

## PEDAGOGICAL BASIS OF THE QUALIFICATION SYSTEM IN THE FIELD OF SPORTS ACTIVITY EDUCATION

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### ABSTRACT

*Article sports activities (types of activities) of higher education institutions, organization and conduct of professional practice in undergraduate education, analysis and experiences, goals, tasks, system of professional practice, requirements for the professional training of a future specialist, and specific features of the organization of practice in the current and future stated.*

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### INTRODUCTION

Rethinking the role and function of physical education and sports in modern society requires defining new requirements for the training of physical education and sports personnel. Today, we will have to take into account that not only the professional and personal characteristics of the future teacher-coach, but also the issue of developing his independent innovative work ability are important. The system of training highly qualified personnel is an urgent problem that requires a solution at the level of higher education institutions. As an important factor of personnel training in the higher education system, the training of competitive specialists based on education directly related to practice is recognized as the main task.

Due to the development and exchange of social structures of the countries of the world, in order to meet the need for mature personnel in the labor market, the educational system is determined to improve the mechanism of preparation for professional activity. At the same time, it is an important factor to improve the system of training specialists not only in the field of physical education and sports, but also in other areas of education.

Although an excellent system of pedagogic personnel training has been created in our country, in this system priority is given to the theoretical training of personnel, and some shortcomings are emerging in this direction. In this way, in continuously improving the quality and level of professional skills of pedagogic personnel, it is of particular importance to ensure its continuity in connecting the educational process with practice. If students learn to use their knowledge in practice, apply it to life and come to

theoretical conclusions in this process, their acquired knowledge will become a firm belief.

The professional function belongs to the graduate of the relevant educational institutions, and it is the activity of being able to work in the field that a person occupies in life, to acquire knowledge within the scope of his profession and to implement it in practice without deviation.

The results of observations and studies confirm that there are several shortcomings in the organization and conduct of professional practice in the higher education system. In particular, based on the results of the analyzes conducted in January-June 2017 on the comprehensive study of the education system of the Republic of Uzbekistan by a group of influential foreign experts involved in cooperation with the United Nations Committee on Education, Science and Culture (UNESCO) and a consulting organization (DGP Research & Consulting). in the given conclusions, the integrity of theory and practice is not ensured in the process of higher education, due to the fact that the training of students in production enterprises is not effectively organized, most of the graduates, instead of becoming ready specialists, study their profession and specialty again after getting a job, as well as the mechanism of monitoring the quality of education does not meet modern requirements lack of response, lack of qualified pedagogues and management personnel in educational institutions, lack of effective cooperation with foreign educational institutions.

Practice - the strengthening of self-education helps in the formation of professional and pedagogical qualities of the future teacher, coach. However, today, there is a lack of software for training students of sports activities (types of activities), problems such as the fact that the existing ones do not meet modern requirements, innovative pedagogical technologies are not used effectively in the organization of practice, the system for evaluating the results of practice is not sufficiently developed, the system of professional practice requires improvement.

**LITERATURE ANALYSIS AND METHODOLOGY.** The main goal of the qualification practice is to develop professional pedagogical and psychological training, creative thinking, professional skills and abilities of future specialists.

It is determined by the practice and its purpose and specific tasks. Also, practical activity as an educational and cognitive process should help to expand and deepen the knowledge of students in their specialty (B. A. Asubaev, 2012). By integrating the main components of the overall structure of the studied profession, pedagogical practice into its content. The educational institution ensures logical completion of professional training of students in the chosen specialty (L. K. Zavyalov, 2017).

A goal-oriented component of university students' practice is to master the experience of implementing a holistic educational process in the conditions of real professional activity. The implementation of the goals and tasks of the practice requires a comprehensive approach to the development of the content of tasks (E.V. Lutsenko, 2012). Practice is an integral part of the educational process and ensures the connection between theoretical knowledge. The trend of the motivational effect of practice in the career choice of future specialists in the field of physical education and further pedagogical activity is empirically based (I. V. Kiviharyu, E. E. Chervyakova., 2019).

Practice increases the problem of self-education, self-education and improvement, these are the most important moments - self-education at the beginning, feeling the role of self-education, about his teaching activity (V. I. Ulyanov., 1996). Sports pedagogue: Pedagogical practice is an important link (link) in the system of professional training of physical education teacher, trainer, instructor of the selected sport, adaptive (adaptation) physical culture specialists (B.B. Ma'murov, Khamraev I.T., 2015) .

Qualified practice consists of optimizing the student's practical professional activity management system and developing independence and creative abilities within the framework of the organizational structure of professional training. When solving these issues, the student as a subject of educational activity creates great opportunities for independent, planned acquisition of knowledge and self-development, directs him to show his cognitive abilities and develop his creative abilities.

