

## MUSIC EDUCATION IN THE UPBRINGING OF PRESCHOOL CHILDREN

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**Abstract:** This article explores the importance of music education in the development of preschool children, its impact on cognitive, socio-emotional and physical development. Effective methods and approaches to music education have been considered based on the analysis of existing scientific literature.

**Keywords:** preschool education, music education, children's development, musical education, aesthetic education

### Introduction

Music education holds a special place in the system of preschool education. In recent years, there has been a growing global interest in studying the impact of music education on the development of preschool-aged children. Modern research in the fields of pedagogy and psychology shows that introducing music education from an early age plays a significant role in a child's future life [1].

Music has a profound influence on the comprehensive development of a child, contributing to the formation of cognitive, emotional, and physical abilities. In particular, musical activities help improve a child's memory, attention, logical thinking, creative potential, and emotional intelligence [2].

Today, the effective organization of music education in preschool institutions is of pressing importance. The implementation of modern pedagogical approaches and innovative methods, the effective use of national musical traditions, and the organization of lessons that take into account the individual characteristics of children are considered key tasks in this area.

The aim of this article is to determine the role of music education in the development of preschool-aged children, to examine its impact on cognitive, socio-emotional, and physical development, and to analyze effective methods. In addition, the article explores modern approaches and promising directions for organizing music education in preschool institutions.

### Methodology and literature review

The research methodology is based on a systematic analysis of existing scientific literature. Scientific articles, monographs, and educational-methodological manuals dedicated to music education in preschool education from Uzbek, Russian, and foreign sources were studied.

Vetlugina [3], in her fundamental research, deeply examined the development of musical perception in preschool-aged children. According to her, musical activity is an important tool in fostering a child's creative abilities.

Among foreign researchers, Hallam [4] studied the impact of music education on brain development in children and found that engaging in musical activities from an early age has a positive effect on the development of cognitive abilities. From Uzbek scholars, Qodirov [5] explored the use of national musical traditions in preschool educational institutions. His works highlight the importance of Uzbek folk music and songs in the upbringing of children.

### **Results and discussion**

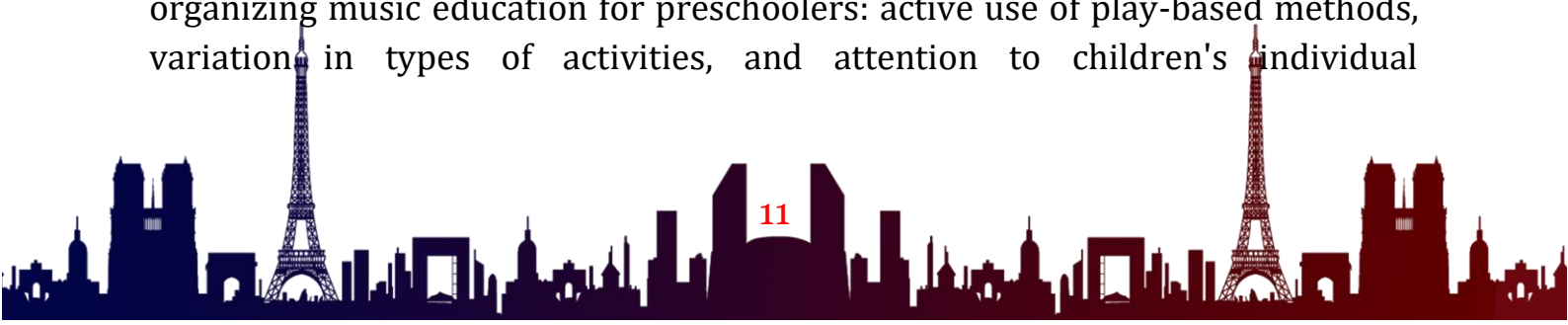
The analysis of existing scientific literature made it possible to identify several important findings regarding the significance of music education in preschool education and its impact on various aspects of development.

Firstly, the impact of music education on cognitive development is multifaceted. Research shows that regular musical activities enhance children's memory, attention, and logical thinking abilities [6]. Engaging with music activates different parts of the brain and promotes the formation of neural connections. During musical activities, children perform complex cognitive operations such as distinguishing sounds, perceiving rhythm and tempo, and understanding the character of musical pieces. These processes positively affect their overall intellectual development.

