. M. Formation of spiritual and moral values of pupils in physical education lessons //Asian Journal of Multidimensional Research (AJMR). $-2020. T. 9. N^{\circ}$. 11. -C. 99-103.
- 40.Muazzam A. F., Farrux A. N. Motivation of students to do sports as part of physical education classes. Academicia. An international multidisciplinary Research Journal. Year: 2020, Volume: 10, Issue: 5. P: 1446-1450 //Online ISSN. T. 22497137.
- 41.Azimovna F. M., Ashrapovich N. F. Motivation of students to do sports as part of physical education classes //ACADEMICIA: An International Multidisciplinary Research Journal. $-2020. T. 10. N^{\circ}$. 5. C. 1446-1450.
- 42. Fatullayeva M. A. The pedagogical significance of the stages and methods of teaching volleyball //International journal on economics, finance and sustainable development. issn (electronic). C. 2620-6269.
- 43. Azimovna F. M. Jismoniy tarbiya va sport mashgʻulotlari jarayonida aqliy tarbiya va uning ahamiyati. Integration into the world and connection of sciences. 2020.
- 44.Ergashovich S. A., Nasullaevich F. A. Professional training of future teachers of physical education //ACADEMICIA: An International Multidisciplinary Research Journal. 2020. T. 10. N_{\odot} . 11. C. 510-514.
- 45. Sattorov A. E. Possibilities of Professional Culture Future Physical Training Teachers //Eastern European Scientific Journal. − 2018. − №. 2.
- 46.Sattorov A. E., Saidov G. K. IMPROVING THE TRAINING ELEMENTS IN PRIMARY TRAINING GROUPS OF SPORTS SCHOOLS //Web of Scientist: International Scientific Research Journal. − 2021. − T. 2. − №. 05. − C. 737-746.
- 47. Алламуродов Б. Н., Сатторов А. Э. об использовании компьютерных технологий при решении задач технического характера //Современные Web-технологии в цифровом образовании: значение, возможности, реализация. 2019. С. 172-175.
- 48. Сатторов А. Э., Махмадалиев Э. Ш. о роли информационно-технологических дисциплин в подготовке будущих специалистов //Поведенческие теории и практика российской науки. 2021. С. 87-88.



49.Muxitdinova Nigora Mexriddinovna Covering physical education issues in the first step Curriculum International Engineering Journal for Research & Development 2022.05.01 c 1-7

50.N.M.Muxitdinova Physical educational activities with children educational methods and organizations used in organization general description of them Middle European scientific bulletin 498 с 2021 12 май

51. Jalolovich S. J. Physical training and sports are the main tool in the formation of a healthy lifestyle //Web of Scientist: International Scientific Research Journal. -2021. -T. 2. $-N^{\circ}$. 04. -C. 267-272.

52. Jalolovich S. J. Aspects of the formation of a healthy lifestyle among students by means of physical culture //Asian Journal of Multidimensional Research (AJMR). – 2020. – T. 9. – N° . 11. – C. 108-111.

53.Шохимов Ж. Ж. Дистанционное образование-новый этап обучения //Проблемы педагогики. – 2021. – №. 3 (54). – С. 13-14.

54.Jonibek S. SWOT ANALYSIS IN THE STRUCTURE OF INFORMATION TECHNOLOGIES OF PHYSICAL EDUCATION //Web of Scientist: International Scientific Research Journal. − 2021. − T. 2. − №. 05. − C. 131-139.

55. Sh. Khurbonov. PHYSICAL TRAINING OF YOUNG ATHLIETES AND ITS IMPORTANCE. Vol.6, Issue 12, Dekember 2019. ISSN: 2350-0328.