**DISCUSSION AND ANALYSIS.** The purpose of professional practice for students of sports activities is

to help future specialists acquire professional competences, test their acquired knowledge in practice, feel the responsibility of pedagogical and professional activity and form the ability to work on themselves, as well as to study the work of experienced specialists:

- improvement of students' interest in the chosen profession;
- formation of a whole understanding of professional activity;
- formation of professional skills and qualifications;
- creating experience in professional activity;
- to deepen, strengthen and apply theoretical knowledge of students;
- encourage independent and creative work, regular study of best practices, creativity in professional activities;
- further expansion and deepening of knowledge in the field of specialization;
- achieving independent organization of tasks assigned to practitioners;
- to pay special attention to advanced methods, foreign experiences, modern methods in the organization and conduct of training;
- to achieve the transition by effectively using visual aids, information technologies, technical tools in theoretical lessons, and sports equipment in practical lessons;
- creation of extended sports training programs;
- monitoring the performance of experienced specialists, distinguished trainers, organizing discussions on the learned activities;
- control that practitioners follow each other's training regularly. Analyzing the observed exercises and discussing their achievements and shortcomings. Providing methodical advice, providing necessary guidance;
- formation of professional qualifications and skills specific to the leader in future specialists, formation of professional competences;
- teaching to organize work independently in the process of professional practice;
- class, group leadership, organizational, educational work, participation in spiritual and educational, public sports events.

Qualified practice sports activities (types of activities) are carried out in accordance with the qualification requirements of the undergraduate education, the structure of the educational program and the work curriculum. The content of the qualification practice depends on the type of practice and corresponds to the program developed in the department. Qualifying practice is organized separately from training. Students can take the qualification practice in organizations that have a contract with the higher education institution. In some cases, students of the graduate course are allowed to do active professional practice in the educational institutions where they plan to work. Places of training for students are organized on the basis of the order issued by the rector of the higher education institution.

The qualification practice system is carried out in four stages:

Stage I: - training - familiarization practice. It is focused on strengthening theoretical knowledge in physical education and sports organizations, institutions, enterprises, natural-scientific and general professional sciences.

Stage II: - production practice. 4 weeks in the 4th semester of the 2nd course.

III stage: - pedagogical practice. It is aimed at forming practical skills, competences and skills and improving skills by testing the acquired knowledge in the pedagogical field. It lasts 6 weeks in the 6th semester of the 3rd year.

Stage IV: - pre-graduation practice - further strengthening of professional skills in physical education and sports activities, lasts 15 weeks in the 7th semester of the 4th course. Internships are a total of 27 weeks in 4 phases during the students' four-year studies.  $1k+2h+2k+4h+3k+6h+4k+15h=27h$  (k-course, h-week).

Internship program is important in the organization of professional training of students. The content of the

program takes into account the stages, duration, course and semester, as well as the characteristics of the educational institution, and is the basis for the implementation of a number of goals and tasks. Work program in the organization of professional practice of students of sports activities (Table 1).

Table 1

An example of a professional internship work program for students

<b>T.p</b>	<b>Pedagogical activities</b>	<b>Documents to be formalized</b>
<b>1.</b>	<b>Organizational work</b>	
1.1	Attending a pre-practice conference	A written statement about the issues and tasks on the agenda of the conference
1.2	Organization: general secondary education, meeting with sports school leadership, teacher, trainers	General information about the place of practice, characteristics of the organization, management of the educational institution, teacher, trainers
1.3	Creating a personal work plan, diary	Personal work plan and diary
1.4	Protection of the transaction report	Participation in the conference, report
<b>2.</b>	<b>Educational and methodological works</b>	
2.1	Physical education and sports activities, conversation with teachers, trainers	Information about the participants, content of the conversation
2.2	Acquaintance, study of educational-methodical, regulatory documents	Taking into account the characteristics of the educational institution, drawing up schedules for the annual, monthly, quarterly distribution of lessons and training
2.3	Planning lessons, sports activities, classes and groups	Creating lesson and training schedules
2.4	Physical education lesson, study of sports activities	Leading specialist teacher, highly qualified trainer
2.5	Physical education class, analysis of sports training (3 times a week)	At least 3 lessons, training every week
2.6	Development of physical education lesson, sports activities	Advanced lesson, development of sports training at least 2 times per week
<b>3.</b>	<b>Educational works</b>	
3.1	Get complete information about the attached class, group	General information about students, students
3.2	Conducting spiritual-educational, educational hours, events	Plan of spiritual and educational events and educational activities
<b>4.</b>	<b>Educational and research work</b>	
4.1	lesson, training timing (efficiency indicator) construction technology	Registration statement
4.2	Studying the load in lessons and training and its effect on the body of students and participants, monitoring heart rate and physical activity.	Registration statement

Summary. Qualifying practice should be carried out in general high school, sports schools in order to give students basic professional skills, and it is important to have material and technical means and qualified teachers and trainers in educational institutions for conducting classes and training sessions.



Acquisition of basic professional skills during internship, modeling of professional activity in the future, relies on theoretical, scientific and methodical knowledge acquired during internship. Based on the fulfillment of the goals and objectives of the qualification practice program, the student:

- strengthening, deepening and practical enrichment of theoretical knowledge, acquiring the skills of their practical application in solving specific pedagogical problems;
- development of practical professional pedagogical skills as a physical education teacher, coach will have the culture of organizing pedagogical activities;
- will have experience in organizing and conducting physical education and sports training, planning in educational institutions;
- a creative, research approach to teaching and learning activities develops;
- the necessary practical skills, competences and qualifications for physical education and sports activities are formed and skills increase.

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