From the perspective of socio-emotional development, group music lessons are of particular importance. Activities such as singing in chorus, dancing, and musical games support children's socialization, the development of cooperation skills, and emotional intelligence [7]. Through music, children learn to express their emotions, understand and respect the feelings of others. Musical activities provide opportunities for children to communicate, collaborate, and gain experience working in a group.

As for physical development, music education also plays a significant role. Rhythmic movements and dances contribute to the development of coordination, balance, and fine motor skills [8]. Through musical movement, children learn to control their bodies, navigate space, and synchronize their movements with the rhythm of music.

From a didactic standpoint, several aspects must be considered in organizing music education for preschoolers: active use of play-based methods, variation in types of activities, and attention to children's individual



characteristics [9]. It is essential to consider children's age-specific features, interests, and abilities when designing music lessons.

The use of national musical traditions is also of great importance. Incorporating Uzbek folk songs, national musical instruments, and traditional musical games fosters respect for and interest in national culture while developing children's aesthetic taste [5].

The introduction of modern technologies enhances the effectiveness of music education. The use of audio and video materials, interactive musical games, and modern instruments increases children's engagement and makes the educational process more effective.

It should be noted that the effectiveness of music education largely depends on the professional skills of the educator, the methodology used in organizing lessons, and the quality of the educational environment. Therefore, it is crucial to continuously improve the qualifications of music teachers in preschool institutions and familiarize them with modern methodologies.

Additionally, cooperation between the family and the preschool institution plays an essential role in improving the effectiveness of music education. Parental involvement in the musical upbringing of children and increasing their knowledge and skills in this area also deserve attention.

As a result of research into criteria for assessing the effectiveness of music education in preschool, the following table was developed:

**Table 1. Criteria for Assessing the Effectiveness of Music Education in Preschool**

<b>Indicators of Musical Development</b>	<b>Ages 3–4</b>	<b>Ages 4–5</b>	<b>Ages 5–6</b>	<b>Ages 6–7</b>
<b>Musical hearing ability</b>	Differentiation of sounds	Remembering melody and rhythm	Perception of tonality	Harmonic hearing
<b>Rhythmic abilities</b>	Repetition of simple rhythms	Movement to music	Performing rhythmic patterns	Executing complex rhythms
<b>Vocal capabilities</b>	Small vocal range	Medium vocal range	Wide vocal range	Professional-level vocal range
<b>Musical memory</b>	Memorizing short	Memorizing medium-	Memorizing long	Memorizing complex

	melodies	length pieces	melodies	musical works
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In addition, **the following directions are of significant importance for increasing the effectiveness of music education:**

**Integrative approach:** Integrating music activities with other educational areas (mathematics, native language, physical education) can promote comprehensive child development.

**Individual approach:** It is essential to evaluate each child's musical abilities separately and develop individualized learning programs accordingly.

**Modern technologies:** Utilizing digital tools and innovative methods can enhance the effectiveness of music lessons.

**International experience:** Studying and adapting the best practices of developed countries to local contexts is of great importance.

These strategies contribute to organizing more effective music education and fostering the musical abilities of children.

### Conclusion

Music education plays a crucial role in the holistic development of preschool-aged children. According to the findings of the study, regular music lessons have a comprehensive impact on the development of children's cognitive abilities, socio-emotional growth, and physical skills. Through musical activities, children not only acquire musical knowledge and skills but also develop vital life competencies such as creative thinking, emotional expression, and teamwork.

To organize effective music education, the following recommendations have been developed:

- active use of modern pedagogical technologies;
- integration of national music traditions into the educational process;
- consideration of children's age and individual characteristics;
- efficient application of play-based learning methods;
- balanced use of various forms of music education;
- establishing cooperation with parents.

In the future, it is important to further improve music education in the preschool system by introducing modern technologies, enhancing the professional qualifications of educators, and incorporating advanced international experience. This, in turn, will contribute to the well-rounded development of preschool-aged children.

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